

January 2023



Monday	Tuesday	Wednesday	Thursday	Friday
9 Yogurt and Muffin	10 Bagel and Cheese	11 Glazed Breakfast Bar	12 Pancakes	
Stuffed Bread Stick Marinara Sauce	Soft Tacos Beans	Chicken Nuggets Corn	Spaghetti and Meatballs Caesar Salad	
Applesauce Cups Bell Peppers	Romaine Tomatoes	Frozen Berries Cucumbers	Broccoli Melon	
No School	17 Donuts	18 Cereal w/ cheese	19 Pop Tarts	
Martin Luther King Jr. Day	Hamburgers Baked Beans	Pizza Fries	Lasagna Garlic Knots	
16	Spinach Mandarin Orange	Strawberries Romaine	Applesauce Cauliflower	
23 Waffles	24 Banana Bread	25 Sausage Biscuit	26 Breakfast Pizza	
Teriyaki Beef w/ Rice Broccoli	Bean Burrito Salsa	Corn dogs Fries	Orange Chicken Fortune Cookie	
Apple sauce Carrots	Refried Beans Oranges	Celery Apples	Frozen Mango	
30 French Toast	31 Bagel and Cheese		Y	
BBQ Pork Sandwich Baked Beans	Pizza Day			
Frozen Berries Cucumber	Spinach Mandarin oranges		\downarrow	

Breakfast Includes:

Choice of Entrée or Cereal Fruit and or 100% Fruit Juice, White or Chocolate Milk This institution is an equal opportunity provider . Substitutions may be made according to availability.



Lunch Includes:

Choice of Entrée or PB&J with cheese and crackers. Fresh Fruit & Vegetable Bar White or Chocolate Milk