

SELF-ADVOCACY INSTRUCTION



What is it?

Self-advocacy instruction will enable students to make choices and communicate their individual needs, preferences, interests, and strengths related to education, workplace settings, and the community.

What are examples?

Self-advocacy instruction may include disability disclosure, setting goals, decision-making, problem-solving, self-regulation, understanding rights and responsibilities, and peer mentorship.

TRANSITION PLANNING CONNECTIONS

Age-Appropriate Transition Assessment

- What self-determination assessments have been completed?
- What were the results?

Postsecondary Employment Goal

- What are the student's postsecondary goals in the areas of employment, education/training, and independent living, if applicable?

Coordinated Set of Activities

- What self-determination instruction will support the student's postsecondary goals?
- How can vocational rehabilitation support the postsecondary goals?
- Will the student benefit from Pre-ETS?
- Would self-advocacy instruction be a beneficial Pre-ETS service?

Scan the QR code
below to learn more
about Pre-ETS



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I'm Determined

Interactive resources that focus on providing direct instruction, models, and opportunities to practice skills associated with self-determined behavior



Making My Own Choices Guide

An easy-to-follow guide on supported decision-making agreements for self advocates developed by Disability Rights Texas and the Texas Council for Developmental Disabilities



ChoiceMaker Self-Determination Curriculum

Curriculum developed by the Zarrow Center that consists of three strands: choosing goals, expressing goals, and taking action



Disability Disclosure Workbook

Workbook designed to help youth with disabilities learn about disability disclose and when to disclose their disability