





Welcome to our Lunch Cafe

Oxford Center

All lunches for all students are free

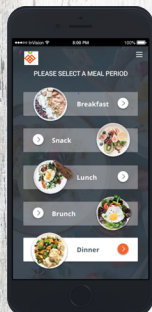
January 2022

The USDA has approved FREE breakfast and lunch for all students attending schools on the NSLP/SBP for the 2021-2022 school year. Meals are approved to be served for in person and virtual learners. Please inquire with your schools district office to see if your school is participating.

Monday	Tuesday	Wednesday	Thursday	Friday
<p>3</p> 	<p>4</p> <p>Chicken Nuggets Whole Wheat Dinner Roll Sweet Corn Diced Peaches Fat Free Chocolate Milk Or 1% Milk</p>	<p>5</p> <p>Pasta with Meat Sauce 🌱🌱 Homemade Garlic Bread Garden Salad Applesauce Fat Free Chocolate Milk Or 1% Milk</p> <p>Alternate Entree: Sunbutter and Jelly Sandwich</p>	<p>6</p> <p>Crispy Chicken Sandwich Oven Baked Fries Chickpea Salad Fresh Orange Fat Free Chocolate Milk Or 1% Milk</p>	<p>7</p> <p>Classic Cheese Pizza 🌱🌱 Baby Carrots Fresh Apple Fat Free Chocolate Milk Or 1% Milk</p>
<p>10</p> <p>Mozzarella Sticks 🌱 Whole Wheat Dinner Roll Garden Salad Fresh Banana Fat Free Chocolate Milk Or 1% Milk</p>	<p>11</p> <p>Baked Chicken Tenders Whole Wheat Dinner Roll Steamed Carrots Fresh Grapes Fat Free Chocolate Milk Or 1% Milk</p> <p>Alternate Entree: Turkey and Cheese Sandwich with Chicken Noodle Soup</p>	<p>12</p> <p>Fluffy Whole Grain Waffles 🌱 Syrup Turkey Sausage Patty Crispy Potato Puffs Fresh Melon Cup Fat Free Chocolate Milk Or 1% Milk</p>	<p>13</p> <p>Beef Hot Dog on Bun Baked Beans Fresh Orange Fat Free Chocolate Milk Or 1% Milk</p>	<p>14</p> <p>Classic Cheese Pizza 🌱🌱 Baby Carrots Diced Pear Cup Fat Free Chocolate Milk Or 1% Milk</p>
<p>17</p> 	<p>18</p> <p>Chicken Nuggets Whole Wheat Dinner Roll Sweet Corn Diced Peaches Fat Free Chocolate Milk Or 1% Milk</p>	<p>19</p> <p>Homemade Mac & Cheese 🌱🌱 Steamed Broccoli Fresh Melon Cup Fat Free Chocolate Milk Or 1% Milk</p> <p>Alternate Entree: Crispy Chicken Wrap</p>	<p>20</p> <p>Cheeseburger 🌱 Oven Baked Fries Chickpea Salad Fresh Apple Fat Free Chocolate Milk Or 1% Milk</p>	<p>21</p> <p>Classic Cheese Pizza 🌱🌱 Cucumber Coins Diced Pear Cup Fat Free Chocolate Milk Or 1% Milk</p>
<p>24</p> <p>Cheesy Stuffed Bread Sticks 🌱 Spaghetti Sauce Garden Salad Fresh Banana Fat Free Chocolate Milk Or 1% Milk</p>	<p>25</p> <p>Baked Chicken Tenders Whole Wheat Dinner Roll Mixed Vegetables Applesauce Fat Free Chocolate Milk 1% Milk</p> <p>Alternate Entree: Tuna Wrap with Vegetable Soup</p>	<p>26</p> <p>Fluffy Whole Grain Waffles 🌱 Syrup Turkey Sausage Patty Crispy Potato Puffs Fresh Grapes Fat Free Chocolate Milk Or 1% Milk</p>	<p>27</p> <p>Nachos Grande 🌱 Mild Salsa Black Beans Fresh Orange Fat Free Chocolate Milk Or 1% Milk</p>	<p>28</p> <p>Classic Cheese Pizza 🌱🌱 Baby Carrots Fresh Apple Fat Free Chocolate Milk Or 1% Milk</p>
<p>31</p> <p>Homemade French Toast 🌱🌱 Syrup Turkey Sausage Patty Crispy Potato Puffs Diced Pear Cup Fat Free Chocolate Milk Or 1% Milk</p> <p>Alternate Entree: Ham and Cheese Sandwich</p>				

HARVEST of the MONTH

Whitsons proudly supports clean, sustainable agriculture! We also focus on using ingredients that are locally sourced, all-natural, organic and non-GMO whenever possible.



Whitsons is Simply Rooted® in food and family, and our menus are nutritious and flavorful. Check out our mobile menu at www.FDMealPlanner.com or download FD MealPlanner free of charge, from the App Store or Google Play, and view your menu on your mobile device anywhere.

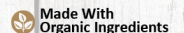
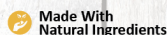
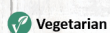


Daily Alternate: Bagel with Cream Cheese, Yogurt, and Cheese Stick

Food Service Director:
Jennifer Syrowsky
203-888-7852
syrowskyj@whitsons.com

LUNCHES FOR ALL STUDENTS ARE FREE FOR THE 2021-2022 SCHOOL YEAR

We are hiring! Work while your children are in school. If you are interested in working in the kitchen please contact Jennifer at 203-888-7852



*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions. Menu is subject to change, notice posted when available. This institution is an equal opportunity provider.