

**BREAKFAST**  
**LUNCH**

# NOVEMBER 2023

## KANSAS SCHOOL FOR THE DEAF

Served every day with breakfast: Milk (Skim or 1%), Fruit and 100% Juice  
Offered every day with lunch: Variety of additional vegetables and fruits and Milk (Skim or 1%)

Monday

Tuesday

Wednesday

Thursday

Friday



MINI WAFFLES W/ SYRUP **6**

CHEESEBURGER ON BUN  
WAFFLES FRIES  
MIXED VEGETABLES  
PEACHES

FRUDEL **13**

TURKEY CORN DOG  
SWEET POTATO TOTS  
GOLDEN CORN  
FRUIT COCKTAIL

NO SCHOOL **20**

PANCAKE ON A STICK **27**

3-CHEESE CHICKEN BAKE  
GARLIC BREAD  
GREEN BEANS  
PEARS

BREAKFAST BURRITO **7**

PEPPERONI PIZZA  
STEAMED BROCCOLI  
GLAZED CARROTS  
PEARS

PANCAKES W/ SYRUP **14**

HOT TURKEY & CHEESE SANDWICH  
CHIPS  
SLICED CUCUMBERS &  
CARROT STICKS  
ORANGE SLICES

NO SCHOOL **21**



MUFFIN/OATMEAL **28**

COUNTRY BAKED STEAK  
ROLL  
MASHED POTATOES W/ GRAVY  
STEAMED CARROTS  
STRAWBERRIES

BACON SCRAMBLE PIZZA **1**

POPCORN CHICKEN BOWL  
OVER MASHED POTATOES  
W/ BISCUIT  
GREEN BEANS  
PINEAPPLE

BAGELS W/ CREAM CHEESE **8**

CHICKEN FRIED CHICKEN  
ROLL  
MASHED POTATOES W/ GRAVY  
PEAS & CARROTS  
STRAWBERRIES

DONUT/OATMEAL **15**

ROASTED TURKEY  
FIXINS  
PUMPKIN SPICE CUPCAKE

NO SCHOOL **22**

MINI WAFFLES W/ SYRUP **29**

GRILLED CHEESE  
TOMATO SOUP  
MIXED VEGETABLES  
MELON

CINNAMON ROLL **2**

TURKEY TERRAZZINI  
BREADSTICK  
GLAZED CARROTS  
PEARS

SAUSAGE & GRAVY PIZZA **9**

SPAGHETTI & MEAT SAUCE  
GARLIC BREAD  
ITALIAN VEGETABLE BLEND  
MELON

EGG & POTATO BOAT **16**

BEEF, BEAN, CORN ENCHILADAS  
CORNBREAD  
REFRIED BEANS  
TROPICAL FRUIT SALAD

NO SCHOOL **23**



BREAKFAST BURRITO **30**

BEEF TACO SALAD  
REFRIED BEANS  
FROZEN FRUIT CUP  
CHURRO

BREAKFAST SANDWICH **3**

BEEF HOT DOG ON BUN  
SWEET POTATO FRIES  
CREAMY COLESLAW  
PEACHES

BREAKFAST SANDWICH **10**

SHREDDED PORK ON BUN  
BAKED BEANS  
ROASTED CAULIFLOWER  
FROZEN FRUIT CUP

BREAKFAST SANDWICH **17**

LEMON PEPPER TILAPIA  
ROLL  
ROASTED POTATOES  
SPINACH  
BANANA

NO SCHOOL **24**



Questions????

Contact Cindy Rawie, Food Service Director  
[crawie@kssdb.org](mailto:crawie@kssdb.org)

Due to availability, substitutions to the menu may occur.  
This institution is an equal opportunity provider.

# NOVEMBER 2023

## KANSAS SCHOOL FOR THE DEAF



Monday

Tuesday

Wednesday

Thursday

Friday

1

SLOPPY JOE ON BUN  
WAFFLE FRIES  
STEAMED CARROTS  
FRUIT COCKTAIL

2

BLACK PEPPER GARLIC BEEF  
RICE BOWL  
STEAMED BROCCOLI  
MADNARIN ORANGES

3

6

SWEET & SOUR CHICKEN  
VEGETABLE FRIED RICE  
EGG ROLL  
MIXED FRUIT

7

MEATLOAF DINNER W/ ROLL  
MACARONI & CHEESE  
GARDEN PEAS  
FRUIT COCKTAIL  
POPSICLE

8

TAMALE PIE W/ CHEESE  
GREEN BEANS  
PEACHES  
CHURRO

9

LOADED BAKED POTATO  
W/ HAM, BACON, CHEESE,  
SOUR CREAM, BROCCOLI,  
BLACK BEANS, SALSA  
APPLE CRISP W/ ICE CREAM

10

13

OVEN FRIED CHICKEN LEG  
SLICED BREAD & BUTTER  
MASHED POTATOES W/ GRAVY  
APPLESAUCE

14

TATER TOT CASSEROLE  
MIXED GREEN SALAD  
MIXED VEGETABLES  
PEACHES

15

CHICKEN ALFREDO PASTA  
W/ BREADSTICK  
STEAMED BROCCOLI  
CHOCOLATE PUDDING W/  
VANILLA WAFERS

16

CHEESE OMELET  
SAUSAGE  
HASH BROWN TRIANGLE  
MANDARIN ORANGES

17

NO SCHOOL

20



NO SCHOOL

21

NO SCHOOL

22



NO SCHOOL

23

24

27

BBQ RIB SANDIWCH  
SWEET POTATO TOTS  
STEAMED BROCCOLI  
GRAPES

28

FRENCH BREAD PIZZA  
W/ MARINARA  
GREEN BEANS  
CORN  
PINEAPPLE

29

BEEF LASAGNA  
GARLIC BREAD  
MIXED GREEN SALAD  
PEACHES

30

SHRIMP POPPERS  
VEGETABLE FRIED RICE  
EGG ROLL  
GARDEN PEAS  
MANDARIN ORANGES



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