



Adult Breakfast \$2.50 Sides \$1.00 Milk \$0.50
This Institution is an equal opportunity.
****MAY SUBJECT TO CHANGE****



Nutrition Tip: Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts.
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MONDAY



Blue Corn Mush **5**
 Scrambled Eggs w/ Sausage
 Sliced Peaches
 Mixed Berries
 Milk

TUESDAY



Egg & Sausage Sandwich **6**
 Assorted Juice
 Fresh Banana
 Milk

WEDNESDAY



WG Bagel **7**
 Cream Cheese
 Fruit Cocktail
 Watermelon
 Milk

THURSDAY

Assorted Cold Cereal **1**
 Honey Graham Cracker
 Assorted Juice
 Watermelon
 Milk

Pancake on Stick **2**
 Pancake Syrup
 Pineapple Tidbits
 Orange Smiles
 Milk

FRIDAY

Cream of Wheat **8**
 Honey Graham Cracker
 Assorted Juice
 Fresh Grapes
 Milk

Banana Muffin **9**
 Scrambled Eggs
 Diced Peaches
 Orange Smiles
 Milk

Assorted Cold Cereal **12**
 Buttered Toast w/ Jam
 Diced Peaches
 Fresh Apples
 Milk

National Cocoa Day **13**
 Breakfast Burrito
 Mild Salsa
 Applesauce
 Orange Smiles
 Milk

Blue Corn Mush **14**
 Sausage Patty
 Assorted Juice
 Fresh Grapes
 Milk

Blueberry Muffin **15**
 Scrambled Eggs
 Pineapple Tidbits
 Watermelon
 Milk

WG Biscuits] **16**
 Country Gravy
 Assorted Juice
 Fresh Banana
 Milk

