

SEPTEMBER 2021

Jackson County Central High School

Breakfast includes Fruit, 100% Fruit Juice variety and Milk.

Monday

Tuesday

Wednesday

Thursday

Friday



Hot of the Grill Pancakes **13**
Boneless Wings or Bone-In Wings,
Broccoli Mac & Cheese,
Cucumber Dill Salad, Chilled Peaches,
Banana,
Milk

Sausage, Egg & Cheese Biscuit **20**
Chicken or Cheese Quesadilla,
Mexicali Corn, Cucumber Slices,
Picante Corn Salsa
Chilled Mandarin Oranges, Banana,
Milk

Hot off the Grill Pancakes **27**
Pulled Pork Sandwich or
Breaded Fish Sandwich
Baked Beans, Broccoli Raisin Salad,
Chilled Peaches, Banana,
Milk

Made-to-order Cheddar Cheese
Potato Skillet w/ Toast **7**
NEW Parmesan Chicken Caesar
Wrap or **NEW** Chicken Marinara
Sandwich, Baby Carrots,
Sliced Cucumbers, Chilled Pears,
Apple Wedges, Milk

Sausage, Egg & Cheese Bfst Burrito **14**
Beef & Cheese Walking or Softshell
Taco, Taco Toppings, Red Peppers,
Spanish Rice, Fiesta Beans,
Chilled Pineapple, Apple Wedges,
Milk

Made-to-order Cheddar Cheese
Potato Skillet w/ Toast **21**
Hot Ham & Cheese or Baked Potato
Bar w/ toppings, Steamed Broccoli,
BLT Pasta Salad
Apple Wedges, Chilled Peaches,
Milk

Sausage, Egg & Cheese Bfst Burrito **28**
Mandarin Orange Chicken or Chicken
Egg Rolls, "Fried Rice", Whole Kernel
Corn, Red Pepper Strips,
Chilled Pineapple,
Apple Wedges, Milk

Additional
Breakfast Entrées
available every day! **1**

Ham, Egg & Cheese Bfst Croissant **8**
Hot Dog on a Bun or Sloppy Joe
Baked Beans, Creamy Coleslaw
Chilled Fruit Cocktail, Orange
Wedges, Milk

Cinnamon Glazed French Toast **15**
Deli Ham and Turkey Sandwich
Baby Carrots, Celery Sticks,
Romaine Garden Salad,
Chilled Applesauce, Pear Crisp,
Milk

Ham, Egg & Cheese Bfst Croissant **22**
BBQ Rib Sandwich or Corn Dog
Baked Beans, Ranch Veggie Salad,
Seasonal Fruit Salad,
Chilled Mixed Fruit,
Milk

Cinnamon Glazed French Toast **29**
Turkey Bacon Sub or Deli Ham Sand-
wich, French Fries, Macaroni Salad,
Chilled Mandarin Oranges,
Sliced Kiwi,
Milk

Fresh Garden Bar
available daily with
Lunch! **2**

Breakfast Pizza **9**
Hamburger w/ fixings or
Grilled Chicken Sandwich
Romaine Caesar Salad, Red Pepper
Strips, Chilled Pineapple,
Rosy Applesauce, Milk

NEW Breakfast Pacos **16**
French Bread Pizza Variety
Steamed Broccoli, Romaine Caesar
Salad w/ Cherry Tomatoes,
Chilled Mixed Fruit, Orange Wedges,
Milk

Breakfast Pizza **23**
NEW Cheesy Potato, Egg & Bacon
Bake or Colby Omelet w/ French Toast
Baby Carrots, Romaine Garden Salad,
Rosy Applesauce, Orange Wedges,
Milk

NEW Breakfast Pacos **30**
Hamburger Stroganoff with Rice
Or Chicken Philly,
Baby Carrots, Spinach Blueberry Salad,
Chilled Mixed Fruit,
Pumpkin Pie Parfait, Milk

Due to a waiver from the USDA,
JCC will be providing FREE meals
to students this year; however, we ask
families to still complete the
Application for Educational Benefits. **3**

Fresh Cinnamon Rolls & Smoothie **10**
Pizza Variety
Steamed Broccoli,
Veggie Variety
Fruit Variety
Milk

Muffin with String Cheese **17**
Popcorn Chicken or Popcorn Shrimp,
Warm Garlic Toast,
Garlic Mashed Potatoes,
Veggie Variety, Fruit Variety,
Milk

Fresh Cinnamon Rolls & Smoothie **24**
Breaded Chicken Sandwich or
Meatball Marinara Sub
Sweet Potato Fries, Veggie Variety,
Fruit Variety
Milk

This institution is an equal opportunity provider. Menus are subject to change.