## 2023-2024 FMS/FHS Bell Schedule

|  | dle School |  | gh School |
| :---: | :---: | :---: | :---: |
| $1^{\text {st }}$ | 7:40-8:37 | $1^{\text {st }}$ | 7:40-8:37 |
| $2^{\text {nd }}$ | 8:40-9:37 | $2^{\text {nd }}$ | 8:40-9:37 |
| $3^{\text {rd }}$ | 9:43-10:40 | $3{ }^{\text {rd }}$ | 9:43-10:40 |
| $4^{\text {th }}$ | 10:43-11:40 | $4^{\text {th }}$ | 10:43-11:40 |
| Lunch | 11:40-12:10 | $5^{\text {th }}$ | 11:43-12:40 |
| $5^{\text {th }}$ | 12:13-1:10 | Lunch | 12:40-1:10 |
| $6^{\text {th }}$ | 1:13-2:10 | $6^{\text {th }}$ | 1:13-2:10 |
| $7^{\text {th }}$ | 2:13-3:10 | $7^{\text {th }}$ | 2:13-3:10 |
| $8^{\text {th }}$ | 3:13-4:10 | $8^{\text {th }}$ | $3: 13-4: 10$ |
| 7:40 am - 4:10 pm (510 minutes/day) 57-minute classes (3-minute transitions) Grab \& Go Breakfast between $2^{\text {nd }} / 3^{\text {rd }}$ Period |  |  |  |

