

Calhoun R-VIII



2022-2023

Extra-Curricular Handbook

Purpose and Objectives

Extra-curricular activities are recognized as an integral part of the secondary school's total educational program. The responsibility for the control and regulation of the school's athletic/organizational programs rest with the Board of Education. The responsibility for administering the athletic/organizational programs of the school, however, is delegated to the high school principal and activities director.

Calhoun R-VIII High School is committed to the belief that participation in sports/organizations is a PRIVILEGE, not a right that requires individual responsibility by the participant to the team, club, school, and community. Calhoun R-VIII High School is a member of the Missouri State High School Activities Association (MSHSAA) and shall be regulated by the code of this association, which has been established by a vote of all member schools.

Student participants are subject to the Calhoun R-VIII District's discipline policy, as outlined in the student handbook, as well as specific rules in this athletic/activity handbook. Copies of the student handbook may be obtained in the office at Calhoun R-VIII High School. Participants will be required to follow other specific rules established by individual coaches/sponsors/advisors.

The purpose of this section of the athletic/activity handbook is to familiarize the student participant with some of the responsibilities associated with interscholastic activities at Calhoun R-VIII High School. This section is intended to serve as a source of information and guide for athletes/participants and their parents/guardians.

Eligibility

Eligibility to represent Calhoun High School in interscholastic activities is a privilege students may earn by meeting the standards of eligibility established by the Missouri State High School Activities Association (MSHSAA) member school and the Calhoun R-VIII Handbook. Eligibility is not a student's right by law. In addition, athletes are to be in school all day on the day of an athletic event to participate or attend an event. In exceptional cases a student may receive prior permission from the principal to participate or attend. Any student who is absent without the principal's permission or is truant shall not practice or engage in interscholastic competition and is subject to disciplinary action. If a student is too sick to be in school any part of the school day, he/she is too sick to participate or attend an interscholastic event or practice. Any questions regarding eligibility should be directed to the coach, athletic director, or principal.

MSHSAA

The Missouri State High School Activities Association (MSHSAA), of which the Calhoun R-VIII School District is a member, is a voluntary, nonprofit, educational association of junior and senior high schools established for working cooperatively in adopting standards for supervising and regulating interscholastic activities and contests.

Citizenship Requirements

Students who represent a school in interscholastic or extra-curricular activities must be creditable citizens and judged so by the proper school authority certifying a list of students for competition. Those students whose character or conduct both in school and out of school is such as to reflect discredit upon themselves or their schools are not considered "creditible citizens." Conduct shall be satisfactory in accord with the standards of good discipline.

1. A student shall not be considered eligible while under suspension. Students are restricted from attending or participating in school activities for the entire day (including evening activities) that they are in ISS. Students may not participate in any activities until school starts the day after the last day of ISS is served. For example, if a student serves ISS on Tuesday, the student is ineligible until the next scheduled school day. *Calhoun R-VIII Board of Education approved—2009 Students cannot compete in any competition or practice on a day that he/she has ISS/OSS. MSHSAA By-Laws 212.0* The student who is expelled or who withdraws from school because of disciplinary measures shall not be considered eligible for 365 days from the date of expulsion or withdrawal. *MSHSAA By-Law 212.0*

2. Each student is responsible to notify the school of all situations that would affect his/her eligibility. The student shall, within twenty-four (24) hours of the action, notify the Athletic Director or Principal. If the student does not notify the school of the situation prior to the school's discovery, then the student shall be

ineligible for up to 365 days from discovery pending review by the MSHSAA Board of Directors.

3. A student who commits an act for which charges may be or have been filed by law enforcement authorities under any municipal ordinance, misdemeanor or felony statute shall not be eligible until all proceedings with the legal system have been concluded and any penalty (i.e. jail time, fine, court costs, etc.) or special condition of probation (i.e. restitution, community service, counseling, etc.) has been satisfied. *MSHSAA By-Law 212.0*

4. If law enforcement authorities determine that charges will not be filed, eligibility will be contingent upon local school policies. *MSHSAA By-Law 212.0*

5. Moving traffic offenses shall not affect eligibility, unless they involve drugs, alcohol, or injuries to others. *MSHSAA By-Law 212.0*

6. After a student has completed all court appearances and penalties, and has satisfied all special conditions of probation and remains under general probation only, local school authorities shall determine eligibility. *MSHSAA By-Law 212.0*

Each individual school has the authority to set more restrictive citizenship standards and shall have the authority and responsibility to judge its students under those standards. *MSHSAA By-Law 212.0*

Academic Requirements

Grades 9-12 – A student in Grades 9-12 must meet the following requirements to be academically eligible to participate in interscholastic activities:

1. A student must be enrolled in courses offering 3.0 units of credit per semester.
2. A student must have earned 3.0 units of credit the preceding semester.
3. Credits earned or completed after the close of the semester or in summer school will not fulfill this provision. Summer school courses for academic eligibility may count provided the course is necessary for graduation or promotion, and it is placed on the school transcript. NO more than one credit in summer school shall be counted toward eligibility.
4. A beginning ninth grade student shall have been promoted from the eighth grade to the ninth grade for first semester eligibility.
5. Dual Credit classes and MOCAP classes may count for academic eligibility. *MSHSAA By-Law 213.0*

Grades 6- 8 –

1. A student must be enrolled in a normal course load for his/her grade.
2. A student must have been promoted to a higher grade at the end of the previous year; however, even though he/she may have been promoted, he/she will be ineligible if he/she failed more than one course the previous grading period.

