NYM Community Education Activities/Offerings Schedule Beginning November 3rd, 2025

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We would like to extend our highest gratitude to the New York Mills VFW Post #3289 for their tremendous support of our school activities!

The times and dates listed here are always subject to change according to the weather, illness and other unforeseen circumstances. For complete information about Community Education offerings and NYM School District activities, check the ISD #553 website @ www.nymills.k12.mn.us, the school Facebook page, the bulletin board by the District Office, or call the school at (218) 385-4203/(218) 385-4201. Unless otherwise noted, call (218) 385-4203 for more information or to register for offerings. NYM Community Education is always looking for individuals to propose and teach/facilitate classes. If you have an expertise or interest in a topic that you could share with others, please contact us!

NYM COMMUNITY EDUCATION ACTIVITIES SCHEDULE

Please check the school website www.nymills.k12.mn.us or Facebook page for updates regarding activities or meetings that are scheduled.

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Monday, November 3rd

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Eagle Academy in Rooms #211, 28B, 38A @ 3:00 pm Elem. Basketball Practice in HS/SC Gyms @ 6:00 pm 7-12 Band Concert in Aud. @ 7:00 pm

Tuesday, November 4th

4-H After-School Adventure in Commons @ 3:00 pm Lego Team Meeting in Commons @ 3:30 pm Adult Basic Education in Room #24 @ 4:30 pm 'Just for Kix' Dance Practice in Aud. Foyer @ 4:30 pm ECFE Parent/Preschooler in Room #42/43 @ 5:15 pm

Thursday, November 6th

Eagle Academy in Rooms #211, 28B, 38A @ 3:00 pm 7-12 Choir Concert in Aud. @ 7:00 pm

Friday, November 7th

Elem. Basketball Practice in AC Gym @ 3:30 pm

Saturday, November 8th

Elem. Basketball Practice in All Gyms @ 9:00 am

Sunday, November 9th

Open Gym in All Gyms @ 6:00 pm

Monday, November 10th

Eagle Academy in Rooms #211, 28B, 38A @ 3:00 pm Elem. Basketball Practice in HS/SC Gyms @ 6:00 pm Bandwagon Meeting in Room #108 @ 6:30 pm Volleyball Banquet in Commons @ 7:00 pm

Tuesday, November IIth

Veterans Day Programs in Aud. @ 9:00 am and 10:00 am 4-H After-School Adventure in Commons @ 3:00 pm Lego Team Meeting in Commons @ 3:30 pm Adult Basic Education in Room #24 @ 4:30 pm 'Just for Kix' Dance Practice in Aud. Foyer @ 4:30 pm 7/8 BBB Game (A) at Bertha-Hewitt @ 4:30 pm ECFE Parent/Preschooler in Room #42/43 @ 5:15 pm

Friday, November 14th

Elem. Basketball Practice in AC Gym @ 3:30 pm

Saturday, November 15th

Elem. Basketball Practice in All Gyms @ 9:00 am

Sunday, November 16th

Open Gym in All Gyms @ 6:00 pm

Monday, November 17th

MTSS Data Meeting in Aud. @ 8:40 am
Eagle Academy in Rooms #211, 28B, 38A @ 3:00 pm
V WR start of practice @ 3:30 pm
Elem. Basketball Practice in HS/SC Gyms @ 6:00 pm

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Tuesday, November 18th

Lego Team Meeting in Commons @ 3:30 pm 7/8 BBB Game (A) at Wadena-DC @ 4:00 pm Adult Basic Education in Room #24 @ 4:30 pm 'Just for Kix' Dance Practice in Aud. Foyer @ 4:30 pm ECFE Parent/Preschooler in Room #42/43 @ 5:15 pm

Thursday, November 20th

Flu Vaccine Clinic in Commons @ 2:00 pm Eagle Academy in Rooms #211, 28B, 38A @ 3:00 pm 7/8 BBB Game (H) with Henning @ 4:00 pm

