

# Covington County Schools

# K-12 BREAKFAST MENU---OCTOBER 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 SAUSAGE BISCUIT Yogurt Fresh Fruit Grape Jelly Juice Milk	3 BAGEL W/STRAWBERRY CREAM CHEESE CUP Variety Cereal Fresh Fruit Juice Milk	4 BLUEBERRY MUFFIN Variety Cereal Fresh Fruit String Cheese Juice Milk	5 PANCAKE-SAUSAGE BITES Strawberry Pastry Fresh Fruit Juice Milk	6 EGG & CHEESE BREAKFAST SANDWICH Yogurt Fresh Fruit Juice Milk
9 <b>FALL HOLIDAY NO SCHOOL</b>	10 SAUSAGE & CHEESE BAGEL Yogurt Fresh Fruit Juice Milk	11 CHOCOLATE CHIP FRENCH TOAST Variety Cereal Fresh Fruit Juice Milk	12 CHICKEN BISCUIT Yogurt Fresh Fruit Grape Jelly Juice Milk	13 MINI BERRY WAFFLES Variety Cereal Fresh Fruit Juice Milk
16 CROISSANT W/STRAWBERRY CREAM CHEESE CUP Variety Cereal Fresh Fruit Juice Milk	17 CHEESE TOAST Cheese Grits Fresh Fruit Juice Milk	18 <b>VIRTUAL LEARNING DAY</b>	19 SAUSAGE BISCUIT Yogurt Fresh Fruit Grape Jelly Juice Milk	20 COLBY CHEESE OMELET Cereal Bar Fresh Fruit Juice Milk
23 MINI MAPLE WAFFLES Variety Cereal Fresh Fruit Juice Milk	24 BREAKFAST PIZZA Yogurt Fresh Fruit Juice Milk	25 WARM CINNAMON TOAST BAR Variety Cereal Fresh Fruit Juice Milk	26 MINI FRENCH TOAST Yogurt Fresh Fruit Juice Milk	27 BANANA MUFFIN Variety Cereal Fresh Fruit Juice Milk
30 CINNI MINIS Variety Cereal Fresh Fruit Juice Milk	31 BREAKFAST BURRITO Yogurt Fresh Fruit Juice Milk			<b>A variety of condiments and milk are offered daily.</b>

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