

#### **FEBRUARY 2023**

Middle School



# Monday

#### **Tuesday**

#### Wednesday

### Thursday

## Friday

Country Fried Steak
Chicken Tender
Rolls/Cream Potatoes
Peas & Carrots/Green Beans
Fruit Cocktail/Oranges
Fresh Fruit Bowl
Chef Salad Plate

Hot Dog /BBQ Sandwich 13

Cole Slaw

Roasted Deli Potatoes

**Baked Beans** 

Bananas

Grapes

Chef Salad

Pizza,or Nachos w/ cheese sa Corn/Pinto beans Peach slices Juice bar/Fresh fruit bowl Southwestern salad

Pizza

Lasagna/ Fresh Baked Rol

Spinach Salad/Corn on The Cob

California Blend Vegetables

Applesauce

Cool Razz, Fresh Fruit Bowl

Grilled Chicken Salad

Barbecued Chicken
Fish & Shrimp Basket
Cornbread/Green Beans Mac &
Cheese/Breaded Orka/Cole Slaw
Mango Fruit Freeze/Fresh Grapes
Yogurt Plate
Fresh Fruit Bowl

Chicken Sandwich
Ham and Cheese Croissan
French fries/Lettuce/tomato/Pickle
Black bean salsa w/chips
Fresh fruit bowl
Jell-O w/ fruit
Chef salad

Vegetable Beef Soup
Pimento Cheese Sandwich
Peanut Butter & Jelly Sandwich
Veggie Dipper/Veggie Fries
Peaches
Fresh Fruit Bowl

Hamburger or Club Sandwig 2 Lettuce & Tomato W/Dill Slices Raw Veggie Medley W/ eggie Fries Juice Bar Fresh Fruit Bowl Pear

Asian Chicken Salad Plate

Sloppy Jo/ Burrito
Baked Sweet Potato/Broccoli
Cheese Sauce
Romaine Salad
Cry Baby Juice Bar
Fresh Fruit Bowl
Grilled Chicken Salad

Soft tacos (2) or Pizza Lettuce/tomato/Cheese Corn/Veggie medley Peaches Watermelon Fruit freeze Chef Salad Crispito
Chicken Fajitas
Pinto Beans/Spanish Rice
Lettuce Tomato Cup
Applesauce W/Cherry, Pears,
Yogurt Plate

Oven Fried Chicken w/ Ro Ham & Cheese Sandwich Cream Potatoes/Lima Beans California Blend Fruit Cocktail/Grapes Chef Salad Plate

MANAGERS CHOICE

24

20

# Winter Break

#### Hot dog

Grilled Cheese sandwich/Chil
Baked potato
Broccoli w/cheese sauce
Carrots w/ dip
Grapes/Applesauce w/ cherry gar-

nish
Asian chicken salad

Pb&J Sandwich or Grilled Ch Sandwich Chicken Noodle Soup Saltine crackers/ Broc & Caul W/Dip Pineapple Tidbits Cool Razz Dragon







**Breakfast** Amount Lunch **Amount** Student \$1.35 Student \$2.50 \$0.30 \$0.40 Reduced Reduced \$3.75 Adult \$1.75 Adult

Milk available for all meals.

Menu subject to change due to product availability.

This is an equal opportunity institution.