3. A “grading period” is a period no less than six weeks and no greater than nine weeks where progress is determined and is reported to students/parents. *MSHSAA By-Law 213.0*

Entering School

A student must enter school within the first eleven (11) days of the semester to be eligible. *MSHSAA By-Law 215.0*

Every two weeks the office runs a grade check. Students with two or more failing grades will be ineligible to participate in these extra-curricular activities. For our student athletes that means that you may still practice with your team, but you may not attend games. Students who are put on the ineligible list will have two weeks (until the next grade check is ran) to raise their grades. **This is the student’s responsibility to handle.**

Player Limitations

An athlete is limited on the amount of participation that he/she can play in a sport in addition to the number of contest limitations.

Participation Limits

For grades 9-12:

1. A student is eligible to participate in any sport for a maximum of four seasons. Any part of a game played during a season counts as a season of participation.
2. A student’s eligibility to participate in high school activities begins when he/she first enters the ninth grade and lasts for the first eight semesters that he/she is enrolled in high school. One’s eighth semester must immediately follow his/her seventh semester.

For grades 6-8:

1. A student is eligible for only his/her first two semesters of attendance in the sixth grade and for only his/her first two semesters in the seventh and eighth grade.
2. A student is not eligible to compete with or compete against students enrolled in the ninth grade or above when he/she is enrolled in either sixth through eighth grade.

Age Limits

For grades 9-12:

1. A student shall not have reached the age of 19 prior to July 1 preceding the opening of school. *MSHSAA By-Law 232.0*

For grades 6-8:

2. To participate on or against teams made up of only sixth graders, he/she must not have reached fourteen (13) years of age prior to July 1.

3. To participate on or against teams made up of only seventh graders, he/she must not have reached fourteen (14) years of age or (15) if made up of only eighth graders prior to July 1.
4. However, he/she may participate with the next higher grade when he/she no longer meets the age limit for his/her grade.

Residence and Transfer Requirements

Residence shall be defined as the place where the student and his/her parents have established their permanent home. This means that the family regularly eats and sleeps in a specific place of lodging. It is a place where the student and his/her parents are habitually present and to which when departing, they intend to return. The permanent home of a student with parents who are divorced or separated shall be the dwelling place where a student has resided with one of his/her parents for most the overnight periods during the 365 consecutive days immediately prior to enrollment. *MSHSAA By-Law 238.1*

A student shall become ineligible for 365 days if he/she transfers to another school for athletic reasons, as defined in MSHSAA By-Law 238.

Student Health Insurance

All athletic participants shall have accident/health insurance coverage before participating in a practice or interscholastic competition. The athletic participant shall verify that he/she has accident/health insurance coverage through their parents'/guardians' accident/health policy or has purchased a accident/health insurance policy provided through the Calhoun R-VIII School District for their students. Policy information including policy number must be kept on file on the athlete's physical examination form. This requirement applies not only to the regular school year practices and competitions but also to summer activities including camps and pre-season practices.

Physical Examination

All student athletes shall have a completed physical examination form on file in the Athletic Director's office before they will be allowed to practice or engage in interscholastic competition.

The medical exam certificate is valid if issued on or after February 1 of the previous school year. A copy of the physical examination form should be kept on file in the Athletic Director's office and carried by the coach to every athletic contest.

Parental Permission

MSHSAA regulations require that coaches obtain parental permission for each athlete in writing before he/she can participate in athletics.

Conditioning Requirements

Each squad must have 14 days of conditioning practice and everyone must have participated in 14 school conditioning practices on 14 different days prior to the date of the first interscholastic contest in all sports. This requirement shall be met if a student has been a member of another school sports squad immediately preceding the sport season, has been actively practicing with the sport squad, has had 14 days of physical conditioning and begins physical conditioning practice with the new sport squad with no more than seven calendar days having passed between the two sports before beginning practice.

Expectations

Athletic Equipment

- All athletes are responsible for the preservation of the school's athletic equipment.
- Equipment issued to athletes must be returned to the coach at the end of the season.
- Athletes will be held financially responsible for any lost or misplaced equipment. Deliberate mutilation of school property or equipment will be charged to the athlete.
- Equipment includes any uniforms or clothing which is issued by the coach for the purpose of participation in a particular sport.
- Athletes' not returning school issued equipment or not paying for lost or damaged equipment will not be allowed to participate in any further interscholastic competition at Calhoun R-VIII School District.

Attendance at School, Practices, Meeting, and Competitions

- All participants are expected to attend all practices in order to participate in interscholastic contests/competitions.
- The coach/sponsor/advisor may excuse participants from meetings/practices or competition for legitimate reasons or absences.
- An unexcused absence from meetings/practices/competitions will result in disciplinary action by the coach/sponsor/advisor.
- Each case will be reviewed by the head coach and activities director to determine appropriate action.
- The coach/sponsor/advisor will determine if an absence from practice or competition is excused or unexcused.
 - Examples of an EXCUSED absence would include, but would not be limited to: a death in the family, illness or injury to the participant, school sponsored activities approved in advance by the principal, career days approved in advance by the head coach/sponsor/advisor.
 - Examples of UNEXCUSED absence would include, but would not be limited to: truancy from school, work related absences, skip days.
- A participant who misses school (one class) **on the day of a contest or the day following a contest without being excused by the principal will not be eligible to participate in extra-curricular activities for the next competition.**

Sportsmanship

As members of Calhoun R-VIII School District adheres to policies set down for the display of good sportsmanship by athletes, students, fans, parents, and patrons. Participation in interscholastic/extracurricular activities is an honor and important part of personal growth. The standards we use to define sportsmanship include but are not limited to, respect, honesty, self-control, positive attitude, responsibility, and courtesy regardless of the event outcome. All event participants (students, sponsor, and spectators) are expected to follow these standards. MSHSAA member schools are to enforce sportsmanship rules for our own school, players, and spectators. Violation of rules may result in the following consequences: written reprimand, probation, suspension, ejection, or permanent removal from events. Consequences are in force for players, coaches, students, parents, and fans. All discipline policies and rules apply to the Calhoun R-VIII students at school activities whether they are held on school property or away from school.

