

School Health Advisory Council Agenda  
April 16, 2026  
Odem Intermediate Library  
4:15-5:15

1. Welcome and Introductions
2. Our mission is to implement a coordinated school health program to prevent Obesity, Cardiovascular Disease, and Type II Diabetes in students through a combined effort of the school district and community.
3. Read and approve minutes from the January 29, 2026, meeting
4. Reports from each Committee:
  - A. Nutrition
  - B. Physical Education
  - C. Health Services
  - D. Health School Environment
  - E. Health Education
  - F. Counselors
  - G. Family and Community Involvement
  - H. Health Promotion for Staff
5. Discuss and possibly take action on prohibiting student energy drink/supplement consumption on school grounds by adding the restriction to our district wellness plan.
6. Discuss any recommendations for possible health initiatives for students and staff.
7. Use the Well-Sat Policy Assessment worksheets to begin working on the Wellness Policy Triennial Assessment
8. Open discussion.
9. Adjourn