



# MENU

## Randolph County Head Start Lunch

OCTOBER

Hello

F

A

L

L

PBJ Sandwich  
Sweet Potato Waffle  
Fries  
Mac & Cheese  
Fresh Fruit

1

Pulled Pork Sandwich  
French Fries  
Cowboy Baked Beans  
Coleslaw

2

Chicken Nuggets  
Lima Beans  
Mashed Sweet Potatoes  
WG Roll

5

Beef Vegetable Soup  
PBJ Sandwich  
Cucumbers w/Ranch

6

Pepperoni Pizza  
Golden Corn  
Garden Salad  
Ranch Roasted Chickpeas

7

Breaded Chicken  
Sandwich  
Lettuce & Tomato  
Potato Wedges  
Pickle Spear

8

**Virtual Learning  
Day**

9

F

A

L

L

B

R

E

A

K

BBQ Chicken Breast  
Yellow Rice  
Steamed Broccoli  
Roll

19

**Souper Tuesday**  
Chili & Cheese  
French Fries  
Garden Salad

20

**Early Release Day**  
Deli Sandwich  
WG Chips  
Lettuce & Tomato

21

Cheesy Chicken Casserole  
Seasoned Rice  
Green Beans  
WG Roll

22

Cheeseburger  
Baked Beans  
Lettuce & Tomato  
WG Chips

23

Southern Chicken &  
Rice  
Lima Beans  
Cornbread

26

**Souper Tuesday**  
Taco Soup  
Tortilla Chips  
Garden Salad

27

Grilled Cheese Sandwich  
Golden Corn  
Steamed Broccoli  
Baby Carrots w/ Ranch

28

Sloppy Joe  
Corn on the Cob  
Garden Salad

29

Pepperoni Pizza  
Tater Tots  
Green Beans

30



Milk, fresh fruit, and fruit cups  
served daily.

Menus are subject to change.

"Fall is proof that  
change is  
beautiful."

-Unknown



2026