

Parent Notices

ALTENBURG PUBLIC SCHOOL DISTRICT #48 WELLNESS POLICY 2025-2026

Altenburg Public School Wellness Philosophy:

The Board of Education of the Altenburg Public School District is committed to providing a learning environment that supports and promotes wellness, good nutrition, and an active lifestyle and recognizes the positive relationship between good nutrition, physical activity and the capacity of students to develop and learn. The entire school environment shall be aligned with healthy school goals to positively influence students' beliefs and habits and promote health and wellness, good nutrition and regular physical activity. In addition, school staff shall be encouraged to model healthy eating and physical activity as a valuable part of daily life.

Per the Child Nutrition and WIC Reauthorization Act of 2004, Section 204, P.L. 108-265 The Altenburg Public School district has established a Health Advisory/Wellness committee that consists of at least one parent, school nurse, food service representative, Board member, school administrator, and physical education teacher. The Board has designated the following individual as the wellness program coordinator: Superintendent.

If you have any questions on the Wellness Policy at Altenburg Public School, or have any input on the future development or implementation of the policy, please contact Mrs. Debbie Haertling at 573-824-5857

Missouri HealthNet for Kids 2025-2026

This program provides healthcare coverage for children less than 19 years of age whose family income falls within certain guidelines. Information can be picked up in the District Office at 8432 Main Street Altenburg, MO.