**Sumter County Board of Education**

**Wellness Committee Members**

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| Benjamin Brooks  Joeva Thomas | P.E,, Kinterbish JHS  P.E./Health, Sumter Central HS | [bbrooks@sumter.k12.al.us](mailto:bbrooks@sumter.k12.al.us)  [jthomas@sumter.k12.al.us](mailto:jthomas@sumter.k12.al.us) |
| Lojuanda Hill  Heather Shambry | Counselor, Bell-Brown CTC  CNP Director | [lonhill@suter.k12.al.us](mailto:lonhill@suter.k12.al.us)  [hshambry@sumter.k12.al.us](mailto:hshambry@sumter.k12.al.us) |

**How to Join the Wellness Committee**

The Wellness Committee meets at least three times per year to establish goals for and oversee school health and safety policies and programs, including development, implementation and periodic review and update of the district-level wellness policy.

The Wellness Committee will represent all school levels (elementary and secondary schools) and include parents and caregivers; students; representatives of the school nutrition program; physical education teachers; health education teachers; school health professionals and mental health and social services staff; school administrators; school board members; health professionals; and the general public.

To learn more about the Wellness Committee and to inquire about joining, please contact Heather Shambry, Child Nutrition Program Director at the email listed above.