1. Show respect for the opponent always. When an opposing team visits our school, they should be treated as guests, greeted cordially on arriving, given good accommodations, and accorded the tolerance, honesty, and generosity that all human beings deserve. When visiting another school, we should be cordial and appreciative of our host. Good sportsmanship is the Golden Rule in action.
2. Show respect for the officials. The officials should be recognized as impartial arbitrators who are trained to do their job and who can be expected to do it to the best of their ability. Good sportsmanship implies the willingness to accept and abide by the decision of the officials.
3. Know, understand, and appreciate the rules of the contest. A familiarity with the current rules of the game and the recognition of their necessity for a fair contest is essential. Good sportsmanship suggests the importance of conforming to the spirit as well as the letter of the rule.
4. Maintain self-control always. A prerequisite of good sportsmanship requires one to understand his/her own bias or prejudice and the ability to prevent the desire to win from overcoming rational behavior. A proper perspective must be maintained if the potential educational values of athletic competition are to be realized. Good sportsmanship is concerned with the behavior of all involved in the game.
5. Recognize and appreciate skills in performance regardless of affiliation. Applause for an opponent's good performance is a demonstration of generosity and good will. The ability to recognize quality in performance and the willingness to acknowledge it without regard to team membership is one of the most commendable gestures of good sportsmanship.
6. All school discipline policies and rules apply directly to Calhoun R-VIII students at school activities whether they are held on school property or away from school.

The school's reputation should not be placed in jeopardy because of unsportsmanlike conduct displayed by anyone involved. Violations of this policy will not be tolerated. Unsportsmanlike conduct is defined as any act that would reflect discredit upon an individual's character.

According to the Missouri State High School Activities Association By-Law 910, a school may be suspended from membership in the MSHSAA and from participating in interscholastic activities with other member schools for the unsportsmanlike conduct of teams, coaches, students, and fans. Each school is responsible for the conduct of its teams, coaches, students, and fans at games both at home and away. Players and spectators should support the players in a positive manner rather than possibly placing them in a position of being penalized for unsportsmanlike conduct.

The following policies are established to serve as guidelines for actions to be taken by the school in addition to the mandatory provisions contained in MSHSAA By-Laws 910.

Consequences of Unsportsmanlike Conduct

1. If a student should commit an unsportsmanlike act while participating in an interscholastic event, the coach in charge shall review the incident with the athlete and have the appropriate correction made.
2. If a student should be ejected from an athletic event, he/she shall be, at a minimum, ineligible for the next athletic contest. If repeated ejections occur, the athlete's continued involvement in the athletic program will be reviewed and possibly terminated.
3. If a student's conduct as a spectator is found to be unsportsmanlike, he/she could be barred from attending any junior high/high school athletic contests.
4. The unsportsmanlike conduct of any spectator, regardless of age, could cause that spectator to be barred from attending future inter-scholastic athletic contests.

Unsportsmanlike Acts

- An athlete who commits such an act, but is not ejected may also be subject to at least a one (1) game restriction from representing the school.
- Each case of this type is to be reviewed by the head coach, activities director and principal before a final decision is reached.

Sportsmanship Code of Conduct

Players, coaches, and fans will:

1. maintain pride in self and school.
2. strive to keep high standards of conduct.
3. cheer to encourage one's own team.
4. NOT taunt, chant, make noises, cheer, sing songs, use profanity, have signs, or use motions directed to the opposing team, coach, school, or officials.
5. treat everyone with respect including times during introductions.
6. NOT obstruct other fans view of the activity.
7. be able to have positive signs displayed for one's own team.
8. not use noise makers.
9. abide by the decisions of the officials.
10. accept victory or defeat graciously.

Code of Conduct and Consequences

Due Process

- Any participant who is found to have violated regulations has the right to due process.
- Following are procedures to ensure student participants receive just treatment.
 - The participant shall be given oral or written notice of the charges against him/her.
 - If the participant denies the charges, he/she shall be given an oral or written explanation of the facts which form the basis of the disciplinary action.
 - The participant shall be given an opportunity to present his/her version of the incident before judgment or disciplinary action is rendered. The participant has the right to bring forward witnesses on his/her behalf.
 - The head coach/sponsor/advisor will provide notification to the parent/guardian or others having custodial care of the participant.
 - The activities director will make written documentation of events and proceedings for the parents/guardians and file a copy of the documentation in the participant's student folder.
 - If the participant is dissatisfied with the decision made by the principal and activities director, he/she has the right to appeal to the Superintendent of Schools. Appeals are to be in writing and submitted within 10 days of the previous decision. The Superintendent will, within 10 days of receipt of the appeal, establish a hearing date.

Multiple Arrests

- All participants at Calhoun R-VIII School District, throughout the school year, are expected to promote good citizenship and be a role model within the school and community.
- Multiple run-ins (2 or more arrest in a year) with law enforcement officials do not uphold these standards and will not be tolerated.

- If a participant has been found in violations of this standard, the coach/sponsor/advisor has the right to dismiss the offending participant from the team/organizational activity.

