

BREAKFAST

-2024-

APRIL

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



<p>1 French Toast Sticks Syrup Sausage Patty Assorted Juice Blueberries Assorted Milk</p>	<p>2 Breakfast Burrito Mild Salsa Fresh Apple Orange Smiles Assorted Milk</p>	<p>3 Blue Corn Mush Hard Boiled Egg Assorted Juice Fresh Grapes Assorted Milk</p>	<p>4 Whole Grain Toast Assorted Jelly Scrambled Eggs Diced Peaches Watermelon Assorted Milk</p>	<p>5 Pumpkin Chocolate Chip Muffin Strawberry Yogurt Applesauce Orange Smiles Assorted Milk</p>
<p>8 Breakfast Burrito Mild Salsa Assorted Juice Fruit Cocktail Assorted Milk</p>	<p>9 Whole Grain Pancakes Syrup Cinnamon Apple Slices Fresh Grapes Assorted Milk</p>	<p>10 Fruit & Yogurt Parfait Honey Graham Crackers Cantaloupe Assorted Milk</p>	<p>11 Cinnamon Rolls Hard Boiled Egg Tater Tots Fresh Apple Assorted Milk</p>	<p>12 Blueberry Muffin Squares Assorted Yogurt Assorted Juice Orange Smiles Assorted Milk</p>
<p>15 Egg & Sausage Sandwich Pineapple Tidbits Mixed Berries Assorted Milk</p>	<p>16 Cream of Wheat Whole Grain Toast Assorted Jelly Assorted Juice Fresh Grapes Assorted Milk</p>	<p>17 Western Omelet Quesadilla Mild Salsa Diced Peaches Fresh Apple Assorted Milk</p>	<p>18 Blueberry Muffin Assorted Yogurt Assorted Juice Cantaloupe Assorted Milk</p>	<p>19 Baked French Toast Syrup Applesauce Strawberries Assorted Milk</p>
<p>22 Cinnamon Crisp w/ Fruit Salad Assorted Yogurt Sliced Peaches Assorted Milk</p>	<p>23 Blue Corn Mush Sausage Patty Assorted Juice Fresh Grapes Assorted Milk</p>	<p>24 Breakfast Burrito Mild Salsa Mandarin Oranges Watermelon Assorted Milk</p>	<p>25 Toasted English Muffin Hash Brown Casserole Assorted Juice Blueberries Assorted Milk</p>	<p>26 Brown Rice w/ Raisins Scrambled Eggs Fresh Apple Assorted Milk</p>
<p>29 Cream of Wheat Whole Grain Toast Assorted Jelly Assorted Juice Raisins Assorted Milk</p>	<p>30 Turkey Ham, Egg & Cheese Sandwich Diced Peaches Fresh Grapes Assorted Milk</p>	<p>MOENCOPI DAY SCHOOL</p>		

Nutrition Tip: Make Fruit More Appealing. Make a fruit smoothie by blending fat-free or low-fat milk or yogurt with fresh or frozen fruit. Try bananas, peaches, strawberries, or other berries.

Reference: North American Food



Adult Breakfast \$2.75

Sides \$1.50

Milk \$0.50

This Institution is an equal opportunity.

****MAY SUBJECT TO CHANGE****