

Lunch K-7

Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
			<ul style="list-style-type: none"> Beef-A-Roni Grilled Chix Sandwich Chef Salad Grilled Chicken Salad Saltine Crackers Croutons Ranch Dressing Whole Kernel Corn Baby Carrots w/Dip Vegetable Juice Blueberries w Topping Fresh Fruit Bowl Chilled Fruits Fruit Juice Garlic Toast Low Fat Milk Chocolate Milk 	<ul style="list-style-type: none"> Philly Cheese Steak Sandwich Turkey & Cheese/Bun Fruit and Yogurt To Go Chef Salad Croutons Saltine Crackers Ranch Dressing Crinkle Cut Fries Cucumber Slices w/Dip Vegetable Juice Fresh Fruit Bowl Chilled Fruits Fruit Juice Low Fat Milk Chocolate Milk Mayonnaise Mustard Ketchup
5	6	7	8	9
<ul style="list-style-type: none"> Chicken Fajitas Hamburger Fruit and Yogurt To Go Chef Salad Saltine Crackers Croutons Ranch Dressing Spanish Rice Steamed Broccoli Glazed Carrots Vegetable Juice Fresh Orange Smiles Chilled Fruits Fruit Juice Low Fat Milk Chocolate Milk Assorted Puddings Ketchup Mayonnaise Mustard 	<ul style="list-style-type: none"> Grilled Chix Sandwich Fruit and Yogurt To Go Grilled Chicken Salad Chef Salad Saltine Crackers Croutons Ranch Dressing Baked Beans Broccoli Florets w/ Dip Vegetable Juice Fresh Fruit Bowl Chilled Fruits Fruit Juice Low Fat Milk Chocolate Milk Mayonnaise Mustard Ketchup 	<ul style="list-style-type: none"> Chicken Spaghetti Ham and Cheese Wrap Chef Salad Saltine Crackers Croutons Ranch Dressing Steamed Carrots Green Peas Vegetable Juice Fresh Orange Smiles Chilled Fruits Fruit Juice Whole Wheat Roll Low Fat Milk Chocolate Milk Mayonnaise Mustard 	<ul style="list-style-type: none"> Beefy Nachos Grande Turkey & Cheese/Bun Chef Salad Croutons Saltine Crackers Ranch Dressing Whole Kernel Corn Raw Veggies with Dip Vegetable Juice Fresh Fruit Bowl Chilled Fruits Fruit Juice Low Fat Milk Chocolate Milk Mayonnaise Mustard Graham Crackers 	<ul style="list-style-type: none"> Pepperoni Pizza Wedge Turkey & Cheese/Bun Fruit and Yogurt To Go Chef Salad Croutons Saltine Crackers Ranch Dressing Crinkle Cut Fries Broccoli Salad Vegetable Juice Fresh Fruit Bowl Chilled Fruits Fruit Juice Fruited Gelatin Low Fat Milk Chocolate Milk Mayonnaise Mustard
12	13	14	15	16
<ul style="list-style-type: none"> Sloppy Joe on Bun Southern Chicken Sandwich Fruit and Yogurt To Go Chix Salad w/Crackers Saltine Crackers Ranch Dressing Baked Beans Crinkle Cut Fries Vegetable Juice Fresh Fruit Bowl Chilled Fruits Fruit Juice Low Fat Milk Chocolate Milk Mayonnaise Mustard Ketchup 	<ul style="list-style-type: none"> Hamburger Steak/Gravy Turkey & Cheese Wrap Fruit and Yogurt To Go Chef Salad Croutons Saltine Crackers Ranch Dressing Mashed Potatoes Southern Turnip Greens Vegetable Juice Fresh Fruit Bowl Chilled Fruits Fruited Gelatin Fruit Juice Cornbread Low Fat Milk Chocolate Milk Mayonnaise Mustard Dick & Jane Cookies 	<ul style="list-style-type: none"> Orange Chicken Grilled Cheese Sandwich Fruit and Yogurt To Go Chef Salad Croutons Saltine Crackers Ranch Dressing Fried Brown Rice Steamed Broccoli Steamed Carrots Vegetable Juice Fresh Fruit Bowl Chilled Fruits Fruit Juice Whole Wheat Roll Low Fat Milk Chocolate Milk Mayonnaise Mustard 	<ul style="list-style-type: none"> Beef Tips Steamed Rice Ham & Cheese on Bun Fruit and Yogurt To Go Chef Salad Croutons Saltine Crackers Ranch Dressing Seasoned Green Beans Raw Veggies with Dip Vegetable Juice Fresh Fruit Bowl Chilled Fruits Fruit Juice Whole Wheat Roll Low Fat Milk Chocolate Milk Mayonnaise Mustard 	<ul style="list-style-type: none"> Southwest Dip & Chips Hamburger Fruit and Yogurt To Go Chef Salad Saltine Crackers Croutons Ranch Dressing Whole Kernel Corn Glazed Carrots Vegetable Juice Fresh Orange Smiles Chilled Fruits Fruit Juice Low Fat Milk Chocolate Milk Mayonnaise Mustard Ketchup
19	20	21	22	23
<ul style="list-style-type: none"> Roasted Chix Wings Turkey & Cheese Sandwich 	<ul style="list-style-type: none"> Pepperoni Calzone Hamburger Fruit and Yogurt To Go 	<ul style="list-style-type: none"> Cheesy Chix /Rice Turkey & Cheese/Bun Chix Salad w/Crackers 	<ul style="list-style-type: none"> Spaghetti/Meat Sauce Ham and Cheese Sandwich 	<ul style="list-style-type: none"> Walking Tacos Turkey & Cheese/Bun Chef Salad