Saturday, November 22nd

Elem. Basketball Practice in All Gyms @ 9:00 am

Sunday, November 23rd

Open Gym in All Gyms @ 6:00 pm

Monday, November 24th

Eagle Academy in Rooms #211, 28B, 38A @ 3:00 pm 7/8 BBB (H) with Verndale @ 4:30 pm School Board Meeting in Room #108 @ 5:30 pm Elem. Basketball Practice in HS/SC Gyms @ 6:00 pm



NYM COMMUNITY EDUCATION OFFERINGS SCHEDULE

CPR/AED/IST AID/EMR/EMT COURSE SCHEDULE

HEARTSAVER CPR, AED AND IST AID (Wednesdays at 5:30 p.m.)

11-26-25, 1-28-26, 3-25-26, 5-27-26, 7-22-26, 9-23-26, 11-25-26, 1-27-27, 3-24-27, 5-26-27, 7-28-27, 9-22-27, 11-24-27

BLS PROVIDER CPR (Wednesdays at 5:30 p.m.)

12-17-25, 2-25-26, 4-22-26, 6-24-26, 8-26-26, 10-28-26, 12-23-26, 2-24-27, 4-28-27,

6-23-27, 8-25-27, 10-27-27, 12-22-27

EMERGENCY MEDICAL TECHNICIAN/EMERGENCY MEDICAL RESPONDER

(EMT/EMR COURSE) (Mondays at 6:00 p.m.)

9-14-26, 9-13-27 **COSTS**:

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: Heart Saver CPR/AED & 1st Aid\$ 125 BLS Provider CPR......\$ 100

EMT (base fee plus books/fees)\$ 1300 EMR (base fee plus books/fees)\$ 500

WHERE: Perham Area EMS Training Room 525 West Main, Perham, MN 56573

REGISTRATION: **Classes are post board certified**

Register for a class by call/text 218.298.2482 or

email lakescountryedu@gmail.com

CONTACT: Barb Felt at Lakes Country Emergency Education

and Consulting

WEBSITE: www.lakescountryedu.com

SCHOOL-AGED CHILD CARE

If you need before and/or after school child care on a regular or drop-in basis, we have **before** and/or **after** school child care available at the school.

WHO: PreKindergarten through sixth grade

WHEN: During school days, childcare hours in the morning are 6:00-8:10

am, and after school is 3:00-5:30 pm.

REGISTER: To register, email childcare@nymills.k12.mn.us or call

(218) 385-4209 or (218) 385-4203 (Comm. Ed. Office).

EARLY CHILDHOOD SCREENINGS ~ 'ECS'

As of January 2014, the Early Childhood Screenings will be conducted by the Lakes Country Service Coop. The Community Education office will be doing the scheduling and the screenings will be completed at the New York Mills School. This screening is required by the school for entrance into PreKindergarten and required by Minnesota Statute 121A.17 for entrance into Kindergarten unless an Exemption form is filled out. It is an opportunity for you to review your child's growth and development and to follow up on any health or learning concerns. The Early Childhood Screening is a FREE screening and includes a developmental assessment, vision and hearing test, height and weight measurements, immunization and health history review and a parent visit. It is NOT an examination to determine readiness for school. Its purpose is to identify conditions that might interfere with your child's ability to learn and to assist parents in developing strategies to help their child succeed. Please call Deb in the Community Education office to schedule an appointment at (218) 385-4203. Please leave a message if there is no answer and she will get back to you as soon as an appointment is available.

ON-GOING WALKING

For those who would like to get exercise by walking through the 2329 feet of hallways in NYM School. (This is FREE except during Sunday night at Open Gym times when it will be a \$1 fee.)

WHO: Open to all

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WHEN: School days from 6:30-8:00 a.m. and 4:00-8:00 p.m.

55+ DRIVER DISCOUNT PROGRAM (2025-2026)

This Driver Discount Program is put on by the Precision Driving Center of Minnesota through St. Cloud State University. You can check out their website at www.driverdiscountprogram.com.

