

FEBRUARY 2023

Dawson Springs

Monday



Tuesday



Wednesday

Thursday

Friday

6

Grilled Cheese or Rib Sandwich, Tater Tots, Broccoli, Coleslaw, Tomato Soup, Fruit, or Juice & Milk

7

Chicken Filet Sandwich or Spicy Chicken Sandwich, Baby Bakers, Glazed Carrots, Lettuce/Tomato, Fruit or Juice & Milk

8

Chicken Fried Steak or Meatloaf, Mashed Potatoes, Green Beans, Roll, Fruit or Juice & Milk

9

Hamburger or Cheeseburger, Fries, Pork-n-Beans, Lettuce/Tomato, Fruit or Juice & Milk

10

Pizza or Corndog, Corn, Baby Carrots, Side Salad, Fruit or Sidekick, Cookie & Milk

13

Chicken Nuggets or General TSO's Chicken w/Rice, Tater Tots, Broccoli, Side Salad, Roll, Fruit or Juice & Milk

14

Rotini w/Garlic Bread, or Meatball Sub, Baby Bakers, Corn on the Cob, Side Salad, Fruit or Juice & Milk

15

Chicken Fried Steak or Chicken Drumstick, Mashed Potatoes, Green Beans, Roll, Fruit or Juice & Milk

16

Chicken Fajita or Crispito w/Queso, Fiesta Veggies, Refried Beans, Salsa & Chips, Fruit or Juice & Milk

17

Pizza or Corndog, Corn, Baby Carrots, Side Salad, Fruit or Sidekick, Cookie & Milk

20

Chili, Chili Dog or Hotdog, Baked Potato Coleslaw, Fritos, Fruit or Juice & Milk

21

Lasagna w/Garlic Bread, or Calzone w/Marinara, Corn on the Cob, Broccoli, Side Salad, Fruit or Juice & Milk

22

Chicken Fried Steak or Turkey, Mashed Potatoes, Green Beans, Roll, Fruit or Juice & Milk

23

Tacos or Chicken Quesadilla, Fiesta Veggies, Refried Beans, Salsa & Chips, Fruit or Juice & Milk

24

Pizza or Corndog, Corn, Baby Carrots, Side Salad, Fruit or Sidekick, Cookie & Milk

27

Chicken Tenders w/Roll or Buffalo Chicken Wrap, Broccoli, Tater Tots, Carrots w/Ranch, Fruit or Juice & Milk

28

Chicken Alfredo w/Garlic Bread, or Rib Sandwich, Peas & Carrots, Broccoli, Side Salad, Fruit or Juice & Milk



Daily Breakfast Items: Cereal, Poptarts, Fruit, Juice & Milk

Monday: Sausage & Biscuit or Mini Pancakes
 Tuesday: Breakfast Pizza or Cinnamon Roll
 Wednesday: Egg & Cheese Biscuit or Mini Donuts
 Thursday: Chicken Biscuit or Banana Bread
 Friday: Sausage Pancake on a Stick

Daily Lunch Menu Items Include:

All of these options come with Vegetable, Fruit & Milk

Ham & Cheese Croissant Sandwich w/ Chips
 Yogurt or Beef Sticks, String Cheese Stick, Muffin & Cheez-its
 Ham or Turkey & Cheese Wrap w/Chips
 Pizza Lunchable
 Chef Salad w/Roll

This Institution is an equal opportunity provider
 Menu is subject to change without notice