



Kelliher Public Schools
Independent School District #36
345 4th Street NW, P.O. Box 259
Kelliher, MN 56650
Phone: (218)647-8286
Fax: (218)647-3110

MEETING AGENDA

Date: Wednesday, December 17, 2025 Time: 3:15 AM Location: Media Center

Meeting Purpose: Wellness Committee Meeting

Present: Sherri, Jeff, Kim, Carly, Missy, Alis,

Absent: Justine, Dawn G. Ari, Kevin

Meeting Roles:

Facilitator: Note Taker:

Agenda:

1. Complete the WellSAT Policy assessment -
 - a. [WellSAT website](#)
 - i. [WellSAT Practice Questionnaire](#)
2. Reminder to complete [Health Index Assessment](#) and give to Jeff ASAP
 - a. Jeff has received all of the completed modules, with the exception of Module 1 and 8 - which are the two that he is responsible for 😊

Next Meeting:

Date: TBD Time: TBD Location: TBD

Committee Members:

Jeff Nelson, Superintendent

Sherri Dahl, Principal

Justine Nistler, Food Service

Sara Rygss, PE Teacher

Amy Mastin, Ag/Science Teacher

Alise Skaar, Science Teacher

Courtney Moyer, FACs Teacher

Carly Amsden, Interventionist

Missy Brambrink, Health Office

Calvin Mayers, Facilities/Custodial

Dawn Gelhart, Childcare Center

Kim Olson, Teacher- Reading

Mary Thayer, School Board Rep

Kevin Waldo, School Board Rep

Ari Smischney, Student Rep

TBD, Student Rep