Complete this course to get a 10% discount on your auto insurance premiums! Taught as a presentation from a certified instructor, you'll discuss challenges we face as drivers, new road designs, vehicle technology, and updates on current laws. Best of all, there are no written or behind the wheel tests! Certificate will be provided at the end of class. The 8-hour initial course requirement has been removed as of July 1st, 2024. Participants must take the 4-hour course to initially earn the discount and then repeat the 4-hour course every three years to maintain the discount. Pre-registration required.

The following 55+ Driver Discount Program courses are currently set up for you at the New York Mills School. Also for your convenience, we always have waiting lists if you missed a course and want to be notified of the next course.

 WHO:
 Anyone, especially 55 and over

 WHEN:
 Saturday, April 11th

 TIME:
 9:00 a.m. to 1:00 p.m.

WHERE: Room #108 HS Media Center @ NYM Public School

(Enter the door by the eagle and look for the sign that will tell you where to go.)

COST: \$24 per participant payable at class with check made

out to: PDCM

SIGN UP: In District Office or call (218) 385-4201

CLASS LIMIT: 15 - 30 people INSTRUCTOR: Bob Swenson

NEW YORK MILLS FOOD SHELF 2025-2026

The New York Mills Food Shelf is available to anyone in need in the New York Mills School District. Food Shelf is located at 400 S. Walker Avenue, New York Mills. Donations of food and money are always welcome. For more information, contact Connie at (218) 385-3669. Open from 9-12 and 4:30-6:30 on Mondays -- November 24, December 22, January 26, February 23, March 30, April 27, May 18, June 29, July 27 and August 31.

EARLY CHILDHOOD FAMILY EDUCATION-ECFE

Welcome Back! School is back in session, and we are so excited for ECFE classes to start soon. I would like to introduce our new Parent Educator, Bridget Weller, and our Children's Teacher, Gini Olson. They are both teachers in our elementary school and are excited to meet you! Please contact me with any questions. I'd be happy to visit with you! Please join our group on Facebook "New York Mills ECFE"!

Kendra Geiser, Early Childhood Coordinator/Teacher

kgeiser@nymills.k12.mn.us or 218-385-1172

Parent & Preschooler This class is designed for parents and their 2-5 year old child. Class will consist of some parent-child activities & circle time, and then parents will separate from the children for discussion.

Dates: Tuesdays October 7, 14, 21, 28, & November 4, 11, 18 & 25

Time: 5:15-6:45 pm

*November 4, we will meet from 5-6 pm due to elections.

Supper with Santa More info will be coming about our annual holiday event, Supper with

Santa. Watch Facebook for a date.

**All classes will be in Room 42 in the elementary (Pre-K classroom)

ADULT BASIC ED/ENGLISH AS A SECOND LANGUAGE

Adult Basic Education is for anyone 17 years old and older who does not have a high school credential, is preparing for college, or is learning English. Individualized instruction is available of GED, Adult Diploma, Accuplacer Prep, computer literacy, and reading, writing, speaking and understanding English.

DATES/TIMES: One-hour appointments available on Tuesdays from 5:30-7:30 p.m.

WHERE: New York Mills Public School Room #24
COST: Class time is free. There is a fee for GED tests.

CLASS LIMIT: None at this time

WHO CAN TAKE: Anyone who is 17 or older and who does not have a high school credential, needs to prep for college, lacks computer skills, and/or is learning English as a //s second language.

DEADLINE/REGISTRATION INFO: You may register any time throughout the school year the first time you come to class.

INSTRUCTOR INFO: Leah Hamann, Adult Basic Education Instructor,

<u>Ihamann@detlakes.k12.mn.us</u> is my email address and (218) 844-5760 is the number for Detroit Lakes ABE. Contact either one to set up appointments or for any questions.

NEW YORK MILLS PUBLIC LIBRARY

LEGO CLUB (FOR KIDS AGES 5-12)

Join us on Monday, November 10th from 3:30-4:30 p.m. for Lots of Legos and Lots of Fun! // Building challenge and time to free build at the NYM Public Library. Preregistration at least one week in advance is required by calling 218-385-2436 or go to www.nympubliclibrary.org.

