

JANUARY 2024

Turkey Ford School

BREAKFAST



School Information: THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.



Nutrition Tip: Happy New Year! If you made a food resolution turn it into a real solution by teaming up with a friend and celebrating your success along the way.

Reference: USDA MyPlate

MONDAY

Type your text here

1

TUESDAY

Type your text here

2

WEDNESDAY

Type your text here

3

THURSDAY

Oatmeal
Strawberries
Juice
Milk

4

FRIDAY

Biscuit & Gravy
Sausage Patty
Fruit in Lite Syrup
Juice
Milk

5

French Toast
Syrup
Fruit in Lite Syrup
Juice
Milk

8

Toast & Omelet
Hashbrown
Fruit in Lite Syrup
Juice
Milk

9

Breakfast Pizza
Fruit in Lite Syrup
Juice
Milk

10

Muffin
Cereal
Fruit in Lite Syrup
Juice
Milk

11

Biscuit & Gravy
Sausage
Fruit in Lite Syrup
Juice
Milk

12

No School

15

Toast & Sausage Links
Breakfast potato
Fruit in Lite Syrup
Juice
Milk

16

Breakfast Burrito
Fruit in Lite Syrup
Juice
Milk
Salsa

17

Cinnamon Roll
Cereal
Fruit in Lite Syrup
Juice
Milk

18

Biscuit & Gravy
Sausage
Fruit in Lite Syrup
Juice
Milk

19

Sausage Pancake Bites
Fruit in Lite Syrup
Juice
Milk
Syrup

22

Toast & Egg
Hashbrown
Fruit in Lite Syrup
Juice
Milk

23

Breakfast Pizza
Fruit in Lite Syrup
Juice
Milk

24

Danish
Cereal
Fruit in Lite Syrup
Juice
Milk

25

Biscuit & Gravy
Sausage
Fruit in Lite Syrup
Juice
Milk

26

Waffle
Fruit in Lite Syrup
Juice
Milk
Syrup

29

Toast & Bacon
Hashbrown
Fruit in Lite Syrup
Juice
Milk

30

Breakfast Bagel
Fruit in Lite Syrup
Juice
Milk

31

