



WADENA-DEER CREEK 5-12TH GRADES

SEPTEMBER BREAKFAST AND LUNCH MENU


Students eat **FREE!**

Breakfast is served 7:30am-8:15 am Adult breakfast: \$2.40 Lunch is served 10:45am-1:15 pm Adult Lunch: \$5.00

Yogurt Parfait and fresh fruit offered daily at breakfast

Fresh broccoli, carrots, romaine lettuce and tomato offered in addition to the menu offered daily.

1%, and fat free milk choices offered daily. Lactose free milk is available with written request from parents

Monday	Tuesday	Wednesday	Thursday	Friday
 <p>8 Breakfast croissant sandwich, fruit, milk Corn dog or Philly Roast Beef, Fruit, vegetable</p> <p>15 Breakfast pizza, fruit, milk Cheeseburger or hamburger /bun Fruit, vegetable</p> <p>22 Sausage pancake on stick, syrup, fruit, milk Hot Ham and cheese on pretzel bun or Meatball sub, Fruit, vegetable</p> <p>29 Breakfast croissant sandwich, fruit, milk Hot dog/bun, ketchup, mustard or BBQ Rib/bun, BBQ sauce, Fruit, vegetable</p>	<p>2 Egg patty, English muffin, fruit, milk Sloppy Joe/Bun or Roasted chicken wings & biscuit, dipping sauce, Fruit, vegetable</p> <p>9 Pancakes, syrup, fruit, milk Bosco sticks or Pizza crunchers, Fruit, vegetable</p> <p>16 Egg patty, English muffin, fruit, milk Tator tot hot dish & breadstick or Pulled pork/bun, Fruit, vegetable</p> <p>23 Pancakes, syrup fruit, milk Chicken drumstick, biscuit & honey or Brat/bun, Fruit, vegetable</p> <p>30 Pancakes, syrup, fruit, milk Walking taco, taco sauce, Fruit, vegetable</p>	<p>3 Early risers hashbrown, toast, fruit, milk Sweet & sour or Teriyaki chicken & Rice, Fruit, vegetable</p> <p>10 Waffle sandwich, fruit, milk Popcorn chicken or popcorn shrimp, Dinner roll, Fruit, vegetable</p> <p>17 Waffles, syrup, fruit, milk Cheese or taco quesadilla, Fruit, vegetable</p> <p>24 Waffle sandwich, fruit, milk Chicken or hamburger in gravy, dinner roll, Fruit, vegetable</p> <p>Oct 1 Waffle sandwich, fruit, milk Orange or Gen Tso chicken & rice, Fruit, vegetable</p>	<p>4 Waffles, syrup, fruit, milk Salisbury steak or breaded pork steak, Dinner roll, Fruit, vegetable</p> <p>11 French toast sticks, syrup, fruit, milk Spaghetti with meat sauce or Chicken al Fredo pasta, Garlic toast, Fruit, vegetable</p> <p>18 Early risers hashbrown, toast, fruit, milk Chicken or turkey in gravy, dinner roll, Fruit, vegetable</p> <p>25 French toast sticks, fruit, milk Breaded chicken tenders or Spicy Breaded chicken tenders, dipping sauce, Fruit, vegetable</p> <p>2 French toast sticks, syrup, fruit, milk Chicken nuggets or mini corn dogs, Dinner roll, Fruit, vegetable</p>	<p>5 Scrambled eggs, toast, butter, fruit, milk Italian cheese dunkers, Fruit, vegetable</p> <p>12 Cheese omelet, toast, jelly, fruit, milk Pizza choices, Fruit, vegetable</p> <p>19 Scrambled eggs, toast, butter, fruit, milk Italian cheese dunkers, Fruit, vegetable</p> <p>26 Egg patty, English muffin, fruit, milk Pizza choices, Fruit, vegetable</p> <p>3 Cheese omelet, toast, jelly, fruit, milk Pizza choices, Fruit, vegetable</p>

Menu is subject to change due to availability of items **Questions? Comments? Call or email Sue Motzko Food Service Director 218-632-2396; smotzko@wdc2155.k12.mn.us**

ALA CARTE PRICES SY 2025-26

ENTRÉE \$3.50

COLD SANDWICH/WRAP \$3.50

COOKIES/BARS(variety) \$1.50

CHIPS/POPCORN (variety) \$1.00

ICE CREAM SANDWICH \$1.25 5-

12 only

MILK \$0.50

WATER 10 OZ \$0.50

WATER 16.9 OZ \$0.75

WATER 20 OZ \$1.00

SPARKLING ICE \$1.25 9-12 ONLY

PROPEL \$1.25 9-12 ONLY

JONNY POPS \$1.00 5-12 only

GATORADE \$2.00 9-12 ONLY

PACKAGED FRUIT/VEGETABLE \$0.75

SMOOTHIE \$2.00 5-12 only

FUDGE BAR \$1.25 5-12 only
\$1.00

YOGURT PARFAIT \$5.00 5-12 only

V8 ENERGY DRINK \$1.75 9-12 ONLY

FRESH FRUIT ½ CUP SERVING \$0.75

COOKED VEGETABLES ½ cup svg

YOU MUST HAVE MONEY IN YOUR ACCOUNT OR PAY CASH FOR ANY PURCHASES. Please check with cashier before making any purchases

This institution is an equal opportunity provider