Penalty for Withholding Information or Fabrication of a Statements

- A participant guilty of a violation of the CHS Activity handbook policy is expected to demonstrate character and be forthcoming about his/her infraction of participant rules.
- Participants in violation of codes within this handbook will be dealt with in the following manner:
 - The participants who tell the truth about handbook infractions are subject to the specified consequence outlined for the offense.
 - Those participants who are found to be fabricating or withholding information are subject to extended consequences similar to those outlined for the offense.

Rule Infractions

1. Coaches/sponsors/advisors will not accept information about rule infractions by participants from any party or parties other than Calhoun R-VIII School administration and faculty members or law enforcement officers.
2. When a coach/sponsor/advisor is informed by an administrator, a faculty member, or law enforcement officer that a participant has violated stated rules, the informant must provide a written and signed statement about the rule infraction.
 - a. However, if there is admission of guilt by the participant of committing a rule infraction the coach/sponsor/advisor will review the situation with the activities director and principal for possible disciplinary action.
3. Alcohol/Drugs: Possession and/or use of alcohol or illegal drugs in any form at any time, on or off school property, by a team member will result in:
 - a. 1st Offense
 - i. Parents/guardians notified by the head coach/sponsor/advisor.
 - ii. Appropriate law enforcement agency shall be contacted if necessary by the principal.
 - iii. Suspension from competition for a 2-week period or four (4) competitions, whichever comes first, once competitions have begun. Students will be required to practice or attend meetings.
 - b. 2nd Offense
 - i. Parents/guardians notified by the head coach/sponsor/advisor.
 - ii. The student is terminated from the team/organization and is suspended from all competitions for one (1) year. The suspension begins on the date of the offense. The suspension ends once the new season begins a year later. **Example: if the offense occurs during basketball season, the athlete would be ineligible to compete until the beginning of basketball season/practice next year.**
4. Tobacco: Possession and/or use of tobacco or tobacco like products on school grounds or while representing the school by a participant or use of tobacco off school grounds while a member of a team/organization will result in:

- a. 1st Offense
 - i. Tobacco confiscated on school grounds.
 - ii. Parents/guardians notified by the head coach/sponsor/advisor.
 - iii. Suspension from organizational activities for one (1) week or two (2) competitions, whichever comes first, once competitions have begun. Students will be required to practice or attend meetings.
 - b. 2nd Offense
 - i. Tobacco confiscated.
 - ii. Parents/guardians notified by the head coach/sponsor/advisor.
 - iii. The student is terminated from the team/organization and is suspended from all competitions/organizational activities for one (1) year. The suspension begins on the date of the offense. The suspension ends once the new activity season begins a year later.
 - 1. Example: Example: if the offense occurs during basketball season, the athlete would be ineligible to compete until the beginning of basketball practice next year.
5. Defacing/Destroying Property: Any student who defaces or destroys property of the Calhoun R-VIII District or staff members of the Calhoun R-VIII School District will be subject to the following actions:
- a. 1st Offense
 - i. Parents/guardians notified by the head coach/sponsor/advisor.
 - ii. Depending on the nature and extent of the defacement or damages, appropriate law enforcement agency shall be contacted if deemed necessary by the principal.
 - iii. Depending on the nature and extent of the defacement or damages, the student is subject to suspension or discipline by coaches/sponsors/advisors.
 - b. 2nd Offense
 - i. Parents/guardians notified by the head coach/sponsor/advisor.
 - ii. Depending on the nature and extent of the defacement or damages, appropriate law enforcement agency shall be contacted if deemed necessary by the principal.
 - iii. The student is terminated from the team/organization and is suspended from all competitions/organizational activities for one (1) year. The suspension begins on the date of the offense. The suspension ends once the new activity season begins a year later.
 - 1. Example: Example: if the offense occurs during basketball season, the athlete would be ineligible to compete until the beginning of basketball practice next year.

Suspensions from Attending and/or Participating

- Students will be suspended from attending and/or participating in extracurricular activities for one of the following reasons:
 - Failing to pass a minimum of 3 units of credit;
 - Four or more misconducts per semester;
 - Ten or more absences and/or tardies per semester;
 - Failing to attend assigned detentions; or
 - During suspension from school.

General Information

Conditioning

- Usually, the physical condition of an athlete affects the outcome of athletic competition.
- An athlete must be in good condition to perform at his/her maximum potential.
- Proper diet and rest are essentials in conditioning of an athlete.

Insurance

- Students participating in interscholastic sports must be covered by some type of insurance.
- This must be verified by the form that Calhoun R-VIII School District has available and is to be signed by the parents/guardians.

Medical Examinations

- All students are required to undergo a physical examination by a doctor before he/she is eligible to participate in:
 - An athletic tryout/practice/camp;
 - The summer and after school weightlifting program;
 - A dance tryout/practice/camp; or
 - A cheerleading tryout/practice camp.
- The examination card, **WITH PROOF OF INSURANCE**, must be turned into the activities director or head coach prior to participation.
- The physical examination must be administered on or after JUNE 1 of the previous school year, to be valid.
- Students must obtain parental permission before being allowed to engage in interscholastic competition.

Non-School Competition

- You may not participate for, or participate with, a non-school team or in any organized non-school athletic competition and for your school team **IN THE SAME SPORT** during the school sport season.
- You may participate on a school team and a non-school team in **DIFFERENT** sports during the same season; **HOWEVER**, you may not participate for the non-school team or participate in organized non-school athletic competition **ON THE SAME DAY** that you practice with or participate for the school team **WITHOUT PRIOR APPROVAL OF YOUR SCHOOL ADMINISTRATOR**.
- You must receive approval in advance from your school principal or activities director in order to miss school time to practice for, travel to or compete in organized non-school athletic competition.
- You will become ineligible in any sport in which you play as a member of a junior college, college or university team.
- Before you join a non-school team or enter any non-school competitive athletic event, your school principal or activities director should be consulted to make certain these standards are met.

