



# Lukachukai Community School

## October Menu 2024



Monday	Tuesday	Wednesday	Thursday	Friday
<p>30 Turkey, Ham, Egg, &amp; Cheese Sandwich juice, Fruit, Assorted Milk</p> <p>Grilled Cheese Sandwich, Romaine Salad, Lite Ranch Dressing, Fruit, Assorted Milk</p>	<p>1 Breakfast Burrito, Mild Salsa, Fruit, Fresh Fruit, Assorted Milk</p> <p>Chili Mac, Dinner Roll, Steamed Carrots, Cucumber Slices, Lite Ranch Dressing</p>	<p>2 Sausage Breakfast Pizza, Juice, Fruit, Assorted Milk</p> <p>Chicken Patty Sandwich, Lettuce &amp; Tomato, Ketchup, mustard, Mayonnaise, Cole Slaw, Sweet Potato Fries, Fruit, Assorted Milk</p>	<p>3 WG Biscuit, Cheesy Scrambled Eggs, Fruit, Fresh Fruit, Assorted milk</p> <p>Meatloaf, Garlic Toast, Mashed Potato, Steamed Broccoli, Fruit, Assorted milk</p>	<p>4 Muffin, Assorted Yogurt, Fresh Fruit, Fruit, Assorted Milk</p> <p>Turkey soft taco, Mild Salsa, Black Beans, Fresh Fruit, Assorted Milk</p>
<p>7 Blue Corn Mush, Sausage Patty, Juice, Fresh Fruit, Assorted Milk</p> <p>Spicy Chicken Sandwich, Lettuce &amp; Tomato, Ketchup, Mustard, Romaine Salad, Lite Ranch Dressing, Fresh Fruit, Assorted Milk</p>	<p>8 Cinnamon Crisp w/Fruit Salad, Assorted Yogurt, Fresh Fruit, Assorted Milk</p> <p>Chicken Drumstick, Blue Cornbread, Mashed Potato, Gravy, Steamed Broccoli, Fresh Fruit, Assorted Milk</p>	<p>9 Toasted English Muffin, Hash Brown Casserole, Juice, Fresh Fruit, Assorted Milk</p> <p>Mandarin Orange Chicken, Seasoned Brown Rice, Sesame Green Beans, Fresh Fruit, Assorted Milk</p>	<p>10 Cream of Wheat, WG Toast, Assorted Jelly, Fresh Fruit, Fruit, Assorted Milk</p> <p>Hamburger, Lettuce, Tomato, Ketchup, Mustard, Black Beans, Streamed Corn, Fresh Fruit, Assorted Milk</p>	<p>11 WG Pancakes, Syrup, Fresh Fruit, Fruit, Assorted Milk</p> <p>Cheese Pizza Stick, Garlic Toast, Marinara Cup, Caesar Salad, Fresh Fruit, Assorted Milk</p>
<p>14 15 16 17 18</p> <h1 style="color: orange; text-decoration: underline;">LCS Fall Break</h1>				
<p>21 Turkey Ham, Egg &amp; Cheese Sandwich, Fresh Fruit, Fruit, Assorted Milk</p> <p>Beef Soft Taco, Tortilla Chips, Mild Salsa, Black Beans, Fresh Fruit, Assorted Milk</p>	<p>22 Blueberry Muffin, Assorted Yogurt, Fresh Fruit, Fruit, Assorted Milk</p> <p>Spaghetti w/ meat sauce, WG Garlic Breadstick, Steamed Broccoli, Fresh Fruit, Assorted Milk</p>	<p>23 WG Toast, Assorted Jelly, Cheesy Scrambled Eggs, Juice, Fresh Fruit, Assorted Milk</p> <p>Lamb Stew, WG Fry Bread, Potato Wedges, Celery Stick, Fresh Fruit, Assorted Milk</p>	<p>24 Pancake on a stick, Syrup, Fresh Fruit, Fruit, Assorted Milk</p> <p>Cheese Pizza, Romaine Salad, Lite Ranch Dressing, Baby Carrots, Fresh Fruit, Assorted Milk</p>	<p>25 Oatmeal w/ Brown Sugar, Sausage Patty, Fresh Fruit, Fruit, Assorted Milk</p> <p>Cheeseburger Tater Tots, Broccoli Raisin Salad, Fresh Fruit, Assorted Milk</p>
<p>28 Cream of Wheat, WG Toast, Assorted Jelly, Juice, Fresh Fruit, Assorted Milk</p> <p>BBQ Pork Sandwich, Steamed Broccoli, Celerystick Hummus, Fresh Fruit, Assorted Milk</p>	<p>29 Western Omelet Quesadilla, Mild Salsa, Fresh Fruit, Fruit, Assorted Milk</p> <p>Cheese &amp; Chili Tamales, Refried Beans, Carrots, Salad, Lite Ranch Dressing, Fresh Fruit, Assorted Milk</p>	<p>30 Pumpkin Muffin Squares, Assorted Yogurt, Juice, Fresh Fruit, Assorted Milk</p> <p>Sloppy Joe, Baked Beans, Rainbow Carrot Crunch, Fresh Fruit, Assorted Milk</p>	<p>31 Baked French Toast, Syrup, Fresh Fruit, Fruit, Assorted Milk</p> <p>Sesame Chicken, Seasoned Brown Rice, Steamed Corn, Fresh Fruit, Assorted Milk</p>	<p>1 WG Bagel, Cream Cheese, Juice, Fresh Fruit, Assorted Milk</p> <p>Swedish Meatballs w/ Egg Noodles, Dinner Roll, Zucchini Squash, Fresh Fruit, Assorted Milk</p>

BE ACTIVE. SHOW GOOD MANNERS. THINK SAFE. EAT HEALTHY & BE HEALTHY. TOGETHER WE LEARN AND ACCOMPLISH GREAT THINGS. MENU IS SUBJECT TO CHANGE

This institution is an equal opportunity provider.

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