OCTOBER 2024

INGRAM TOM MOORE HIGH SCHOOL

	Monday	Tuesday	Wednesday	Thursday	Friday
		WG Cereal Kit w/Juice & Grahams Craisins Milk	WG Mini Cinn Rolls Apple Slices 100% Apple Juice Milk	WG Poptart w/Goldfish Crackers Fruit 100% Fruit Juice Box Milk	WG Donuts Apple 100% Orange Juice Milk
	WG Cereal Bar w/Grahams Apple 100% Orange Juice Milk	WG Cereal Kit w/Juice & Grahams Mandarin Orange Cups Milk	WG Blueberry Muffin Apple Slices 100% Apple Juice Milk	WG Mini Pancakes Fruit 100% Fruit Juice Box Milk	WG Banana Bread Craisins 100% Orange Juice Milk
	SCHOOL HOLIDAY	WG Cereal Kit w/Juice & Grahams Craisins Milk	WG Cinnamon Filled Bar Apple Slices 100% Apple Juice Milk	WG Poptart w/Goldfish Crackers Fruit 100% Fruit Juice Box Milk	WG Donut Apple 100% Orange Juice Milk
	WG Cereal Bar w/Grahams Apple 100% Orange Juice Milk	WG Cereal Kit w/Juice & Grahams Mandarin Orange Cups Milk	WG Banana Muffin Apple Slices 100% Apple Juice Milk	WG French Toast Sticks Fruit 100% Fruit Juice Box Milk	WG Donut Craisins 100% Orange Juice Milk
)-	WG Cereal Bar w/Grahams Apple 100% Orange Juice Milk	WG Cereal Kit w/Juice & Grahams Craisins Milk	WG Mini Cinn Rolls Apple Slices 100% Apple Juice Milk	WG Poptart w/Goldfish Crackers Fruit 100% Fruit Juice Box Milk	

Remember To Start Each Day With A Healthy Breakfast

Fat Free Chocolate Milk, 1% White Milk, 100% Fruit Juice and Assorted Fruits Offered Daily

*ALL MENUS SUBJECT TO CHANGE



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