MARCH 2025 STARK COUNTY ELEMENTARY MENU

3 Monday WG Cereal, WG Pancake Bites 37 gm, Syrup 20 gm, Fruit, Juice WG Bun 28 gm, Tenderloin 14 gm or <u>Yogurt, Cheese</u> <u>Stick WG Bread, Oven</u> Fries 22 gm, Peas 4 gm, Rosy Applesauce 22 gm, Fresh Fruit and Veggies	4 Tuesday WG Cereal, WG Mini Chocolate Donuts 42 gm, Fruit, Juice WG Pretzel 30 gm, Cheese Sauce 6 gm, Chicken Noodle Soup, Crackers or <u>WG PB &</u> <u>J, Cheese stick , WG Chips</u> Romaine 1.5 gm , Peaches 14 gm , Fresh Fruit and Veggies	5 Wednesday WG Cereal, WG Breakfast Bar 47 gm, Fruit, Juice WG Roll 15 gm, WG Fish Sticks <u>or Yogurt, Cheese</u> <u>Stick, WG Bread</u> Baked Beans 28 gm, Pears 16 gm, Fresh Fruit and Veggies	6 Thursday WG Cereal, WG Cinnamon Roll, Fruit, Juice WG Bun 28 gm, WG Chicken Patty 16 gm or <u>WG PB & J.</u> <u>Cheese Stick, WG Chips</u> Carrots 6 gm, Corn 16 gm, Mandarin Oranges 17 gm, Fresh Fruit and Veggies	 7 Friday WG Cereal, WG French Toast Sticks 38 gm, Syrup 20 gm, , Fruit, Juice WG Multi Cheese Garlic Bread 29 gm or <u>Yogurt, Cheese Stick , WG</u> <u>Bar</u> Marinara Sauce 7 gm, Green Beans 4 gm, Pineapple 17 gm, WG Cookie 17 gm, Fresh Fruit and Veggies
10 Monday WG Cereal, WG Breakfast Pizza 22 gm, Fruit, Juice WG Bun28g, Hamburger 3 gm, Cheese Slice 2 gm, or <u>Yogurt, Cheese Stick.</u> <u>WG Bar</u> Oven Fries 22 gm, Peaches 14 gm, Fresh Fruit and Veggies	 11 Tuesday WG Cereal, WG Poptart, Fruit, Juice WG Chili Crispito 46 gm, <u>or</u> <u>WG PB & J, Cheese Stick,</u> <u>WG Chips</u> Refried Beans 24 gm, Salsa 8 gm, Pears 16 gm, Fresh Fruit and Veggies 	 12 Wednesday WG Cereal, WG Muffin Top 28 gm, Fruit, Juice WG Bun 26 gm, Hot Dog 2 gm or Chili Dog 4 gm <u>or</u> <u>Yogurt, Cheese Stick, WG Bar</u> Green Beans 4 gm, Mandarin Oranges 17 gm, Fresh Fruit and Veggies 	13 Thursday WG Cereal, Biscuit 26 gm, Sausage & Gravy 8 gm, Fruit, Juice WG Bun 26 gm, Meatballs with Sauce and Cheese gm <u>or WG PB</u> <u>& J, Cheese Stick, WG Chips,</u> Strawberries & Bananas gm, Carrots 6 gm, Broccoli w/ Cheese, Fresh Fruit and Veggies	14 Friday NO SCHOOL TEACHER INSTITUTE
 17 Monday WG Cereal, WG Donut, Fruit, Juice WG Bun 28, BBQ Rib 3 gm or <u>Yogurt, Cheese Stick,</u> <u>WG Bread</u> Baked Beans 28 gm, Pears 16 gm, Fresh Frit and Veggies 	 18 Tuesday WG Pancake on a Stick 17 gm, Syrup 20 gm, WG Cereal, Fruit, Juice WG Roll 15 gm, WG Chicken Nuggets gm or <u>PB</u> & J. Cheese Stick, WG Chips, Mashed Potatoes/Gravy, Peaches 14 gm, Fresh Fruit and Veggies 	 19 Wednesday WG Mini Cinnamon and Sugar Donuts 20 gm, WG Cereal, Fruit, Juice WG Pizza