

DECEMBER 2022

TVUSD Elementary Breakfast and Lunch Menu

This institution is an Equal Opportunity Employer

A variety of condiments offered daily.
Fat Free & 1% milk available
Menu items are subject to change

Monday



Oatmeal Benefit Bar **5**

Glazed Chicken Drumstick
Ranch Styled Beans
Sunbutter & Grape Jelly on WW
Garden Salad

Banana Muffin **12**

Chicken Nuggets
Baked Fries
Sunbutter & Grape Jelly on WW
Garden Salad

PopTart **19**

Popcorn Chicken
Shoe String Fries
Sunbutter & Grape Jelly on WW
Garden Salad

Winter Break **26**



Tuesday

Breakfast Burrito **6**

Spaghetti w/ Garlic Roll
Sweet Peas
Sunbutter & Grape Jelly on WW
Garden Salad

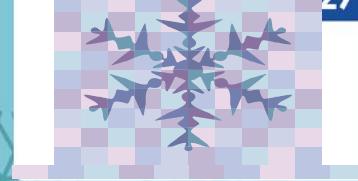
Breakfast Tornado **13**

Cheese Nachos
Refried Beans
Sunbutter & Grape Jelly on WW
Garden Salad

Pancake Sausage on a Stick **20**

Bean and Cheese Burrito
Corn
Sunbutter & Grape Jelly on WW
Garden Salad

27



Wednesday

Pancake Sausage on a Stick **7**

Hot Dog on WW Bun
Baked Beans
Sunbutter & Grape Jelly on WW
Garden Salad

Eggo Waffles **14**

Orange Chicken w/Rice
Sweet Peas
Sunbutter & Grape Jelly on WW
Garden Salad

Apple Frudel **21**

Cheeseburger
Baked Fries
Sunbutter & Grape Jelly on WW
Garden Salad

28



Thursday

Banana Muffin **1**

Chicken Patty on WW Bun
Curly Fries
Sunbutter & Grape Jelly on WW
Garden Salad

WG Donut Bites **8**

Beef Taco Stick
Sweet Corn
Sunbutter & Grape Jelly on WW
Garden Salad

Oatmeal Benefit Bar **15**

BBQ Pulled Pork on WW Bun
Ranch Style Beans
Sunbutter & Grape Jelly on WW
Garden Salad

Breakfast Burrito **22**

State Fair Corn Dog
Baked Vegetarian Beans
Sunbutter & Grape Jelly on WW
Garden Salad



Friday

Breakfast Tornado **2**

Pizza Sticks w/Dipping Sauce
Mixed Veggies
Sunbutter & Grape Jelly on WW
Garden Salad

Apple Frudel **9**

WG Cheese Pizza
Steamed Carrots
Sunbutter & Grape Jelly on WW
Garden Salad

WG Donut Bites **16**

WG Cheese Pizza
Mixed Veggies
Sunbutter & Grape Jelly on WW
Garden Salad

Grading Day No School **23**



Breakfast is served with 4oz. fruit juice or fruit and milk. Fresh or packaged fruit and or vegetable will be offered daily. Water is available for purchase at all meals. Various Smart Snacks & 100% Fruit Slushies are available daily for purchase

For more information, Please visit our website at www.tanq.org

