



FRAZIER SCHOOL DISTRICT
Inspire and Empower
MIDDLE SCHOOL
NOVEMBER 2025



Lunch Menu

Frazier participates in CEP
All Student meals are Free
Adult Lunch: \$4.85



Monday	Tuesday	Wednesday	Thursday	Friday
3 Chicken Quesadilla w/ Salsa & Sour Cream Seasoned Carrots Fruit & Vegetable Bar Milk Choice	4 Beef Nachos w/Tostito Chips Apple Churro & Buttered Corn Fruit & Vegetable Bar Milk Choice	5 Chicken Parm Sandwich Golden Potato Smiles Fruit & Vegetable Bar Milk Choice	6 Hot Dog on Bun w/o Cheese Sauce Baked Beans Fruit & Vegetable Bar Milk Choice	7 Creamy Macaroni & Cheese w/ Soft Pretzel Seasoned Peas Fruit & Vegetable Bar Milk Choice
10 Boneless Wings Banana Mini Loaf Crinkle Cut French Fries Fruit & Vegetable Bar Milk Choice	11 	12 Penne Pasta w/Meat Sauce/Garlic Bread Stick/Seasoned Peas Fruit & Vegetable Bar Milk Choice	13 Mini Corn Dogs Golden Tatar Tots Fruit & Vegetable Bar Milk Choice	14 School Made Pizza w/o Pepperoni Seasoned Green Beans Fruit & Vegetable Bar Milk Choice
17 Cheeseburger on Bun w/Pickle Chips Golden Tatar Tots Fruit & Vegetable Bar Milk Choice	18 Holiday Meal All The Fixins' Yummy Dessert Fruit & Vegetable Bar Milk Choice	19 Meatballs w/Marinara Sauce Garlic Bread Stick Seasoned Mixed Vegetables Fruit & Vegetable Bar Milk Choice	20 BBQ Rib on Bun Baked Beans Hashbrown Round Fruit & Vegetable Bar Milk Choice	21 Italian Dunkers w/Marinara Sauce Seasoned Broccoli Fruit & Vegetable Bar Milk Choice
24 Italian Hoagies Potato Chips Seasoned Carrots Fruit & Vegetable Bar Milk Choice	25 Chicken Tenders Goldfish Crackers Potato Smiles Fruit & Vegetable Bar Milk Choice	26	27 	28
				

Daily Alternates may include
Cheeseburger on a Bun
Hamburger on a Bun
Breaded Chicken Patty/Bun
Spicy Chicken Patty/Bun
Chef Salad with Chicken
Croutons & Dinner Roll
Cold Wraps with Chips

Additional Choices of Fresh Fruits and Vegetables offered daily may include:

Apples, Apple Slices, Oranges, Grapes,
Bananas, Seasonal Fruits, Baby Carrots,
Cucumber Slices, Celery Sticks and
Beans

Canned/Frozen Fruits can include:

Applesauce, Mandarin Oranges
Mixed Fruit, Peaches, Pears,
Pineapple Tidbits

Menu Subject to Change

To qualify as a free lunch, students must take 3, 4 or 5 items, Meat/Meat Alternate, Grain/Bread, Vegetable, Fruit, Milk, of which 1 must be a fruit or vegetable. Students taking required meal components receive lunch at no cost, otherwise per regulations, ala carte prices are in effect. Smart Snacks available for purchase, from account or cash

Students are offered low fat and non fat milk choices daily and is included with all meals

The Frazier School District Food Service
Department needs Cafeteria Workers
Applications available at the Administration Office

Food Service Manager
Christie Mansberry
724-736-9507 x431
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