

## Local Wellness Policy Committee Meeting – 09/07/2021

### **Agenda**

- Review Wellness Policy
  - Additions
  - Removals
  - Anticipated Board Approval for policy 09/16/2021
- Health Fair 21-22 yR
  - Confirm dates
  - Promote Committee Invitations

### **Attendees:**

- Mariah DeJolie - HR
- Robert Buchanan - Chartwells
- Stacey Zinnecker- LVP
- Rachel West – DV
- Cyndel Seamster – MS / Parent
- Brian Barg – Coconino County

### **Notes:**

- Reviewed current Wellness Policy and make additions from Coconino County suggestions to improve WELLSAT 3.0 SCOREBOARD RECOMMENDATIONS provided by Mr. Barg
- Confirmed to set Health Fair at Lake View Gym on February 3, 2022 and discuss the type of entertainment/vendors to provide for community, students, and parents.
- Discuss if training for Physical Education Teachers to attend conventions
- Research the number of minutes our MS and HS students exercise per day or per semester
- Introduce healthy smoothie options for students