COFFEE TALKS – MAKING YOUR VISIT COUNT

Join Mindy Anderson, Family Nurse Practitioner at Perham Health, for a practical talk on how to feel prepared and confident before your next medical appointment on Wednesday, November 12th from 10:30-11:30 a.m. at the Library. Free and open to the community!

AUTHOR SERIES – Each program will begin at 6:30 p.m. Authors will have books available for sale before and after their presentations. All programs are free and open to all. A Registration is encouraged, please call 218-385-2436. NYM Public Library, 30 Main Avenue N. NYM. MN.

Friday, November 14th – Author of 'The War at Home: Minnesota During the Great War, 'N 1914-1920', historian Greg Gaut, highlights lives of Minnesotans to tell the dramatic story of when the North Star State experienced bitter polarization. (Sponsored by the NYM Public Library and Viking Library System, funded in part or in whole with monies from MN's Arts and Cultural Heritage fund.)

Tuesday, November 18th – Author of 'The Thirteen Crime: The Ghosts of Injustice in Frontier Otter Tail County', Janet Preus talks of her research and creative insights that fills in the blanks of the May 26, 1887, murder of Lillie Field. (This program is sponsored by the Friends of the NYM Public Library.)

Tuesday, November 25° – Author of 'Perpich: A Minnesota Original', Ben Schierer tells of the life and legacy of Minnesota's longest serving governor, Rudy Perpich, one of the state's most consequential political figures. (Sponsored by the NYM Public Library and Viking Library System, funded in part or in whole with monies from MN's Arts and Cultural Heritage fund.)

COFFEE TALKS - EARLY FINNISH SETTLERS

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Discover the story of the earliest Finnish settlers in New York Mills and how they built new lives in Minnesota on Wednesday, November 26th at 10:30-11:30 a.m. at the Library. 1/2 Free and open to the community!

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NEW YORK MILLS REGIONAL CULTURAL CENTER

1/ YOGA - The New York Mills Regional Cultural Center is excited to bring yoga back to the community this fall with an 8-week Yoga Series led by Bobbi Jo Hamilton, certified yoga instructor, Licensed Independent Clinical Social Worker (LICSW), and owner of Northwoods Velvære Studio. Classes will be held on Wednesday and Friday mornings from 10:00-11:00 a.m., beginning Wednesday, October 29, and continuing through Friday, December 19, 2025, in the upstairs studio at the Cultural Center (24 N Main Ave, New York Mills). "We're thrilled to offer yoga once again at the Cultural Center," said Megan Shirley-Ross, Artistic Director, "Bobbi lo brings a compassionate approach that supports overall well-being — mind, body, and spirit — and we're so glad to welcome her to our community of teaching artists." Bobbi Jo combines gentle movement with mindfulness, breathwork, and self-compassion practices. With her background in mental health therapy and years of yoga experience, she creates a safe, supportive environment for students of all levels.

Two Class Options - Open to All Levels

Gentle Flow - Wednesdays

A soft, nurturing class designed to slow down, stretch, and move with ease. Gentle Flow emphasizes relaxation, breathwork, and mindful movement. Perfect for beginners, seniors, or anyone seeking a restorative experience that supports flexibility, balance, and selfcompassion.

Slow Flow - Fridays

A steady, mindful practice that links breath with movement. Postures are held slightly longer than in Gentle Flow, helping build strength, awareness, and stability. Slow Flow is ideal for those seeking a grounding, supportive practice that builds resilience and confidence.

Students can attend either class or both — passes are flexible to fit your schedule.

Pricing & Fall Pass Options

Drop-in classes are \$18 (\$15 for seniors 60+). Flexible 5-, 8-, 10-, and 16-class passes are also available, with senior discounts applied for those 60 and older. All passes must be used within the Fall session (Oct. 29-Dec. 19, 2025) and can be used for Wednesdays, Fridays, or both classes. Choose the pass that fits your schedule and join us for an enriching, community-centered yoga experience this fall!

