

JANUARY 2024

Henry L. Slater Elementary Menu

BREAKFAST IS COMPLEMENTARY TO ALL STUDENTS (after morning bell)

Lunch – \$3.50 paid SY23-2024 & 0¢-reduced Extra Milk – 45¢ Juice is .45¢

Lunch includes: Entrée with Salad bar options, fruit, vegetable, breads grains, Oregon Milk (Nonfat - 1%)

Menu is subject to change. Some items may contain nuts.

Food allergies need to be documented by a licensed doctor and a faxed or written copy sent to the kitchen & office when student is participating in the breakfast or lunch programs.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
	2 Breakfast WG Pop Tart, String Cheese, Peaches, Dried Fruit & Milk Lunch Hamburger Hot Dog French Fries w/ Fruit, Veggies, Milk	3 Breakfast Banana Bread Applesauce, Dried fruit & Milk Lunch Turkey w/ Gravy & Mashed Potato w/ Roll Soft Pretzel w/ cheese Fruit, veggies, Milk	4 Breakfast String Cheese, Cracker Banana and Milk Lunch Chicken Burger Corn dog Baked Beans Fruit, veggies, Milk
8 Breakfast Chocolate Oat Bar Fruit Cup & Dried Fruit, Milk Lunch Homemade Chicken Noodle Soup w/ Roll & Cheese Stick Toasted Cheese Sand Fruit, veggies, Milk	9 Breakfast Muffin w/ Cracker Applesauce & Dried Fruit , Milk Lunch Quesadilla Chicken Philly Sand Seasoned Rice Fruit, veggies, Milk	10 Breakfast Warm Waffle Apple & Milk Lunch Orange Chicken w/ Veggie Fried Rice & Egg Roll Frito Chili Dogs Fruit, Veggies, Milk	11 Breakfast Cereal w/ Cracker Banana & Milk Lunch Pizza Stix w/ Marinara Meat Salad w/ Roll Fruit, veggies, Milk
15 NO SCHOOL MARTIN LUTHER KING JR DAY	16 Breakfast Yogurt w/ Granola Dried Fruit w/ Cut Apples & Milk Lunch Nacho w/ Beans & Cheese Homemade Chicken & Bean Burrito Fruit, Veggie, Milk	17 Breakfast Cinnamon Roll Applesauce & Dried Fruit, Milk Lunch Homemade Meat Lasagna w/ TX Toast or Corn Dog Green Beans Fruit, veggies, Milk	18 Breakfast Cereal , Cracker Dried Fruit & Milk Lunch Turkey & Cheese Wrap Frito Chili Dog French Fries Fruit, Veggie, Milk
22 Breakfast Apple Strudel Apple Juice, Milk Lunch Potato & Ham Soup W/ Roll Hamburger Fruit, Veggie, Milk	23 Breakfast Hot Biscuit w/ Jelly Applesauce, dried fruit Milk Lunch Soft Chicken Taco Bean & Cheese Burrito Corn, Fruit, veggies, Milk	24 Breakfast Pancake on a Stix Fruit & Milk Lunch Mac N' Cheese w/ Roll PB & Jelly Sand w/ Cheese Stix Fruit, veggies, Milk	25 Breakfast Cereal Bar, sun Seeds Fruit and Milk Lunch BBQ Pork Rib Sand Meat Salad & Roll Fruit , Veggies, Milk
29 Breakfast Berry French Toast Apple Juice, Milk Lunch Alfredo & Noodles w/ Tx Toast Chicken Nuggets Scalloped potatoes Fruit, veggies, Milk	30 Breakfast Nutri- Grain Bar w/ Cracker Peaches, Milk Lunch Italian Meatball Sub Yogurt & Granola Pack Fruit, veggies, Milk	31 Breakfast Muffin w/ Cracker Lg. Apple & Milk Lunch Baked Potato w/ Chili & Cheese Sweat & Sour Chicken w/ Noodles & Veggies Fruit, Veggie, Milk	

This institution is an equal opportunity provider.

