EAST HIGH

January 2025

Monday	Tuesday	Wednesday	Thursday	Friday
		1 No School Return on the 6th	2 No School Return on the 6th	3 No School Return on the 6th
6 BREAKFAST Meat Biscuit, Pastry, Cereal or Pop-tarts	7 BREAKFAST Meat Biscuit, Pastry, Pop-tarts or Cereal LUNCH	8 BREAKFAST Meat Biscuit, Pancakes & bacon, Pop-tarts or Cereal	9 BREAKFAST Meat Biscuit, Warm Breakfast Bread, Pop-tarts or Cereal	10 BREAKFAST Meat Biscuit, Pastry, Cereal or Pop-tarts LUNCH
LUNCH 1-Pizza 2-Popcorn Chicken 3-Beef Dipper or Popcorn Chicken Mashed Potatoes, Peas & Roll 4-Sandwich Bar	1-Pizza 2- Chili Cheese Nachos 3- BBQ Pork Sandwich Green Beans & Tater Tots 4-Potato Bar	LUNCH 1-Pizza 2-Hot Ham & Cheese 3-Grilled Cheese Homemade Chili, Baked potato 4-Nacho Bar	LUNCH 1-Pizza 2-Tacos 3-Chicken Nachos Corn, Fiesta Black Beans & Salsa 4-Baked Potato Bar	1-Pizza 2-Corn Dog 3-Fish Sticks or Corn Dog Nuggets Pinto Beans, Mac & Cheese and Hushpuppies 4-Nacho Bar
13 BREAKFAST Meat Biscuit, French toast, Cereal or Pop- tarts	14 BREAKFAST Meat Biscuit, Pancakes, Pop-tarts or Cereal	15 BREAKFAST Meat Biscuit, Breakfast Pizza, Pop-tarts or Cereal	16 BREAKFAST Meat Biscuit, Pastry, Pop-tarts or Cereal	17 No School Professional
LUNCH 1-Pizza 2-Cheese Bites w/Marinara 3-Chicken Sand. Corn & Fries 4- Baked Potato Bar	LUNCH 1-Pizza 2-Hot Turkey & Cheese Sandwich 3-Hot Ham & Cheese Sandwich Chicken Noodle Soup 4-Baked Potato Bar	LUNCH 1-Pizza 2-PB&J w/cheese stick 3-Pizza Green Beans & Tater Tots 4-Nacho Bar	LUNCH 1-Pizza 2- Cheese Quesadilla 3-Chciken Alfredo Broccoli & Sweet Carrots 4- PB&J Bag Lunch	Dev. Day
20 No School	21 BREAKFAST Meat Biscuit, Yogurt Parfait, Cereal or Pop-	22 BREAKFAST Meat Biscuit, Pastry, Cereal or Pop-tarts	23 BREAKFAST Meat Biscuit, Pastry, Cereal or Pop-tarts	24 BREAKFAST Meat Biscuit, Pastry, Cereal or Pop-tarts
MLK Day	tarts LUNCH 1-Pizza 2-Hot Ham & Cheese 3-Grilled Cheese Tortilla soup, Waffle Fries 4-Baked Potato	LUNCH 1-Pizza 2-Chicken Tenders 3-Spaghetti Garlic Toast, Steamed Broccoli & Sweet Carrots 4-Nacho Bar	LUNCH 1-Pizza 2- Soft Shell Taco 3-Cheese Quesadilla Corn, Fiesta Black Beans & Salsa 4-Baked Potato Bar	LUNCH 1-Pizza 2-PB&J w/ cheese stick 3-Pizza Green Beans & Tater Tots 4-Nacho Bar
27 BREAKFAST Meat Biscuit, Doughnuts, Cereal or Pop-tarts	28 BREAKFAST Meat Biscuit, Pastry, Cereal or Pop-tarts	29 BREAKFAST Meat Biscuit, Pastry, Cereal or Pop-tarts	30 BREAKFAST Meat Biscuit, Pancakes, Cereal or Pop-tarts	31 BREAKFAST Meat Biscuit, Pastry, Cereal or Pop-tarts
LUNCH 1-Pizza 2-Orange Chicken 3- Cheese Breadsticks w/ Marinara sauce Sweet Carrots & Broccoli 4-Hot Turkey & Cheese Sandwich	LUNCH 1-Pizza 2-Fried Bologna Sand 3-Grilled Cheese Sand. Chicken Noodle Soup Cheez Its, Cookie 4-Baked Potato Bar	LUNCH 1-Pizza 2-Beef Dippers or Popcorn Chicken 3-Popcorn Chicken 4-Steak Fingers Mashed Potatoes, Peas & Roll	LUNCH 1-Pizza 2-Roasted Hot Dog w/chili 3-Bacon Cheeseburger 4- Chili Cheese Nachos Baked Beans & Chips	LUNCH 1-Pizza 2-Fish Sticks or Corn Dog 3-Corn Dog Pinto Beans, Mac & Cheese and Hushpuppies 4-Chicken Nachos

NEWS

CHOOSE ONE ENTRÉE FOR LUNCH. EACH TRAY MUST HAVE A FRUIT OR VEG AND AT LEAST TWO OTHER ITEMS TO BE CONSIDERED A MEAL. MEALS ARE SUBJECT TO CHANGE WITHOUT NOTICE.