

BACK TO SCHOOL

Menus for August 2022

Fannin County Middle School

$E=mc^2$ $F=ma$ $S=\pi R^2$

This institution is an equal opportunity provider.
Menus are subject to change.



We're SO GLAD to see you again! It's going to be a GREAT YEAR!

available daily

The "Rebel Power Pack" includes yogurt, string/cheddar cheese, saltine crackers, and whole grain Gold Fish or Elf Graham crackers.

Students may add fruit, vegetable, & milk to complete the meal.

A choice of milk is available each day. The choices include non-fat unflavored, vanilla, and chocolate and 1% unflavored.

Si es necesario que esta información sea traducida en su idioma, por favor de comunicarse con la escuela de su hijo.

Featured Specials of the Day

Monday, August 1

BBQ Pork Sandwich, Beef Hotdog, Turkey & Cheese Wrap,
Tater Tots, Baked Beans, Cole Slaw, Pickles, Apple Juice, Strawberry Cup

Tuesday, August 2

Popcorn Chicken w/Roll, Retro Pepperoni Pizza,
Turkey & Cheese Sandwich, Creamed Potatoes, Gravy, Broccoli,
Side Salad, Fruit Punch Juice, Fresh Apple Slices

Wednesday, August 3

Orange Chicken Rice Bowl, Rotini w/Beef Sauce & Garlic Toast,
Asian Chicken Salad, Green Beans, Carrots, Side Salad,
Orange Juice, Banana

Thursday, August 4

Chili w/Saltines, Boom-Boom Chicken Sub, Turkey & Cheese
Sandwich, Baked Potato, Side Salad, Celery Sticks,
Cheese Cup, Apple Juice, Fresh Strawberries

Friday, August 5

Cheese Pizza, Cheeseburger,
Turkey & Cheese Sandwich, Corn, Baby Carrots, Side Salad,
Grape Juice, Sliced Pears

BACK TO THE FUTURE

Like that great old movie, that's where our School Meals program is headed this year: back to pre-pandemic days. So we'll again be asking families that may qualify for free meals to please apply, while other students will resume paying for meals.

We're glad that, in the year ahead (the future!), we will again be able to focus primarily on what has always been our core mission: providing the good nutrition that your kids need to learn well in class.

We also know that the challenges of our pandemic-era operations – shortages, supply chain issues, rising costs for food, material, staff, energy, etc. – are not going away. Your family faces those challenges, too, so you know what we're saying. And like your family, we're going to face those challenges head on and do what we have to do for kids. We have always emphasized quality, service, convenience, and healthfulness, and that won't change one bit moving forward.

But first, we encourage you to apply for free meals by scanning the QR code to the right. Please don't hesitate to contact us with questions by email at mwilliams@fannin.k12.ga.us 706-258-2619.



School Meals
We serve education every day™



Featured Specials of the Day

Monday, August 8

Beef & Cheese Nachos, Grilled Chicken Sandwich,
Ham & Cheese Sandwich, Refried Beans, Corn,
Lettuce & Diced Tomatoes, Apple Juice, Peach Cup

Tuesday, August 9

Chicken Nuggets w/Roll, Meatball Sub, Ham & Cheese Sandwich,
Creamed Potatoes, Gravy, Broccoli, Pinto Beans,
Fruit Punch, Blueberries w. Whipped Topping

Wednesday, August 10

Chicken Filet Sandwich, Retro Sausage Pizza, Asian Chicken Salad,
Seasoned Potato Wedges, Lettuce & Tomato Tray,
Pickles, Fresh Red & Green Pepper Strips,
Orange Juice, Banana

Thursday, August 11

Hamburger, Mini Corn Dogs, Ham & Cheese Sandwich,
Baked Sweet Potato, Green Beans, Side Salad,
Apple Juice, Watermelon

Friday, August 12

Stuffed Crust Pepperoni Pizza, Fish Sticks w/Macaroni & Cheese,
Southwestern Chicken Salad, Corn, Baby Carrots, Side Salad,
Grape Juice, Applesauce