Multiple Activity Policy

Students who are participating in more than one activity during a specific period of the school year may continue to be involved in both activities if they individually work with the sponsor of that activity to make sure they have a minimum number of practices to participate. Students will not be denied the opportunity to be part of an activity because of involvement in other activities. Activity sponsors will cooperate with each other to assure all students have an equal opportunity to participate, practice, and be part of a team organization or activity. If two or more activities occur on the same day or time, the student will attend the activity of the highest level, i.e. State, Sectional, District, Conference, or local. All students are eligible for participation in activities if they meet academic, social, and behavioral standards as established by MSHSAA, the district, this policy, and their sponsors. Each activity, as deemed appropriate by the sponsor, will have requirement for tryouts or membership for all participants. These qualifying requirements will be non-discriminatory and appropriate for the students of Calhoun R-VIII School District.

Team Support

Involvement in interscholastic/extra-curricular activities is voluntary on the part of the students. When a student chooses to participate on a Calhoun R-VIII team they are becoming part of a team. Teams are made up of teammates who are there to support one another, to cheer for one another, and to help one another become the best they can be. The coaches/sponsors and the administration find it very important for the teams to be supportive of one another no matter what level they are participating. Team members are required to stay for the conclusion of the event they are participating in. If for some reason a parent/guardian needs to take a child prior to the end of an event, it must be pre-approved by the coach or sponsor. If an emergency occurs, the game supervisor can approve the team member leaving the event early.

Dress Code and Grooming

Students, athletes, and coaches that are involved in interscholastic/extra-curricular activities represent Calhoun R-VIII School District. Therefore, it is of utmost importance to make a good impression. The dress code applies for all sports and activities. Practice clothing must follow school policy. Hairstyles and all facial hair must be maintained in a neat and clean manner as defined by the coach/sponsor, to present a positive image for both the team/activity and the school. Graduation clothing must be approved by administration prior to the event.

Transportation

Travel must be by school-provided transportation. Students must return by school-provided transportation. A student may ride home with his/her parent/guardian if the parent/guardian personally signs the student out with the teacher (including athletic sponsor). The teacher/coach will provide a dated roster for sign out. Only under special circumstances with prior written approval from the administration will a student ride home with another person. Individual coaches/sponsors may require all team members to ride the bus home after an event. When male and female athletes share the same bus, they shall be seated separately.

Parent/Coach Communication

Both parenting and coaching are extremely difficult vocations. By establishing an understanding of each position, everyone is better able to accept the actions of the other and provide greater benefit to students. As parents, when your student becomes involved in a program, you have the right to understand what expectations are placed on your student. This begins with clear communication from the coach of your student's program. Coaches and parents are expected to encourage and praise the students in their attempt to improve them as students, athletes, and citizens. Parents can facilitate this by gaining an understanding and appreciation of all aspects of the sport/activity and the expectations placed on your student.

Parents and coaches should help their students learn that success is oriented in the development of skills and should make student-athletes feel good about themselves, regardless of the outcome of any contest. As your student is involved in the program of the Calhoun R-VIII School District they will experience some of the most rewarding moments in their life. It is important to understand that there also may be times when things do not go the way you or your student wishes. If you as a parent have a concern, take time to talk with coaches in an appropriate manner- meaning the proper time and place- being sure to follow the designated chain of command. At these times discussion with the coach is encouraged.

Appropriate concerns to discuss with coaches:

- The treatment of your student mentally and physically
- Ways to help your student improve
- Concerns about your student's behavior

Issues not appropriate to discuss with coaches:

- Playing time
- Team strategy
- Play calling
- Other student-athlete participants

There are situations that may require a conference between the coach and parent. Again, these are encouraged. Remember that it is important that both parties involved have a clear understanding of the others position. Everyone involved is expected to be respectful, show appreciation for the others role, and reinforce the school's Code of Conduct and policies/procedures as outlined in the handbook. When these conferences are necessary, the following procedures should be followed to help promote a resolution with the coach.

1. Call to set up an appointment with the coach; **please do not attempt to confront a coach or administration before or during a contest or practice. These can be emotional times for both parties and meetings of this nature usually do not promote resolution.**
2. If there is not a satisfactory resolution, call and set up an appointment with the Athletic Director/Principal.

Participant Injuries and Their Care

- All injuries must be reported to the supervising coach/sponsor/advisor IMMEDIATELY.
- Please notify the coach/sponsor/advisor if it is necessary to consult a physician.
- In case of an emergency, students will be sent to the nearest medical facility unless parents indicate that students should be sent elsewhere.
- Should an injury be discovered after the participant has returned home, the coach/sponsor/advisor should be contacted at once.

Transportation

- Bus service is provided to all participants for all away activities.
- All head coaches/sponsor/advisor will ride to and from activities on transportation provided by the school.
 - There must be a certified coach/sponsor/advisor on the bus at all times.
- Students are to ride to and from activities on transportation provided by the school.
- An exception will be made when the parents/guardians contact the principal in advance of the contests or the coach/sponsor/advisor immediately following the activity to request permission for their child to ride with them.
 - For a student to be allowed to ride home with his/her parents/guardians from an activity the parents/guardians must contact the coach/sponsor/advisor in person immediately following the contest to verify that the student is riding home with them.
 - Any other arrangements must be approved by the administration prior to the event.

