

SEPTEMBER 2026

Middlefork/RSSP Lunch Menu

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

News

7

CLOSED
LABOR DAY

14 Chicken Nuggets w/Choice of Dipping Sauces
Warm Roll
Crispy French Fries
Green Pepper Slices & Grape Tomatoes
Ranch Cup
Fresh Peach
Choice of Milks

21 Pepperoni Calzone w/Marinara Sauce
Buttered Corn
Fresh Side Salad w/Fresh Vegetables & Shredded Mozzarella Cheese
Pineapple Tidbits
Choice of Milks

28 Cheeseburger on Bun w/Shredded Lettuce, Sliced Tomato
Pickle Spear
Crispy Fries
Baked Beans
Fruit Cocktail
Choice of Milks

1 Chicken Tenders w/Choice of Dipping Sauces
Warm Roll w/Butter
Mashed Potatoes
Seasoned Green Beans
Pears
Choice of Milks

8 Taco Bites w/Shredded Lettuce & Cheese, Sour Cream
Baked Scoops & Salsa
Seasoned Black Beans
Buttered Corn
Peaches
Snack
Choice of Milks

15 French Bread Cheese Pizza w/Marinara Cup
Cottage Cheese
Fresh Side Salad w/Fresh Vegetables
Strawberry Applesauce Cup
Choice of Milks

22 Chicken Pot Pie & Biscuit
Mashed Potatoes
Steamed Broccoli
Whole Apple
Fresh Baked Cookie
Choice of Milks

29 Chicken Strip Wrap w/Shredded Lettuce & Cheese and Sliced Tomatoes
Carrot & Celery Sticks
Peanut Butter & Ranch Cup
Clementine
Choice of Milks

2 Cheese Quesadilla w/Salsa Cup
Tostito Scoops
Refried Beans
Celery Sticks w/Peanut Butter & Ranch Cup
Fresh Blueberries
Snack
Choice of Milks

9 Hamburger on Bun w/Shredded Lettuce, Sliced Tomato & Pickles
Baked Beans
Sweet Glazed Carrots
Apple Slices w/Caramel Cup
Choice of Milks

16
EARLY DISMISSAL
SCHOOL IMPROVEMENT DAY

23 Pancakes or Waffles w/Syrup Cup
Seasoned Breakfast Potatoes
Bacon Strips
Choice of Fresh Vegetables
Ranch Cup
Watermelon Chunks
Choice of Milks

30 Fiestada Beef Pizza
Spanish Rice
Refried Beans
Fresh Side Salad w/Fresh Vegetables
Fresh Cantaloupe & Honey Dew
Choice of Milks

3 Chicken & Noodles
Warm Roll w/Butter
Mashed Potatoes
Buttered Corn
Applesauce
Choice of Milks

10 Country Fried Steak w/Country Gravy
Warm Roll & Butter
Mashed Potatoes
Seasoned Green Beans
Fresh Cantaloupe
Choice of Milks

17 Chicken Fajita w/Shredded lettuce & Cheese, Sour cream
Tostitos Scoops
Seasoned Black Beans
Buttered Corn
Tropical Fruit
Churro
Choice of Milks

24 Spaghetti w/Meat Sauce
Warm Garlic Breadstick
Fresh Romaine Salad w/Fresh Vegetables
Fresh Green Grapes
Choice of Milks

4 Sliced Ham & Mozzarella on Bun
Choice of Potato Chips
Fresh Cauliflower & Broccoli Florets
Ranch Cup
Fresh Strawberries
Choice of Milks

11 Cheese Stuffed Crust Pepperoni Pizza
Cottage Cheese
Fresh Side Salad w/Fresh Vegetables
Fresh Kiwi
Choice of Milks

18 Ravioli w/Meat Sauce
Warm Garlic Knots
Cottage Cheese
Seasoned Green Beans
Fresh Orange Slices
Choice of Milks

25 Supreme Ground Beef Nachos w/Shredded Lettuce & Cheese, Salsa & Sour Cream
Buttered Corn
Refried Beans
Banana
Choice of Milks