Monday, August 15

Chicken Fajita Nachos, Corndog, Turkey & Cheese Wrap,
Refried Beans, Corn, Lettuce & Diced Tomato,
Apple Juice, Strawberry Cup

Tuesday, August 16

Popcorn Chicken w/Roll, Retro Cheese Pizza,
Turkey & Cheese Sandwich, Creamed Potatoes, Gravy, Broccoli,
Side Salad, Fruit Punch Juice, Fresh Apple Slices

Wednesday, August 17

BBQ Pork Sandwich, Beef Hotdog, Asian Chicken Salad,
Tater Tots, Baked Beans, Cole Slaw, Pickles,
Orange Juice, Banana

Thursday, August 18

Cheese Pizza, Chicken Filet Sandwich,
Turkey & Cheese Sandwich,
Potato Smiles, Green Beans, Side Salad, Pickles,
Apple Juice, Seasonal Fresh Fruit

Friday, August 19

Beef Taco w/ Cheese Cup, Cheeseburger, Southwestern Chicken Salad,
Corn, Baby Carrots, Side Salad,
Grape Juice, Peaches

PORTRAITS OF SPECTACULAR Athletes

JOHNNY UNITAS



Most NFL quarterback records set in the 50's, 60's, and 70's have long ago been broken. But one stood much longer. From 1956 to 1960, Johnny Unitas of the Baltimore Colts threw a touchdown pass in 47 straight games. No quarterback surpassed Unitas's record for half a century!

NOW SERVING: Protein, Calcium . . . and FIBER?!

Flavored fat-free milk provides the same great calcium and protein as white milk – and chocolate milk even contains fiber! Eight ounces of flavored fat-free milk includes 14 g or less of added sugar – that's about 60 calories – in addition to about 12 g of naturally occurring lactose sugar that comes straight from the cow.



No wonder national health groups ranging from the American Academy of Pediatrics to the American Dietetic Association all support low-fat and fat-free milk in schools, including flavored milk. Milk in schools is a crucial source of calcium and other key nutrients for teens -- and a fairly minimal source of sugar and calories.

Featured Specials of the Day

Monday, August 22

Chicken Alfredo w/Breadstick, Hamburger,
Ham & Cheese Wrap,
Peas, Baked Sweet Potato, Side Salad, Pickles,
Apple Juice, Mixed Berry or Peach Cup

Tuesday, August 23

Chicken Nuggets w/ Roll, Retro Sausage Pizza,
Ham & Cheese Sandwich,
Creamed Potatoes, Gravy, Broccoli, Pinto Beans,
Fruit Punch Juice, Blueberries w/ Whipped Topping

Wednesday, August 24

Spaghetti w/Beef Sauce, Beef Burrito,
Asian Chicken Salad,
Green Beans, Side Salad, Sliced Cucumbers,
Orange Juice, Banana

Thursday, August 25

Chicken Filet Sandwich, Beef Hot Dog,
Ham & Cheese Sandwich,
Tater Tots, Baked Beans, Cole Slaw, Apple Juice, Seasonal Fresh Fruit

Friday, August 26

Cheese Pizza, Hamburger, Southwestern Chicken Salad
Corn, Baby Carrots, Side Salad, Grape Juice, Applesauce

Monday, August 29

BBQ Pork Sandwich, Beef Hotdog, Turkey & Cheese Wrap,
Tater Tots, Baked Beans, Cole Slaw, Pickles, Apple Juice, Strawberry Cup

Tuesday, August 30

Popcorn Chicken w/Roll, Retro Pepperoni Pizza,
Turkey & Cheese Sandwich, Creamed Potatoes, Gravy, Broccoli,
Side Salad, Fruit Punch Juice, Fresh Apple Slices

Wednesday, August 31

Orange Chicken Rice Bowl, Rotini w/Beef Sauce & Garlic Toast,
Asian Chicken Salad, Green Beans, Carrots, Side Salad,
Orange Juice, Banana

Make the healthy, economical choice!

Breakfast

Lunch

FREE \$2.60

Get in touch with us today to learn more about free and reduced-price meals in our district:
706-258-2619 or mwilliams@fannin.k12.ga.us