

2024-2025 North Zulch I.S.D. - School Health Advisory Council (SHAC) Meeting Minutes- 09/18/2024

Mrs. Lucherker took attendance and advised the group that this meeting will be recorded and posted to the website. Meeting started at 1:30 p.m.

Individuals in attendance:

Mrs. Janie Pope, Elementary Principal
Mr. Don May, Assistant Principal
Mrs. Alice Kirk, Parent
Ms. Kori Batten, Counselor/Safety
Mrs. Casey Lucherker, Campus Nurse
Matt Srader, Campus SRO
Mrs. Kelly Weiler, CTE teacher
Cayden Yeager, High School Student
Chloe Gonzales, High School Student
Jasey Fournier Cruz, High School Student
Madelynn Kohl, High School Student
Mrs. Jennifer Beal, Cafeteria Director
Jennifer Chapman, Grimes Co. Food services director

Determine SHAC Officers for 2024-2025

1. A motion was made by Casey Lucherker and seconded by Matt Srader to nominate Robin Afshar as Parent Representatives. There were no objections.
2. A motion was made by Casey Lucherker and seconded by Jennifer Beal to nominate Don May as Administrative Staff Representative. There were no objections.
3. A motion was made by Ms. Janie Pope and seconded by Matt Srader to nominate Kelly Weiler as Staff Representative. There were no objections.
4. A motion was made by Casey Lucherker and seconded by Kori Batten to nominate Alice Kirk as SHAC Parent Co-Chair. There were no objections.
5. A motion was made by Ms. Janie Pope and seconded by Kori Batten to nominate Casey Lucherker as SHAC Staff Co-Chair. There were no objections.
6. A motion was made by Don May and was seconded by Kelly Weiler to nominate Madelynn Kohl as Student Representative. There were no objections.

Introduction – Mrs. Lucherker: Updated on SHAC requirements. Texas Law requires school districts to have a School Health Advisory Council Appointed by the Board which is comprised of 5 members and the majority being parents.

Agenda – Mrs. Lucherker: • Explanation of SHAC's role in the district • 8 components of a Health Program
• Set Goals for the School Year • Future Meeting dates

What is SHAC's role: This is a group of individuals which advise the district on student health and learning. SHAC is required to meet two times a year (NZISD is a District of Innovation) and an annual report must be presented to the school board at the end of the year.

8 Components of the School Health Program: 1) Health Education 2) Physical Education & Activity 3) Health Services 4) Nutrition Services 5) Counseling, Psychological, and Social Services

6) Healthy School Environment 7) Staff Health & Wellness 8) Family & Community Involvement
Meeting minutes from last meeting reviewed

Department Updates:

- Health services- Slight increase in illnesses and seasonal allergies at beginning of year. Decreasing now. NZISD has a medical director for emergency standing orders. August 2 the Board of Nursing (BON) made a decision that school nurses are to only administer medications with a physician's order, whether over the counter or prescription. Notification per nurse, on the website, same form that other Brazos Valley schools are utilizing. Approved for unassigned EpiPens, will have EpiPens available for any student or staff member who has an anaphylactic reaction. Required immunization reports in process of being completed and Snapshot date is in October to submit state required report. All other screens are in the process of being completed and will be submitted in the spring.
- Ms. Batten: TAMU health science center: mental health program for 8th/12th graders and staff training via TAMU AgriLife: YAM "Youth achieving for mental health"-5 week session-45minute sessions provided. Going into classrooms. Red ribbon week safety at end of October. Grades 6-12th related to Drug Awareness with activities and preK-5th grades "Making Excellent Decisions". TX School safety center with new training in November for K-6th grades and then JH/High school. "Say Something Anonymous" reporting system-age appropriate training completed during second period for grades 3-12th and in effect. Notifies administrators when tip received. Staff members completed required training, administrators completed training. The program went live after all staff and student training completed.
- Mrs. Beal- Remodel has not started, to begin at the end of the year. Increase in students. Students have multiple options to choose from for lunch, required to take three items. Variety provided. Been difficult with some age groups to take the required three items. Cafeteria being audited this year. Trying to get creative with communicating to students with posters, etc. Students appear hungrier. More fruit and grab-and-go options available on the share table, students are taking from the share table. Second chance breakfast being utilized.
- Athletics will be implementing a new program in regards to athlete injuries, keeps track of the athlete and injury, nurse and other individuals able to see and monitor students.
- SRO- On 9/12/24 our Lockdown drill was completed-RAVE app and new PA system were utilized. Overall students and staff did very well. This was the first drill of the school year. Students handled very well. Separated students elementary and high school to speak with deputies afterwards. Student perspectives: was nice, some students did get scared in the classrooms. Felt more prepared.
- Mrs. Weiler- NZISD has its first HOSA Chapter, for healthcare workers. Great opportunity for students. Able to apply for grant and students will receive grant and membership covered. Uniform and chapter protocols to be established. Students able to participate in competitions, multiple options available. Will attend fall leadership conference to learn further information and options and categories available for students that are medical related.

- Mrs. Chapman- Board approved wellness policy –NZ wellness policy and wellness assessment tool utilized. Assessment is due this year. Student, employee health and cafeteria, where we are at and what we can do to improve. Every three years this must be reviewed. This is a local policy. Once reviewed and updated, will post to website and receive any feedback from community and continue to encourage the community to attend the SHAC meetings. Since the audit team has not been heard from, most likely will be the spring when the audit occurs. School participates in many activities for students and the communities. Look into the local health fair (Mrs. Weiler will follow-up with information and send to members). Look into Farm to table funding available. We currently utilize the D.O.D. for food funding and resources. Ensure following food fundraising practices and verify no changes need to be made. A sub-committee was developed to review wellness policy assessment tool.

Review of Yearly Goals from previous meeting

-To establish new goals. Sub-committee to be established. Goals will be encouraged to address community collaboration, wellness tool/assessment, PE and activity, and cafeteria and employee wellness.

Next Meeting: Set for Wednesday, February 5, 2025 at 1:30 p.m.

Motion to adjourn meeting- Adjournment at 2:12 pm