

SNACK TIME

for First Graders

Please provide a HEALTHY snack for your child DAILY.

- We encourage a healthy snack to help your child stay focused throughout the day.
- Suggested snacks include crackers, pretzels, animal crackers, goldfish, rice cakes, cheese cubes, fruit (already washed, peeled, cut, etc.)
- Please save candy for a small treat in their lunchbox or for at home.

Please have your child bring water DAILY.

- Please do not send water bottles with screw on caps as they often get spilled. Only send a water bottle or thermos with a "sports top."
- Please label the water bottle with your child's name.
- Water only- no juice or lemonade.
- Students need another drink in their lunchboxes since we will leave the water bottles near the classroom. This water bottle is for after PE/ recess or for snack time.

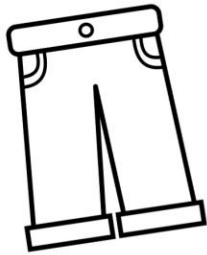


Backpack



DAILY CHECKLIST

- ☐ Daily Binder
- ☐ Lunch, if bringing from home
- ☐ Snack or Snack Money
- ☐ Change of clothes
- ☐ Remove any toys or valuable items



CHANGE OF CLOTHES

Students occasionally spill, get dirty, or have accidents. In order to minimize your child's discomfort, we ask that you send in a full change of clothes (including underwear) in your child's backpack each day. Please put these items in a large Ziploc baggie labeled with their name. Thanks so much!