



Monday 09/07/2026	Tuesday 09/08/2026	Wednesday 09/09/2026	Thursday 09/10/2026	Friday 09/11/2026
 Labor Day Labor Day Holiday	Bulldog Period 8:00am - 8:35am PreK 8:40am - 9:05am Steady Beat Teaching / Learning Activities "Hello There" BoBo - So, Mi "Obeying the Rules" review - Quaver Introduction to steady beat - what has a beat? "Music Has A Steady Beat" song with movement - Quaver Introduction to body percussion. Students will pick a place to put the beat using body percussion and the "Copy Me" song (Copy me, copy me, everybody copy me, copy me copy, let's all copy me). Students will use body percussion to find the beat in classical music - Quaver Introduction to the stretchy band. Students will use the stretchy band to show steady beat. http://www.youtube.com/watch?v=6Z0p8t9oCSs "Goodbye, Farewell" 2nd Grade 9:10am - 9:50am	Q1 Progress Reports Bulldog Period 8:00am - 8:35am Stage Rehearsal 8:40am - 9:05am 2nd Grade 9:10am - 9:50am Steady Beat Review Alabama CoS Standards Sing on pitch using good posture. 3rd Grade 9:55am - 10:35am Star Spangled Banner Teaching / Learning Activities Musician of the Week: Whitney Houston - SSB Performance BoBo - So, Mi, La, Do Breath Support - Quaver breathing exercise History of SSB - MusicPlay SSB Definitions - MusicPlay SSB first verse - memorization Grateful Nation - first verse Alabama CoS Standards Demonstrate proper vocal technique by using pure head tone, good posture,	Bulldog Period 8:00am - 8:35am PreK 8:40am - 9:05am Steady Beat Teaching / Learning Activities "Hello There" BoBo - So, Mi "Obeying the Rules" review - Quaver Introduction to steady beat - what has a beat? "Music Has A Steady Beat" song with movement - Quaver Introduction to body percussion. Students will pick a place to put the beat using body percussion and the "Copy Me" song (Copy me, copy me, everybody copy me, copy me copy, let's all copy me). Students will use body percussion to find the beat in classical music - Quaver Introduction to the stretchy band. Students will use the stretchy band to show steady beat. http://www.youtube.com/watch?v=6Z0p8t9oCSs "Goodbye, Farewell" 2nd Grade 9:10am - 9:50am	Bulldog Period 8:00am - 8:35am Stage Rehearsal 8:40am - 9:05am 4th Grade Choir 9:30am - 10:15am 5th Grade Choir 10:15am - 11:00am Lunch 12:10pm - 12:35pm Planning 12:40pm - 2:35pm



Steady Beat Review	and correct rhythm.	Steady Beat Review
Alabama CoS Standards Sing on pitch using good posture.	Planning 10:40am - 11:20am	Alabama CoS Standards Sing on pitch using good posture.
Bass/Gray 10:00am - 10:25am	5th Grade 11:25am - 12:05pm	3rd Grade 9:55am - 10:35am
4th Grade 10:40am - 11:20am	Beat/Rhythm Review	Star Spangled Banner
Beat/Rhythm Review	Teaching / Learning Activities	Teaching / Learning Activities
Musician of the Week: Dolly Parton	Musician of the Week: Dolly Parton	Musician of the Week: Whitney Houston - SSB Performance
BoBo - Review all solfege Review Steady Beat	BoBo - Review all solfege Review Steady Beat	BoBo - So, Mi, La, Do
"Pass the Beat" - steady beat circle game	"Pass the Beat" - steady beat circle game	Breath Support - Quaver breathing exercise
Rhythm Duration Review - Whole, Half, Quarter, and Eighth	Rhythm Duration Review - Whole, Half, Quarter, and Eighth	History of SSB - MusicPlay
Rhythm Flashcards - Musicplay	Rhythm Flashcards - Musicplay	SSB Definitions - MusicPlay
"Lovely Day" - Rhythm play along with drumsticks:	"Lovely Day" - Rhythm play along with drumsticks:	SSB first verse - memorization
http://www.youtube.com/watch?v=5yg1vfYCAfw&t=1s	http://www.youtube.com/watch?v=5yg1vfYCAfw&t=1s	Grateful Nation - first verse
Half Note Review and Echo - MusicPlay	Half Note Review and Echo - MusicPlay	
"Gimmie that Sunshine" - half note rhythm play along 16th note review	"Gimmie that Sunshine" - half note rhythm play along 16th note review	Alabama CoS Standards
"Sunroof" - Rhythm play along with drumsticks:	"Sunroof" - Rhythm play along with drumsticks:	Demonstrate proper vocal technique by using pure head tone, good posture, and correct rhythm.
http://www.youtube.com/watch?v=ohHf2RM1MbI&t=1s	http://www.youtube.com/watch?v=ohHf2RM1MbI&t=1s	
Alabama CoS Standards	Alabama CoS Standards	4th Grade 10:40am - 11:20am
Perform rhythm patterns,	Perform rhythm patterns, including syncopation and eighth- and sixteenth-note combinations on various rhythm instruments.	Beat/Rhythm Review
		Teaching / Learning Activities
		Musician of the Week: Dolly Parton
		BoBo - Review all solfege Review Steady Beat



