

Sumter County Middle School
January Breakfast Menu SY26

January 5th-9th

Breakfast #1			Cereal Choice	Donut Sticks	Fresh Fruit & Yogurt Parfait
Breakfast #2			Eggs and Grits	Sausage Biscuit	Chocolate Muffin
100% Juice Slush				Frazil Day	

January 12th-16th

Breakfast #1	Fresh Fruit & Yogurt Parfait	Blueberry Muffin	Chicken Biscuit	Pancake Pup w/ Hashbrown	Cereal Choice
Breakfast #2	Sausage Biscuit	Pancake Pup	Cereal Choice	Yogurt Pop Tart	Banana Muffin
100% Juice Slush		Frazil Day		Frazil Day	

January 19th-24th

Breakfast #1	NO SCHOOL	Apple Muffin	Cereal Choice	Grit Bowl w/ Bacon	Cinnamon WG Biscuit Iced
Breakfast #2		Grit Bowl w/ Sausage	French Toast Sticks	Fresh Fruit & Yogurt Parfait	Mini Pancakes
100% Juice Slush	NO SCHOOL	Frazil Day		Frazil Day	

January 26th-30th

Breakfast #1	Chicken Biscuit	Sausage Grit Bowl	Cereal Choice	Donut Sticks	Fresh Fruit & Yogurt Parfait
Breakfast #2	Cereal Choice	Mini Waffles	Eggs and Grits	Sausage Biscuit	Chocolate Muffin
100% Juice Slush		Frazil Day		Frazil Day	