

Monday

**Tuesday** 

Wednesday

**Thursday** 

Friday

Chicken Nuggets Tuna Salad with Crackers Criss Cut Sweet Potatoes Spinach Salad Fruit Slushes Fresh Fruit Bowl Yeast Roll Variety of Dipping Sauce Ketchup Fat Free Milk

Taco Soup Managers Choice Salad Saltine Crackers Italian Sliced Carrots Mixed Vegetables Fresh Fruit Bowl Fresh Fruit Cup Cornbread Fat Free Milk

8

1

**BBQ Pork Sandwich** Grilled Chicken Salad Spicy Fries Confetti Coleslaw Fresh Pears Fresh Bananas Chocolate Chip Cookie Low Fat Milk Chocolate Milk

Spaghetti & Meat Sauce

2

Chef Salad Cheesy Broccoli Raw Veggies with Dip Fresh Oranges Fresh Bananas Whole Wheat Garlic Toast

Fat Free Milk

Sausage Pizza Chicken Salad w/Crackers Whole Kernel Corn Steamed Carrots Fresh Fruit Bowl Assorted Fruit Juices Fat Free Milk

13

Corn Dog Chicken Salad on Croissant Bun Seasoned Potato Wedges Tex Mex Style Beans Pear and Kiwi Medley Assorted Fruit Juices Fat Free Milk

14

Bacon Cheese Burger Fruit and Yogurt Plate Tomatoes & Carrots w/Dip Seasoned Green Beans Chilled Peaches Fresh Fruit Bowl Mayonnaise Mustard Ketchup Fat Free Milk

15

Roasted Chicken Wings Manager's Choice Salad **Baked Ranch Fries** Tossed Salad w/ Dressing Fruit Slushes Banana Berry Blend Whole Wheat Roll Ranch Dressing Fat Free Milk

16

Mexican Pizza Tuna Salad on Croissant Bun Spanish Rice Broccoli Salad Krinkle Cut Sweet Potatoes Fresh Fruit Bowl Flavored Raisins **Graham Crackers** Fat Free Milk

Hamburger Steak w/ Gravy Chef Salad Carrot/Celery/Cucumber w/Dressing Mashed Potatoes Fresh Fruit Bowl Tropical Fruit Whole Wheat Roll Fat Free Milk

20

21

Chicken Noodle Soup Saltine Crackers Chef Salad Vegetable Juice Baked Beans Flavored Raisins Chilled Peach Slices Fat Free Milk

22

29

Red Beans and Rice with Sausage Managers Choice Salad Steamed Fresh Broccoli Marinated Tomato and Cucumber Salad Pineapple Tidbits Fresh Fruit Bowl Cornbread Fat Free Milk

23

Chili Cheese over Chips Grilled Fajita Salad Black-Eved Peas Whole Kernel Corn Applesauce in a Bag Fruited Gelatin Mexican Cornbread Fat Free Milk

24

Chicken Nachos Managers Choice Salad Spicy Fries Cheesy California Veggies Chilled Peaches Fresh Bananas Fat Free Milk

27

Pepperoni Pizza Wedge Fruit and Yogurt Plate Tossed Salad w/ Dressing Black Bean Salad Fresh Apples Chilled Pear Halves Fat Free Milk

28

Fish Sticks Chef Salad Tomatoes & Carrots w/Dip Baked Ranch Fries M6140 Fresh Strawberries Chilled Mandarin Oranges Ketchup Whole Wheat Roll Fat Free Milk

Cheesy Chicken Over/Rice Tuna Salad on Croissant Bun Southern Mustard Greens Field Peas Fresh Grapes Frozen Fruit Juice Cups Cornbread Low Fat Milk

30

Chili Dog Grilled Chicken Salad Crinkle Cut Fries Confetti Coleslaw Fresh Fruit Bowl Fruit Cocktail Ketchup Mustard Fat Free Milk

Ham and Turkey on Bun **Trimmings** Cheesy Breadsticks Bake Chips Steamed Carrots Broccoli Salad **Tangerines** Fruit Cocktail Mayonnaise Mustard Low Fat Milk

## **GPSD Pre-K School Lunch Menu Menu Subject to Change**

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