including syncopation and eighth- and sixteenth-note combinations on various rhythm instruments.
Perform a varied repertoire of music using vocal technique, pure head tone, good diction, good posture, proper pitch and rhythm, and breath control.

5th Grade 11:25am - 12:05pm

Beat/Rhythm Review

Teaching / Learning Activities

Musician of the Week: Dolly Parton

BoBo - Review all solfege
Review Steady Beat

"Pass the Beat" - steady beat circle game

Rhythm Duration Review - Whole, Half, Quarter, and Eighth

Rhythm Flashcards - Musicplay

"Lovely Day" - Rhythm play along with drumsticks:

<http://www.youtube.com/watch?v=5yg1vfYCAfw&t=1s>

Half Note Review and Echo - MusicPlay

"Gimmie that Sunshine" - half note rhythm play along 16th note review

"Sunroof" - Rhythm play along with drumsticks:

<http://www.youtube.com/watch?v=ohHf2RM1MbI&t=1s>

Perform a varied repertoire of music using vocal technique, pure head tone, good diction, good posture, proper pitch and rhythm, and breath control.

Lunch 12:10pm - 12:35pm

1st Grade 12:40pm - 1:05pm

1st Grade 1:10pm - 1:35pm

Kindergarten 1:40pm - 2:05pm

Kindergarten 2:10pm - 2:35pm

"Pass the Beat" - steady beat circle game
Rhythm Duration Review - Whole, Half, Quarter, and Eighth
Rhythm Flashcards - Musicplay
"Lovely Day" - Rhythm play along with drumsticks:
<http://www.youtube.com/watch?v=5yg1vfYCAfw&t=1s>
Half Note Review and Echo - MusicPlay
"Gimmie that Sunshine" - half note rhythm play along 16th note review
"Sunroof" - Rhythm play along with drumsticks:
<http://www.youtube.com/watch?v=ohHf2RM1MbI&t=1s>

Alabama CoS Standards

Perform rhythm patterns, including syncopation and eighth- and sixteenth-note combinations on various rhythm instruments.

Perform a varied repertoire of music using vocal technique, pure head tone, good diction, good posture, proper pitch and rhythm, and breath control.

Planning 11:25am - 12:05pm

Lunch 12:10pm - 12:35pm

1st Grade 12:40pm - 1:05pm

1st Grade 1:10pm - 1:35pm



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Alabama CoS Standards

Perform rhythm patterns, including syncopation and eighth- and sixteenth-note combinations on various rhythm instruments.

Perform a varied repertoire of music using vocal technique, pure head tone, good diction, good posture, proper pitch and rhythm, and breath control.

Lunch 12:10pm - 12:35pm

1st Grade 12:40pm - 1:05pm

Planning 1:10pm - 1:35pm

Kindergarten 1:40pm - 2:05pm

Steady Beat and Program Introduction

Teaching / Learning Activities

"Hello There"

BoBo - So, Mi, La

"Move it, Move it" to steady beat by Stephanie Leavell

What is beat - Review

"Music has a Steady Beat" -

Quaver song

Review Body Percussion

Body Percussion

Alien Steady Beat using body percussion

- http://www.youtube.com/watch?v=u_wgA8iIJpM

"Bounce, Bounce" - Steady beat song with stretchy

Kindergarten 1:40pm - 2:05pm

Kindergarten 2:10pm - 2:35pm



band
Alabama CoS Standards Memorizing songs Recognizing the presence or absence of a steady beat
Kindergarten 2:10pm - 2:35pm