# Amite County High School

September 2021 Lunch Menu

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| Monday | Tuesday | Wednesday | Thursday | Friday |
|  |  | Sep - 1  Honey BBQ Chicken Bites  French Fries  Green Beans  Roll  Chilled Fruit  Assorted Fruit Juices 7-12  Milk  Ketchup 2 | Sep - 2  Sliced Turkey  Rice / Gravy  Cornbread  Cabbage  Sliced Carrots  Chilled Fruit  Fruit Juices  Milk | Sep - 3  Soft Beef Taco  Mexicali Corn  Chips Salsa  Cucumber Slices / dressing  Sugar Cookie  Chilled Fruit  Fruit Juices  Milk  Sour Cream1 Taco Sauce1 |
| Sep – 6  School Holiday | Sep - 7  Corn Dog  Sweet Potato Fries  Mixed Vegetables  Chilled Fruit  Fruit Juices 7-12  Milk  Ketchup 2  Mustard 1 | Sep - 8  Chicken Tenders  Spicy Fries  Lima Beans  Roll  Chilled Fruit  Fruit Juices  Milk  Ketchup 4  Variety of Dipping Sauce 1 | Sep - 9  Spaghetti & Meat Sauce  Garlic Toast  Cheesy Broccoli  Fruit Crisp 9-12  Assorted Fruit Juices 7-12  Milk | Sep - 10  Crispy Beef Taco  Whole Kernel Corn  Chips  Salsa and Guacamole  Chilled Fruit  Fruit Juices  Milk  Sour Cream 1  Taco Sauce 1 |
| Sep - 13  Pepperoni Pizza  Tater Tots  California Veggies  Sugar Cookie  Chilled Fruit  Fruit Juices  Milk  Ketchup 2 | Sep - 14  Glazed BBQ Meatballs  Potato Wedges  Confetti Coleslaw  Roll  OR  Grilled Chicken Salad  Pudding 7-12  Chilled Fruit  Fruit Juices 7-12  Milk Ketchup 2 | Sep - 15  Buffalo Hot Wings  Macaroni and Cheese  Cornbread  Cabbage  Steamed Carrots  Chilled Fruit  Fruit Juices 7-12  Milk | Sep - 16  Mandarin Chicken  Stir Fried Rice  Roll  Black-Eyed Peas  Sliced Carrots  Chilled Fruit  Fruit Juices  Milk | Sep - 17  Chicken Fajitas Tossed Salad  chips Salsa  Jello with Topping  Chilled Fruit  Fruit Juices  Milk  Sour Cream 1  Taco Sauce 1 |
| Sep - 20  Mexican Pizza  Tater Tots  California Veggies  Chocolate Chip Cookie  Chilled Fruit  Fruit Juices  Milk  Ketchup 2 | Sep - 21  Chicken and Waffle  Fries  Black-Eyed Peas  OR  Chef Salad  Chilled Fruit  Fruit Juices 7-12  Milk Ketchup 2  Variety of Dipping Sauce 1 | Sep - 22  Scrambled Eggs  Sausage Patty  Grits  Hashbrowns  Pancake / syrup  Vegetable Juice  Chilled Fruit  Fruit Juices  Milk  Ketchup 1 | Sep - 23  Beef Tips over Noodles  Roll  Green Beans  Glazed Carrots  Chilled Fruit  Fruit Juices 7-12  Milk | Sep - 24  Beefy Nachos Grande  Whole Kernel Corn  Cheesy Broccoli  Salsa  Chilled Fruit  Fruit Juices  Milk  Sour Cream 1  Taco Sauce 1 |
| Sep - 27  Stuffed Crust Pizza  Tater Tots  California Veggies  Sugar Cookie  Chilled Fruit  Fruit Juices  Milk  Ketchup 2 | Sep - 28  Chicken Sandwich  Spicy Fries  Baby Carrots / Dressing  OR  Tuna Salad Salad  Chilled Fruit  Fruit Juices 7-12  Milk Ketchup 3 Mayonnaise 1 Mustard 1 | Sep - 29  Hamburger Steak  Mashed Potatoes/ Gravy  Roll  Spinach Salad  Chilled Fruit  Fruit Juices  Milk | Sep - 30  Cheeseburger  Fries  Baked Beans  Baby Carrots 9-12  Chilled Fruit  Fruit Juices  Milk  Ketchup 3 Mayonnaise 1  Mustard 1 |  |
| Milk served daily: fat-free Chocolate and low-fat White Milk  Menu subject to change due to unforeseen circumstances  This institution is an Equal Opportunity Provider | | | | |