

NOVEMBER 2026

Forest Hills Consolidated School

A look into December:

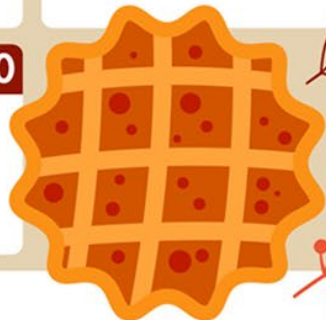
12/4 Progress Reports Sent Home

12/18 Holiday Showcase 12:45 pm

12/23-1/1/27 Holiday Break



Monday	Tuesday	Wednesday	Thursday	Friday
Cereal 2 PreK-4 th : Italian Casserole 5-12 th Lasagna Roll	Cinnamon Roll 3 Chicken Stew Biscuit Cranberry Sauce	Yogurt Parfait 4 Pigs in a Blanket Baked Beans Coleslaw	Waffles 5 Beef Poutine Peas	Cereal 6 Fish Filet Buttered Noodles Mixed Veggies <i>Report Cards Sent Home</i>
Oatmeal 9 Mac & Cheese Hot Dog Broccoli	Pancakes 10 Chicken Tenders Tator Tots Carrots	11 Veterans Day No School	Bagel 12 Hamburger Pretzels Lettuce & Tomato	Cereal 13 Turkey & Gravy Stuffing, Mashed Potatoes Squash, Cranberry Sauce & Pumpkin Dessert
Cereal 16 Tomato Soup Cheese Bread Stick Veggie Sticks	Whole Grain Donut 17 Chicken Burger Potato Wedges Green Beans	Muffin 18 Manicotti Salad Roll	Pancake 19 Sausage Stick Pulled Pork Baked Beans Coleslaw	Cereal 20 Calzone Broccoli
Cereal 23 Fish Sticks Rice Corn	Fruit Bar 24 Hamburger Stroganoff Egg Noodles Peas	25 Thanksgiving Break No School	26 Happy Thanksgiving No School	27 Thanksgiving Break No School
Cereal 30 Chicken Veggie Casserole Roll				



Menu is subject to change based on availability.

Snack Milks & Extra Milks at mealtimes are available to purchase - \$.50 each.

A variety of low-fat milk is served at every meal as well as fruits & vegetables. PBJ or yogurt is offered as an alternative lunch choice. FHCS uses WowButter for peanut butter.

This institution is an equal opportunity provider.