

0-3 months

DEVELOPMENTAL CHECKLIST

Child's Name:

Administrator's Name:

Date(s) of Administration:

Tip: If completing multiple times (e.g., once per month), use a different colored pen for each administration.

HEALTH & MOTOR

- Stretches legs out and kicks when lying on stomach or back
- Raises head and chest up when lying on tummy
- Pushes down on legs when feet are on a hard surface
- Begins to make smoother movements with arms and legs by 3 months old
- Opens and shuts hands
- Brings hands to mouth
- Grasps with entire hand when finger or rattle is placed in palm
- Focuses on objects up close (6-12 inches away)
- Prefers to gaze at black-white contrast and human faces
- Tracks slow moving objects with eyes

SOCIAL-EMOTIONAL

- Likes to be held close and cuddled
- Turns head toward familiar voice
- Enjoys looking at faces
- Begins to smile and coo at people
- Enjoys playing with people and might cry when playing stops
- Cries when hungry, uncomfortable, tired, or unhappy
- Can briefly calm self by sucking on hand or pacifier
- Is comforted by voice, sight, smell, and touch of familiar caregiver

COGNITIVE

- By 3 months, spends more time awake and alert
- Tracks or follows objects with eyes
- Looks back and forth briefly from one object to another

LANGUAGE & LITERACY

- Startles at loud sounds
- Quiets or smiles when spoken to
- Starts to turn eyes or head toward sounds
- Cries; by 3 months will start to make different cries for different needs (hungry, tired)
- Makes pleasure sounds (coos and goos)
- Listens to and looks at a book for brief periods of time

RED FLAGS

Teachers should talk to parents or guardians if they notice one or more of these signs of possible developmental delay. Parents should discuss red flags with their pediatricians or call Early Childhood Intervention (ECI) to ask for a developmental screening.

- Doesn't respond to loud sounds
- Doesn't watch things as they move
- Doesn't smile at people
- Doesn't bring hands to mouth
- Can't hold head up when pushing up when on tummy