<p>Fruit and Yogurt To Go Chef Salad Saltine Crackers Croutons Ranch Dressing Crinkle Cut Fries Baked Beans Seasoned Green Beans Vegetable Juice Fresh Fruit Bowl Chilled Fruits Fruit Juice Whole Wheat Roll Low Fat Milk Chocolate Milk Ketchup Mayonnaise Mustard</p>	<p>Chef Salad Saltine Crackers Croutons Ranch Dressing Cucumber Slices w/Dip Mixed Vegetables Vegetable Juice Fresh Orange Smiles Chilled Fruits Fruit Juice Low Fat Milk Chocolate Milk Ketchup Mayonnaise Mustard</p>	<p>Steamed Broccoli Glazed Carrots Vegetable Juice Fresh Orange Smiles Chilled Fruits Fruit Juice Garlic Toast Low Fat Milk Chocolate Milk Mayonnaise Mustard Dick & Jane Cookies</p>	<p>Fruit and Yogurt To Go Chix Salad w/Crackers Chef Salad Saltine Crackers Croutons Ranch Dressing Spinach Salad Seasoned Green Beans Vegetable Juice Fresh Fruit Bowl Chilled Fruits Fruit Juice Garlic Toast Low Fat Milk Chocolate Milk</p>	<p>Croutons Saltine Crackers Ranch Dressing Whole Kernel Corn Raw Veggies with Dip Vegetable Juice Fresh Fruit Bowl Chilled Fruits Fruit Juice Low Fat Milk Chocolate Milk Mayonnaise Mustard</p>
<p>26 Glazed BBQ Meatballs on Hoagie Bun Grilled Chix Sandwich Fruit and Yogurt To Go Grilled Chicken Salad Chef Salad Saltine Crackers Croutons Ranch Dressing Crinkle Cut Fries Cucumber Slices w/Dip Vegetable Juice Fresh Orange Smiles Chilled Fruits Fruit Juice Low Fat Milk Chocolate Milk Mayonnaise Mustard Ketchup</p>	<p>27 Chicken Tenders Turkey & Cheese Wrap Fruit and Yogurt To Go Chef Salad Saltine Crackers Croutons Ranch Dressing Steamed Rice Raw Veggies with Dip Seasoned Green Beans Vegetable Juice Fresh Fruit Bowl Chilled Fruits Fruit Juice Whole Wheat Roll Low Fat Milk Chocolate Milk Ketchup Variety of Dipping Sauce</p>	<p>28 Cheeseburger French Bread Pizza Chef Salad Croutons Saltine Crackers Ranch Dressing Spinach Salad Broccoli Florets w/ Dip Tater Tots Vegetable Juice Fresh Fruit Bowl Chilled Fruits Fruited Gelatin Fruit Juice Low Fat Milk Chocolate Milk Ketchup</p>	<p>29 Roasted Chix Wings Chix Patty Sandwich Fruit and Yogurt To Go Chef Salad Croutons Saltine Crackers Ranch Dressing Macaroni and Cheese Black-Eyed Peas Seasoned Cabbage Vegetable Juice Fresh Fruit Bowl Chilled Fruits Fruit Juice Cornbread Low Fat Milk Chocolate Milk Mayonnaise Mustard Ketchup</p>	<p>30 Beefy Nachos Grande Turkey & Cheese/Bun Chef Salad Croutons Saltine Crackers Ranch Dressing Whole Kernel Corn Raw Veggies with Dip Vegetable Juice Fresh Fruit Bowl Chilled Fruits Fruit Juice Low Fat Milk Chocolate Milk Mayonnaise Mustard</p>