Buy Yoga Passes Online, or in person at the Cultural Center:

https://kulcher.networkforgood.com/events/92549-yoga-fall-2025-nymrcc

PERFORMING ARTS SERIES - The New York Mills Regional Cultural Center continues its 2025 Fall Performing Arts Series with a night of timeless country music featuring Sherwin & Pam Linton on Thursday, November 6, 2025. Doors open at 7:00 p.m., and the show begins at 7:30 p.m. Known as "Mid-America's Country Music Legends," Sherwin Linton is an 86-year-old Folk, Country, and Rockabilly icon. From releasing original Rockabilly records in the Midwest during the 1960s to traveling to Nashville in 1966 and recording the chart-topping hit "Cotton King," Sherwin has been entertaining audiences for over six decades. His wife and musical partner, Pam Linton, a New Folk Records recording artist, brings her own rich vocal talent to the stage. Sherwin & Pam's show features a lively blend of classic country, rockabilly, gospel, and Americana, including Sherwin's original tribute to Johnny Cash and hits such as "Santa Got a DWI." Their performances combine warmth, humor, and genuine connection, creating unforgettable experiences for audiences of all ages. Sherwin's illustrious career also includes appearances in the 2000 feature film Totem Ree Call and inductions into the South Dakota Musicians Hall of Fame, National Traditional Country Music Hall of Fame, and the Minnesota Music Hall of Fame.

Event Details:

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- Thursday, November 6, 2025
- Doors at 7:00 PM | Show at 7:30 PM
- NYM Regional Cultural Center, 24 N Main Ave, New York Mills, MN
- Tickets: \$12 advance / \$15 at the door (\$2 member discount) | Students \$5
- Cash bar + light refreshments available

 ψ Tickets are available online, by phone at **218-385-3339**, or in person at the Cultural Center. Get tickets here: https://kulcher.networkforgood.com/events/93001-sherwin-pam-lintonconcert. By attending this concert, you help support the Cultural Center's mission to bring live, diverse arts experiences to rural Minnesota. Performing arts sponsorships are also available to help make these events accessible to all. For more information about Sherwin & Pam Linton, visit_sherwinlinton.com and pamlinton.com. For sponsorship inquiries, contact betsy@kulcher.org or call 218-385-3339. Questions? Call the Cultural Center at (218) 385-3339 or visit the Center's website at www.kulcher.org.

WORKSHOP SERIES - The New York Mills Regional Cultural Center is thrilled to announce the launch of a brand-new creative workshop series this fall: "Morning with $\hat{ar{ar{\Gamma}}}$ Megan." Join us for the first session on Saturday, November 8, 2025, from 10:00 a.m. to 12:00 p.m., featuring Floral Antler Watercolor Workshop led by our new Artistic Director, Megan Shirley-Ross. Spend a relaxed and inspiring Saturday morning exploring your creativity! In this hands-on class, participants will create their own Floral Antler Watercolor artwork while experimenting with a variety of media — including traditional 🖟 pan watercolors, watercolor pencils, and detailed pen finishes. This class is perfect for all skill levels. Whether you're picking up a paintbrush for the first time or looking to refine your watercolor techniques, Megan will guide you through exercises in brush control, 1 layering color, and composition to help you create a beautiful, seasonal art piece to take home. Together, we'll explore: Watercolor techniques for layering and creating natural textures Inspiration from Minnesota's flora and for blending and composition to create eye-catching A welcoming, creative atmosphere with time to connect and share ideas.

Event Details:

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Date: Saturday, November 8, 2025

Time: 10:00 AM - 12:00 PM

Location: NYM Regional Cultural Center, 24 N Main Ave, New York Mills, MN

Cost: \$20 Non-Members | \$17 Members

Space is limited, so early registration is encouraged!

Register today by calling 218-385-3339 or visiting

https://kulcher.networkforgood.com/events/93392-floral-antlers-watercolor

Whether you're interested in creating, connecting, or simply getting inspired, this workshop is for you! Questions? Call the Cultural Center at (218) 385-3339 or visit the Center's

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