

Pike Road Schools Mental Wellness Multi-Tiered Systems of Supports



**PIKE ROAD
SCHOOLS**

PRS MENTAL HEALTH PLAN

Pike Road Schools (PRS) will implement a Multi-Tiered System of Support for the PRS Mental Health Plan. This system of support identifies interventions, supports, and strategies that can be implemented in each tier. For each tier, there is an evaluation of implementation that assists in determining the need to transition from one tier to the next.

PRS Multi-Tiered System of Supports:

Tier I:

Tier I interventions foster social, emotional, and behavioral skills for all students. These interventions are implemented school-wide.

Tier II:

Tier II interventions are more specific to needs of identified students. It is targeted to meet the needs of students through small-group interventions.

Tier III:

Tier III interventions focus on individualized needs and support for identified students.

TIER III

- Referrals to School Based Mental Health Professional (SBMH)
- Pull out sessions
- Alternative Learning Opportunities
- Community Partnerships
- Crisis Response Team

TIER II

- Early Warning System Process
- Small group instruction
- Behavior contracts
- Report Card conferencing
- Safety plans
- Community resources
- Behavior assessments
- Ripple Effects
- Offer Mental Health Check-ins for students
- Implementation of P.A.T.H. & Peer Helper Program
- Suicide Assessment & Referral Process
- Threat Assessments

TIER I

- Identify and implement classroom management strategies
- Monitor student attendance
- Student Early Warning System
- Develop a positive school climate that focuses on student engagement, safety, and positive classroom environments
- Classroom instruction
- School-wide campaigns
- Develop and implement school-wide expectations for positive behavior
- School events and assemblies
- Assess teacher and staff well-being
- Implement classroom and school-based strategies to promote healthy relationships and promote student community and connectedness
- Increase mental health literacy
- Utilize the restorative circle strategy for conflict resolution and problem-solving