



Regions Riding Forward® Scholarship Contest



There are stories worth sharing in every field.

The Regions Riding Forward® Scholarship Contest celebrates stories of Black Americans who inspire others to positively impact the world around them. Famous icon, trailblazer or local mentor, their story is worth sharing. It's an 11-year tradition of students winning valued scholarships.



Black icons who shattered stereotypes & Black innovators who lit the way.

Now it's your turn to try. Tell us through [Written Essay or Video Essay](#) about a Black American individual who has inspired you for the opportunity to earn a \$3,500 or \$5,000 college scholarship.

Whose inspiring story will you share?

To enter, you must submit a 500-word (or less) Written Essay or a 3-minute (or less) Video Essay that addresses how a Black American individual has been an inspiration in your life, and that discusses the contributions of that Black American individual.

High School Seniors

Regions will award \$5,000 scholarships to 30 high school seniors who live in states with Regions full service branches and will attend an accredited college during the 2022-2023 academic school year. (15 scholarships will be awarded for Written Essay submissions and 15 scholarships will be awarded for Video Essay submissions.)

College Students

Regions will award \$3,500 scholarships to 30 freshmen, sophomores or juniors who permanently reside in, or currently attend an accredited college in, states with Regions full service branches and will attend an accredited college during the 2022-2023 academic school year. (15 scholarships will be awarded for Written Essay submissions and 15 scholarships will be awarded for Video Essay submissions.)

Regions believes in supporting the students whose passion and actions every day will continue to make stories worth sharing. That's why we have awarded over \$1 million in total scholarships to high school and college students.

How to Enter

1.

Complete an online application
(<https://aim.applyists.net/RidingForward>)

Enter the Regions Riding Forward Scholarship Contest
(<https://aim.applyists.net/RidingForward>)

from February 1, 2022 through March 31, 2022. Complete and save all requested information.

2. Prepare your Written Essay or Video Essay

Choose a Black American individual whose story worth sharing has inspired you. That person could be a historical figure, someone famous, a role model or someone you know. Just make sure the individual inspires and motivates you. For guidance, be sure to carefully review the "How to Enter" instructions and the "Contest Judging" criteria in sections 4 and 5 of the Official Rules.

Written Essay and Video Essay submissions must meet all of the requirements described in the contest Official Rules.

Written Essays must be 500 words or less. You can write your Written Essay directly in the application, or you can copy and paste it into the appropriate area in the application form.

Video Essay submissions must be directly uploaded to the contest application site. Video Essays must be no more than 3 minutes in length and no larger than 1 GB. Only the following file formats are accepted: MP4, MPG, MOV, AVI, and WMV. Video Essays must not display any illegal, explicit, or inappropriate material, and Video Essays must not be password protected or require a log-in/sign-in to view. You must upload your Video Essay to the application, and you may not submit your Video Essay in DVD or other physical form. (Video Essays submitted via mail will not be reviewed or returned.)

Tips to Record Quality Videos on a Smartphone:

1. Don't shoot vertical video. Computer monitors have landscape-oriented displays, so shoot your video horizontally.

2. Use a tripod. Even small movements can make a big difference when editing.
3. Don't use zoom. If you need to get a close shot of the subject, move closer as zooming can cause pixilation.
4. Use natural lighting. Smartphone lightening can wash out your video.

3. Review and submit

Review your information (and check the spelling of a Written Essay) and submit your entry by 11:59:59 p.m. Central Time on March 31, 2022.

4. Await notification

Winning entries are selected by an independent panel of judges who are not affiliated with Regions. If your entry is selected, you will need to respond to ISTS with the required information. Scholarship checks will be awarded by July 31, 2022.

Eligibility

For purposes of this contest:

- The “Eligible States” are defined as the following states: Alabama, Arkansas, Florida, Georgia, Iowa, Illinois, Indiana, Kentucky, Louisiana, Mississippi, Missouri, North Carolina, South Carolina, Tennessee and Texas.
- An “accredited college” is defined as a nonprofit, two- or four-year college or university located within one of the fifty (50) United States or the District of Columbia.

To be eligible to enter this contest and to win an award, you must be either a high school senior or a college freshman, sophomore or junior and meet **all** of the following applicable criteria **at time of entry**.

High school seniors must:

- Be a legal U.S. resident of one of the Eligible States.
- Be age 13 or older.
- Be enrolled in 12th grade in a public or private school (or home school) located in one of the Eligible States (and have not yet graduated 12th grade).
- Have a cumulative GPA of at least 2.0 (as calculated on a 4.0 scale).
- Plan to attend an accredited college during the 2022-2023 academic school year.

College students must:

- Be **either** a legal U.S. resident of one of the Eligible States **or** a legal U.S. resident (of one of the 50 United States or the District of Columbia) enrolled in an accredited college **located in one of the Eligible States.**
- Be age 16 or older.
- Be currently enrolled as an undergraduate freshman, sophomore or junior at an accredited college and have least one year (or 18 semester hours) remaining before college graduation.
- Have a cumulative GPA of at least 2.0 in school (or, if no GPA is provided by your school, be in "good standing" or the equivalent).
- Plan to attend an accredited college during the 2022-2023 academic school year.

[View Official Rules \(/media/pdfs/promo/Official-Rules-2022-Regions-Riding-Forward-Scholarship-Contest.pdf\)](#)

NO PURCHASE OR BANKING RELATIONSHIP REQUIRED. PURCHASE OR BANKING RELATIONSHIP WILL NOT INCREASE YOUR CHANCES OF WINNING. VOID WHERE PROHIBITED. The 2022 Regions Riding Forward Scholarship Contest begins on 02/01/22 and ends on 03/31/22 at 11:59:59 PM CT and is open