Recruiting of Athletes

Students will be ineligible for their career at a school if he/she is influenced by a person or persons to attend upon promotion or to transfer schools for athletic or activities purposes. A student may, however, return to his/her original school and be ineligible for just 365 days.

Practice Schedule

Students are responsible for keeping track of their practice schedule. If school is cancelled then there will be no practices.

Equipment

All students are responsible for the preservation of school owned athletic equipment. This equipment must be handled properly and accounted for after the sport season. Any damage or loss of equipment by an athlete will require him/her to reimburse the district at the value it would cost to replace the item damaged or lost. All uniforms must be returned to the coach one-week after the season is over. If it is not returned in a week's time the coach will contact the parent to ensure that the uniform is returned in a timely manner.

Emergency Care

The athletic coaches are not doctors. Therefore, they do not diagnose injuries. All injuries, except scrapes and abrasions, are to be referred to a doctor of the athlete's choice. A written doctor's release is required before an athlete can return to interscholastic competition or practice. Any injured athlete that could be further injured by moving is to remain as is until emergency personnel or a doctor arrives on the scene. If a contest must be held up, it shall be. If an athlete is injured a coach will contact a parent/guardian immediately. As soon as possible, an accident report shall be completed by the coach in charge and turned in to the Athletic Director's office to be put in the athlete's health file. Any treatment of an athlete shall be done under the direction of the athlete's doctor.

Student Assistants

Some students desire to be associated with, but not participate, in athletics. These students help the coaches in minor responsibilities. The following are guidelines in selecting and having student managers and statisticians:

1. Be selected by the coach in charge.
2. Be responsible, dependable, loyal, and cooperative with coaches and players.
3. Care for equipment under the supervision of the head coach.
4. Attend all practices, meetings, and contests as directed by the coach in charge. Student helpers shall work closely with coaches during practices and contests.
5. Be assigned specific duties and be responsible for these duties.
6. Prepare designated pre-game equipment.
7. Follow all team rules and perform additional duties as prescribed by the head coach.

8. Return to the A.D. the Commitment Form signed by parents.

Athletic Lettering Policy

Any student athlete who participates should want to excel and earn recognition. Athletes who meet the following criteria will be awarded an athletic letter “C” and a certificate of participation.

To earn the “C”, an athlete must do the following:

1. Display (or model) good school citizenship.
2. Take responsible care of school-owned equipment and uniforms.
3. Return all issued athletic equipment and uniforms.
4. Regularly attend practice.
5. Follow the rules set forth by this handbook.
6. Participate and stay with a program for the entire season. The coach, with the approval of the Athletic Director and Administration, reserves the right to letter an athlete with extenuating circumstances, such as an injury.
7. Student helpers (managers and statisticians) who give regular attendance to their duties throughout will be awarded an athletic letter.

When a student earns a letter, he/she will be awarded a chenille “C”, a sport emblem, and a participation bar. For each succeeding year, a bar will be awarded. If an athlete letters in more than one sport, he/she will be awarded only one chenille “C”.

Any player, who thinks he/she should have lettered and did not, can appeal to the appeals committee. The appeals committee is made up of the coach, the principal, and the athletic director. The committee will make the final decision.

Student Awards

If an athlete has the privilege of earning All District, All State, All-Conference honors, the patch will be furnished by the District. If a varsity team wins the District Championship, and/or higher, Calhoun High School will purchase these patches for the team members.

All-Star Games

Students may not compete in an all-star game or contest before they complete their eligibility in each high school sport. Participation in an all-star game or contest before ending their high school eligibility will result in them becoming ineligible to participate in any high school sport.

A senior with no high school eligibility remaining for a specific sport may participate in one All-Star game for that sport during the school year. Talk with the principal before agreeing to play.

An all-star event is one in which an individual is invited to participate due to his or her high school achievements.

Amateur and Awards Standards

After entering a member school, a student will become ineligible in the sport concerned if they receive cash for participating in an athletic contest. This restriction applies to all sports in which MSHSAA member schools conduct interscholastic programs.

A student may accept awards, which are symbolic in nature, such as medals, ribbons, trophies, plaques, etc. for participating in a school athletic program.

A student may accept awards, which are merchandise, but such award shall not exceed \$25 in the suggested manufacturer's retail price.

Awards as described above presented by a person or group other than your school, must be approved in advance by your school principal and the suggested manufacturer's retail price of a merchandise award shall not exceed \$100.

A student may accept awards for participating in non-school sponsored athletic competition only if the awards are symbolic in nature or the merchandise item does not exceed \$100 in suggested retail value.

Non-School Competition

A student may not practice for or participate with a non-school team or any organized non-school athletic competition and for their school team in the same sport during the same season.

A student may participate on a school team and non-school team in different sports during the same season; however, they may not practice in organized non-school athletic competition on the same day that they practice with or participate for the school team without prior approval of the building administrator.

Before a student joins a non-school team or enters any non-school competitive athletic event, the school principal or athletic administrator should be consulted to make certain these standards are met.

College Auditions and Tryouts

A student may participate in a college tryout, audition, or evaluation event for a specific sport outside the school season of the sport concerned (MSHSAA By-Law 235.2). They may not miss school time to travel or participate in the event unless the school administrator approves the absence in advance. A student may not miss a MSHSAA-sponsored postseason event to participate in or travel to/from the event. See the administrator before agreeing to attend any such event.

NCAA Freshman Initial-Eligibility

Students need to complete and have approved the NCAA Initial-Eligibility Clearinghouse forms (available from the Counselor or on-line) before starting practice at the college level. Students should seek help before summer arrives, as not all teachers, counselors, or administrators are available after the school year ends.

