



OCTOBER 2025

Marion County School District

WORD OF THE MONTH:

Courage – (*noun*) the ability to face fear or danger; bravery.
Example: It takes courage to stand up for what you believe in.

Monday

Tuesday

Wednesday

Thursday

Friday

6
Breakfast: French Toast Sticks or Cereal, Fruit, Milk
Lunch: Hamburgers or Fruit & Yogurt Plate, Tater Tots, Baked Beans, Fruit, Milk

7
Breakfast: Sausage Biscuit or Cereal, Fruit, Milk
Lunch: Chicken Alfredo or McRib Sandwich, Green Beans, Glazed Carrots, Rolls, Fruit, Milk

8
Breakfast: Yogurt Parfait, Muffins, Cereal, Fruit, Milk
Lunch: Beefy Nachos Grande or Chef Salad, Whole Kernel Corn, Steamed Broccoli, Fruit, Milk

9
Breakfast: Fruit Frudel or Cereal, Fruit, Milk
Lunch: Brunch for Lunch – Eggs, Grits, Sausage, Biscuit, Hash-browns, Fruit, Milk, Hot Cinnamon Apples, Vegetable Juice

10
Breakfast: Waffles or Pop Tarts, Fruit, Milk
Lunch: Chicken Strips or Chef Salad, Cheesy Potatoes, Field Peas, Rolls, Fruit, Milk

13
FALL BREAK

14
FALL BREAK

15
FALL BREAK

16
FALL BREAK

17
FALL BREAK

20
Breakfast: French Toast Sticks or Cereal, Fruit, Milk
Lunch: Pizza or Fruit & Yogurt Plate, French Fries, Field Peas, Fruit, Milk

21
Breakfast: Sausage Biscuit or Cereal, Fruit, Milk
Lunch: Cheesy Chicken & Rice or Chicken Sandwich, English Peas, Steamed Carrots, Roll, Fruit, Milk, Jello

22
Breakfast: Yogurt Parfaits, Cereal or Pop Tarts, Fruit, Milk
Lunch: Hamburger Steak & Gravy or Chef Salad, Mashed Potatoes, Seasoned Cabbage, Cornbread, Fruit, Milk

23
Breakfast: Grits & Sausage or Cereal, Fruit, Milk
Lunch: Taco Soup & Fritos or Chicken Salad on Croissant, Steamed Broccoli, Side Salad, Fruit, Milk

24
Breakfast: Pancakes or Cereal, Fruit, Milk
Lunch: Ham & Cheese Croissant or Chef Salad, Tater Tots, Whole Kernel Corn, Fruit, Milk

27
Breakfast: French Toast Sticks or Cereal, Fruit, Milk
Lunch: Hot Dogs & Chili or Fruit & Yogurt Plate, Tater Tots, Baked Beans, Fruit, Milk

28
Breakfast: Sausage Biscuit or Cereal, Fruit, Milk
Lunch: Chicken Dumplings or Chicken Sandwich, English Peas, Yam Patties, Rolls, Fruit, Milk

29
Breakfast: Yogurt Parfaits, Cereal or Pop Tarts, Fruit, Milk
Lunch: Spaghetti & Meat Sauce or Chef Salad, Whole Kernel Corn, Green Beans, Texas Toast, Fruit, Milk

30
Breakfast: Grits & Sausage or Cereal, Fruit, Milk
Lunch: Chicken & Sausage Gumbo & Rice or American Sub Sandwich, Sweet Potato Fries, Side Salad, Fruit, Milk

31
Breakfast: Breakfast Pizza or Cereal, Fruit, Milk
Lunch: Chicken Nuggets or Chef Salad & Crackers, Mashed Potatoes & Gravy, Lima Beans, Roll, Fruit, Milk



This institution is an equal opportunity provider.
Menu subject to change.
Assorted milk & juice available daily.

