

NOVEMBER 2022

LAGUNA



Your cafeteria is managed by
Canteen of Central New Mexico



BREAKFAST



LUNCH

Monday

Tuesday

Wednesday

Thursday

Friday

HAPPY
THANKSGIVING

PANCAKE WRAP

7

BEAN & CHEESE BURRITO
CELERY STICKS &
CARROT STICKS
PEACHES

YOGURT
GRAHAM CRACKERS

14

CHICKEN PATTIE ON A BUN
CUCUMBERS
FRESH FRUIT

SAUSAGE PATTIE
TORTILLA

21

MAC & CHEESE
GREEN BEANS
FRESH FRUIT
DINNER ROLL

BREAKFAST PIZZA

28

HAM CHEESE SANDWICH
CARROT STICKS
FRUIT CUP
SUN CHIPS

BOILED EGG
TORTILLA

8

HOT DOG ON A BUN
BAKED BEANS
ORANGES

COLD CEREAL
STRING CHEESE

15

CORN DOG
CARROTS
APPLESAUCE
THANKSGIVING MEAL - LES

BISCUITS & GRAVY
FRESH FRUIT

22

FRITO PIE
CORN
MIXED FRUIT
TORTILLA

BAGEL
CREAM CHEESE

29

BEEF TACOS
PINTO BEANS
FRESH FRUIT
TORTILLA

MUFFINS ASSORTED

2

BEEF TACOS
PINTO BEANS
PEACHES
TORTILLA

BAGEL
CREAM CHEESE

9

CHEESEBURGER
FRENCH FRIES
FRUIT CUP

CINNI MINIS

16

PIZZA
BROCCOLI
FRESH FRUIT

23

COLD CEREAL
STRING CHEESE

30

FRENCH TOAST STICKS
SAUSAGE PATTIE
HASH BROWNS
FRUIT CUP

BISCUIT & SAUSAGE
SANDWICH

3

CHICKEN NUGGETS
TATER TOTS
MANDARIN ORANGES
DINNER ROLL

GRANOLA BAR
STRING CHEESE

10

EGG ROLLS
BROCCOLI
BROWN RICE
FRESH FRUIT

OATMEAL
TOAST

17

CORN DOG
CARROTS
APPLESAUCE
THANKSGIVING MEAL - LMS

24

CREAM OF WHEAT
TOAST

4

HAM AND CHEESE WRAP
BROCCOLI
GOLDFISH CRACKERS
APPLES

11

APPLE FRUDEL

18

*SPAGHETTI AND
MEAT SAUCE*
CORN
PEACHES
GARLIC BREADSTICKS

25

Breakfast is served with fresh fruit daily.
All lunch meals are served with a salad bar and your choice
of low-fat milk or white milk. We use whole grain prod-
ucts, which are baked daily.
**DUE TO COVID-19: YOUR SCHOOL MAY NOT HAVE A SALAD BAR
AND MAY HAVE MENU CHANGES DUE TO SHORTAGES**