Cheerleading

Students who are interested in becoming a Calhoun High School cheerleader must try out and be selected by faculty members who have had contact with that student (excluding the coaches, who do not vote). The students will be judged on attitude, character, responsibility, and personality. Judges are chosen by the sponsors and may include JH and HS sponsors, teachers, and graduating senior cheerleaders among others.

Scholars Bowl (MSHSAA)

Academic Team consists of junior high and high school students working individually and as a team answering trivia questions. A team consists of 4 students. Students compete at the local and district levels. Membership is based on MSHSAA guidelines.

Band-Marching (MSHSAA)

The Marching Band performs during the fall semester. The marching band consists of all high school band members and junior high band members. As a co-curricular class, activities include but are not limited to local parades, and parades in surrounding communities as scheduled by the director.

Beta Club

Members are superior in scholarship, leadership, character, and service. Members are selected by a faculty with input from other staff members. To be considered, a student must be 10-12th grade with a cumulative grade point average of 3.50 or above with zero ISS/OSS discipline issues in grades 9-12th and have a teacher recommendation. Students must submit an Activity Information Form showing their qualifications in the areas of leadership and service. A faculty council then selects the inductees.

Yearbook

School Publications (Yearbook) is a year-long course that is responsible for creating the school's yearbook. Students are responsible for selling ads and yearbooks to offset the cost of yearbook.

Non-Athletic Lettering

Several organizations may offer a non-athletic letter for their activity. Each activity offers objective qualifications and criteria for lettering set by the organization. The additional factors of good school citizenship and a constructive, positive attitude are integral criteria of the lettering process. For lettering requirements, check with individual staff advisors.

Parent/Coach or Sponsor Relationship

Both parenting and coaching/sponsoring are extremely difficult vocations. By establishing an understanding of each position, everyone is better able to accept the actions of the other and provide greater benefit to students. As parents, when your student becomes involved in a program, you have the right to understand what expectations are placed on your student. This begins with clear communication from the coach/sponsor of your student's program. Coaches/sponsors and parents are expected to encourage and praise students in their attempt to improve them as students, athletes, and citizens. Parents can facilitate this by gaining an understanding and appreciation of all aspects of the sport/activity and the -expectations placed on your student.

Communication That Coaches/Sponsors Expect from Parents:

1. Concerns should be expressed directly to the coach/sponsor, but not immediately after a contest. If needed, a meeting with the athletic director or principal can be facilitated.
2. Notification of any schedule conflicts should be shared well in advance.
3. An appointment should be scheduled to discuss any specific concern regarding a coach's/advisor's philosophy and/or expectations if there is ever a question.

Parents and coaches/sponsors should help their students learn that success is achieved in the development of a skill and should make students feel good about themselves, regardless of the outcome of any contest. As your students become involved in the programs in the Calhoun R-VIII schools, they will experience some of the most rewarding moments of their lives. It is important to understand that there also may be times when things do not go the way you or your students wish. If you, as a parent, have a concern, take time to talk with coaches/sponsors in an appropriate manner, including proper time and place, being sure to follow the designated chain of command. At these times, discussion with the coach/sponsor is encouraged.

Communications You Should Expect from Your Student's Coach/Sponsor:

1. Philosophy of the coach/sponsor.
2. Expectations the coach/sponsor has for your son/daughter and for all the students involved in the activity.
3. Location and times of all practices and contests.
4. Team/activity requirements, i.e. fees, special equipment, off-season conditioning/practices.
5. Procedure should your son/daughter be injured during participation.

6. Discipline that results in the denial of your son/daughter's participation.
7. Requirements to earn a school letter for that activity.

Appropriate Concerns to Discuss with Coaches/Sponsors:

1. The treatment of your student mentally and physically.
2. Ways to help your student improve.
3. Concerns about your student's behavior.

Sometimes it is very difficult to accept your child not playing/participating as much as you may hope. Coaches/sponsors are professionals. They make judgment decisions based on what they believe to be best for all students involved. As you have seen from the list above, certain things can be and should be discussed with your child's coach/sponsor. Other things such as those listed next, must be left to the discretion of the coach/sponsor.

Issues Not Appropriate to Discuss with Coaches/Sponsors:

1. Playing/participation time.
2. Team strategy.
3. Play calling.
4. Other student-athletes/participants.

There are situations that may require a conference between the coach/sponsor and the parent. These are encouraged. It is important that both parties involved have a clear understanding of the other's position. Everyone involved is expected to be respectful, to recognize and show appreciation for the other's role, and to reinforce the school's "Code of Conduct" plus the policies and procedures as outlined in this handbook. When these conferences are necessary, the following procedures should be followed to help promote a resolution to the issue of concern.

Meetings with Coaches/Sponsors

If You Have a Concern to Discuss with a Coach/Sponsor, the Following Procedures Should Be Followed:

1. Call to set up an appointment with the coach/sponsor.
2. Please do not attempt to confront a coach/sponsor before, during, or after a contest or practice. These can be emotional times for both the parent and the coach/sponsor. Meetings of this nature usually do not promote resolution.

What Can a Parent Do if the Meeting with the Coach/Sponsor Did Not Provide a Satisfactory Resolution?

1. Call and set up an appointment with the Athletic/Activities Director or Principal to discuss the situation.
2. At this meeting the appropriate next step can be determined.

Notice of Nondiscrimination

The Calhoun R-VIII School District has adopted policies which affirm its compliance with applicable statutes regarding nondiscrimination on the basis of race, color, national origin, ancestry, religion, socioeconomic status, marital status, sex, age or handicapping condition. The institution is therefore in compliance with Title VI of the Civil Rights Act of 1964, Title IX of the Education Amendments of 1972 and Section 504 of the Vocational Rehabilitation Act of 1973.