gm or <u>Yogurt,</u> <u>Cheese Stick, WG Bar</u> Romaine 1.5 gm, Carrots 6 gm, Pineapple 17 gm, Fresh Fruit and Veggie 	 20 Thursday WG Cereal, WG Waffle gm, Syrup 20 gm, Fruit, Juice WG Bosco Stick 25 gm, Ravioli 36 gm or WG PB & J. Cheese Stick., WG Chips., Green Beans 4 gm, Mixed Fruit 22 gm, Fresh Fruit and Veggies 	 21 Friday WG Cereal, WG English Muffin 21 gm, Egg Patty 1 gm, Cheese Slice 2 gm, Fruit, Juice WG Toasted Cheese, Tomato Soup, Crackers or <u>Yogurt, Cheese</u> <u>Stick, WG Bar</u> Carrots 6 gm, Corn 16 gm, Pears 16 gm, Sidekick 23 gm, Fresh Fruit and Veggies

24 Monday WG Bagel, Cream Cheese, WG Cereal, Fruit, Juice WG Bun 28 gm, Hot Ham and Cheese or <u>Yogurt,</u> <u>Cheese Stick, WG Bar,</u> Sweet Potato Fries 23 gm, Mandarin Oranges 17 gm, Fresh Fruit and Veggies	25 Tuesday WG Cereal, WG Pancakes, Syrup 20 gm, Fruit, Juice Rebel Nachos (Taco Meat, WG Chips, Cheese Sauce) or <u>WG PB & J, Cheese Stick,</u> <u>WG Chips</u> , Refried Beans 26 gm, Salsa 6 gm, Pineapple 17 gm, Fresh Fruit and Veggies	26 Wednesday WG Cereal, Biscuit 26 gm, Sausage & Gravy 8 gm, Fruit, Juice WG Mini Corn Dogs <u>or</u> <u>Yogurt, Cheese Stick, WG Bar</u> Romaine 1.5 gm, Cinnamon Applesauce 26 gm Fresh Fruit and Veggies	 27 Thursday WG Cereal, WG Breakfast Pizza 25 gm, Fruit, Juice WG Chicken, WG Waffle or <u>WG</u> <u>PB & J, Cheese Stick, WG Chips,</u> Green Beans 4 gm Pears 16 gm, Fresh Fruit and Veggies 	28 Friday WG Cereal, WG Donut, Fruit, Juice WG Pizza Crunchers, Marinara Sauce <u>or Yoqurt, Cheese Stick,</u> <u>WG Bar</u> Corn 16 gm Peaches 14 gm, Jello with Whipped Topping Fresh Fruit and Veggies
31 Monday WG Cereal, WG French Toast Sticks 38 gm, Syrup 20 gm, Fruit, Juice WG Toast, Sliced Turkey or <u>Yogurt, Cheese Stick, WG</u> <u>Bar</u> , Oven Fries / Cheese Sauce 22 gm, 6 gm, Rosy Applesauce 22 gm, Fresh Fruit and Veggies	Mashed Potatoes contain Sulfates and can cause Allergic Reactions 1% White, Chocolate and Strawberry are offered at all Meals Ranch, Ketchup, Mustard, BBQ Sauces are offered at Lunch	Breakfast Starts at 7:30 a.m. every morning. MENU IS SUBJECT TO CHANGE A Plant Based Meal is offered every day.	Breakfast is offer vs serve children must pick 3 of 4 items offered and one must be a ½ cup of juice or fruit. Lunch is also offer vs serve children must pick 3 of 5 items served and 1 must be ½ cup of fruit or veggies.	Cereal Marsh Mateys 22 gm Honey Gram 22 gm Cinn Toasters 24 gm Honey Scooters 22 gm Juice Apple 13 gm Grape 19 gm OJ 13 gm Fruit Punch 14 gm Poptart- Cinn 72 gm, Blueberry 72 gm, Strawberry 75 gm