

AUGUST MENU

Lukachukai Community School

Monday	Tuesday	Wednesday	Thursday	Friday
<p>1 Assorted Cereal Butter Toast w/jam, Pears, Apple, Assorted Milk</p> <p>Hot Dog, Mustard, Ketchup, Beans, Carrots, Lite Ranch Dressing, Fruited Jell-O, Assorted Milk</p>	<p>2 Breakfast Burrito, Mild Salsa, Applesauce, Orange, Assorted Milk</p> <p>Pork Pozole, WG Fry Bread, Salad, Lite Ranch Dressing, Mandarin Orange, Assorted Milk</p>	<p>3 Blue Corn Mush, Sausage Patty, Assorted Juice Assorted Milk</p> <p>Frito Chili Pie Diced Peaches Assorted Milk</p>	<p>4 Blueberry Muffin, Scramble Eggs, Diced Peaches, Watermelon, Assorted Milk</p> <p>Braised Beef, Seasonal Brown Rice, Corn, Zucchini Squash, Fruit Mix, Assorted Milk</p>	<p>5 Whole Grain Biscuit, Country Gravy, Assorted Juice, Fresh Banana, Assorted Milk</p> <p>Pizza, Salad, Lite Ranch Dressing, Cantaloupe Assorted Milk</p>
<p>8 Breakfast Taco Milk Salsa, Assorted Juice, Cantaloupe, Assorted Milk</p> <p>Native Taco with Fry Bread, Mild Salsa, Mixed Berries, Assorted Milk</p>	<p>9 Whole Grain Pancakes, Syrup, Applesauce, Fresh Grapes Assorted Milk</p> <p>BBQ Chicken, WG Cornbread, Seasoned Brown Rice,</p>	<p>10 Assorted Cereal, Honey Gram Crackers, Fruit Cocktail, Apple, Assorted Milk</p> <p>Chicken Bowl, Zucchini Squash, Fruit Mix, Assorted Milk</p>	<p>11 Scrambled Eggs w/ Sausage, Toast w/ Jam, Assorted Juice, Apple, Assorted Milk</p> <p>Lamb Stew, Dinner Roll, Steamed Broccoli, Blueberries, Assorted Milk</p>	<p>12 Breakfast Muffin, Assorted Yogurt Diced Peaches, Orange, Assorted Milk</p> <p>Meatball Sub, Salad, Lite Ranch Dressing, Diced Peaches, Assorted Milk</p>
<p>15 NOSCHOOL</p>	<p>16 Assorted Cereal, Buttered Toast w/ Jam, Assorted Juice, Orange, Assorted Milk</p> <p>PB&J Sandwich, Mozzarella String Cheese, California Vegetable, Applesauce, Assorted Milk</p>	<p>17 Western Omelet Quesadilla, Mild Salsa, Diced Pears, Fresh Apple, Assorted Milk</p> <p>Beef Burrito, Salad, Lite Ranch Dressing, Fresh Grapes Assorted Milk</p>	<p>18 WG Bagel, Cream Cheese, Assorted Juice, Orange, Assorted Milk</p> <p>Mandarin Orange Chicken, Brown Rice, Green Beans, Blueberries, Assorted Milk</p>	<p>19 Baked French Toast, Syrup, Applesauce, Fresh Grapes, Assorted Milk</p> <p>Sloppy Joe, French Fries, Baked Beans, Fruit Cocktail, Assorted Milk</p>
<p>22 Cinnamon Crisp w/ Fruit Salad, Assorted Yogurt, Sliced Peaches, Assorted Milk</p> <p>Pizza Salad, Lite Ranch Dressing, Mixed Berries, Assorted Milk</p>	<p>23 Assorted Cereal, Honey Grams Crackers, Assorted Juice, Fresh Grapes, Assorted Milk</p> <p>Green Chili Posole, WG Fry Bread, Steamed Broccoli, Apricot Halves, Assorted Milk</p>	<p>24 Breakfast Burrito, Mild Salsa, Applesauce, Cantaloupe, Assorted Milk</p> <p>Chicken Drumstick, WG Bread, Mashed Potatoes, Gravy, Mixed Vegetable, Applesauce, Assorted Cereal</p>	<p>25 Blueberry Muffin, Assorted Yogurt, Juice, Orange, Assorted Milk</p> <p>Mandarin Orange Chicken, Brown Rice, Green Beans, Carrots, Sliced Peaches, Assorted Milk</p>	<p>26 Brown Rice w/ Raisins, Scramble Eggs, Apple, Assorted Milk</p> <p>Pulled BBQ Turkey, Garlic Toast, Beans, Corn on Cob, Watermelon, Assorted Milk</p>
<p>29 Assorted Cereal, Toast w/Jam, Juice, Diced Pears, Assorted Milk</p> <p>Chicken Nachos, Lettuce & Tomato Garnish, Mild Salsa, Black Beans, Mango, Assorted Milk</p>	<p>30 WG English Muffin, Assorted Jelly, Cheesy Eggs and Potatoes, Applesauce, Grapes, Assorted Milk</p> <p>Sloppy Joe, Steamed Corn, Applesauce, Assorted Milk</p>	<p>31 Oatmeal w/ Brown Sugar, Sausage Pattie, Cinnamon Apple Sauce, Fresh Banana, Assorted Milk</p> <p>Chicken Tomato Bake, WG Garlic Breadstick, Steamed Broccoli, Diced Pears, Assorted Milk</p>	<p>This institution is an equal opportunity provider.</p> <p>Thank You parents & Students for participating in our meal program.</p>	