Any person having inquiries concerning Calhoun R-VIII School District's compliance with regulations implementing the acts listed above are directed to contact the Superintendent of Schools, 409 South College Street, Calhoun, MO 65232, who has been designated to coordinate the institution's efforts to comply with these regulations. Any person may also contact the Assistant Secretary for Civil Rights, U.S. Department of Education regarding compliance activities.

Public Notice

All responsible public agencies are required to locate, evaluate, and identify children with disabilities who are under the jurisdiction of the agency, regardless of the severity of the disability, including children attending private schools, children who live outside the district but are attending a private school within the district, highly mobile children, such as migrant and homeless children, children who are wards of the state, and children who are suspected of having a disability and in need of special education even though they are advancing from grade to grade. The Calhoun R-VIII School District assures that it will provide a free, appropriate public education (FAPE) to all eligible children with disabilities between the ages of 3 and 21 under its jurisdiction. Disabilities include autism, deaf/blindness, emotional disorders, hearing impairment and deafness, mental retardation/intellectual disability, multiple disabilities, orthopedic impairment, other health impairments, specific learning disabilities, speech or language impairment, traumatic brain injury, visual impairment/blindness and young child with a developmental delay.

The Calhoun R-VIII School District assures that it will provide information and referral services necessary to assist the State in the implementation of early intervention services for infants and toddlers eligible for the Missouri First Steps program.

The Calhoun R-VIII School District assures that personally identifiable information collected, used, or maintained by the agency for the purposes of identification, evaluation, placement or provision of FAPE of children with disabilities may be inspected and/or reviewed by their parents/guardians. Parents/guardians may request amendment to the educational record if the parent/guardian believes the record is inaccurate, misleading, or violates the privacy or other rights of their child. Parents have the right to file complaints with the U.S. Department of Education or the Missouri Department of Elementary and Secondary Education concerning alleged failures by the district to meet the requirements of the Family Educational Rights and Privacy Act (FERPA).

The Calhoun R-VIII School District has developed a Local Compliance Plan for the implementation of State Regulations for the Individuals with Disabilities Education Act (IDEA). This plan contains the agency's policies and procedures regarding storage, disclosure to third parties, retention and destruction of personally identifiable information and the agency's assurances that services are provided in compliance with the General Education Provision Act (GEPA). This plan may be reviewed at the Calhoun R-VIII School District Superintendent's Office at 409 South College street, Calhoun, MO 65232 between the hours of 8:00 and 4:00 p.m. Tuesday through Friday. This notice will be provided in native languages as appropriate.

ACTIVITIES

FEES

All activity fees must be paid before a student will be allowed to participate in the activity.

Athletics

The athletic program includes the sports of volleyball, cross country, track and basketball.

<i>Admission Prices, per game</i>	
Preschool Children	Free
Students	\$2.00
Adults	\$4.00
Senior Citizens over 65	Free

Extra-curricular activities are an important part of our school curriculum and they shall operate within the Calhoun R-VIII educational philosophy. We believe that interscholastic activities supplement the curricular program and, as such, they become a vital part of the student's total educational experience. The activities program provides opportunities and emphasizes definitive areas difficult to duplicate in other school activities or in classroom academic situations.

Some organizations fall under academic class guidelines, as well as, activity guidelines and requirements because a class period is given to the organization as well as academic credit. Such classes have academic objectives and independent grading criteria. Students enrolled in these courses may have other required expectations. The individual staff advisors will acquaint the students with the full scope of responsibilities in those classrooms. Students with varied interests will find opportunities for service and recreation in the organizations at Calhoun High School. Students are encouraged to get involved in at least one activity.

Student participation in any of the Eagle extra-curricular programs is a privilege which carries with it responsibilities to the school, to the activity, to the student body, to the community, and to the individual student. This participation will help the student develop physically, mentally, socially, and academically.

The athletic program includes the sports of volleyball, basketball, cross country, track, and cheerleading. At the Calhoun R-VIII School District, we believe in the concept of "participation to win" and that the welfare of the student-athlete is our uppermost concern. Athletics teaches the values of teamwork, the uniting effort to achieve a common goal, personal sacrifice for the common good, optimum physical fitness, pride and graciousness in achievement and sportsmanship, acceptance of defeat without recrimination or loss of motivation, fellowship with others possessing similar goals, and friendship and admiration for opponents.

**Calhoun R-VIII School District
Extra-Curricular Activities Handbook Contract 2022-2023**

Student Name: _____

Grade: _____

I have received and reviewed a copy of the Calhoun R-VIII Extra- and Co-Curricular Activities Handbook. During this review I have had the opportunity to ask questions concerning the information published in the handbook. I understand that:

- Participation in an activity at Calhoun R-VIII School is a **privilege** not a right.
- I may ask my coach/sponsor/advisor, the principal, or activities director questions about the information contained in the activity handbook to gain a better understanding of what is expected.
- Ignorance of the rules in the activity book is not an excuse for failing to follow them.
- The rules in the activity handbook are to be applied in conjunction with the rules outlined in the student handbook.
- The compliance of the rules published in the activity handbook as adopted by the Calhoun R-VIII Board of Education is mandatory.
- I understand and will abide by the rules and regulations established by the Calhoun R-VIII School district.

Student Signature

Date

Parent/Guardian Signature

Date

This form must be filed in the Athletic Director's office before participation in a contest.

Activities Director Signature

Date