

OCTOBER 2025

MONDAY

TUESDAY



6 Strawberry Banana Yogurt

Oven Roasted Wings with BBQ Sauce Bread Stick, Tossed Salad Sweet Potato Fries Fruit Cocktail

National School Lunch Week



20 Cinnamon Toast Soft Bar

Salisbury Steak, Brown Gravy Creamed Potatoes, Turnips Cornbread Muffin Cantaloupe

27 Strawberry Poptart

Corn Dog Peas, Tossed Salad Oranges, Pears Maple Pancake Sausage Griddle

Toasted Cheese Sandwich Macaroni and Cheese Tossed Salad, Broccoli Fresh Strawberries

Sausage Biscuit

Crispitos, Salsa String Cheese, Mexican Street Corn, Carrot Sticks/Ranch Pineapple Chunks

21 Chicken Biscuit

Chicken and Cheese Quesadilla Salsa, Peas Black Beans Pears/ Fresh Fruit

28 Bacon, Egg, and Cheese Calzone

> Soft Tacos, Salsa Corn, Pinto Beans Pineapple Chunks

WEDNESDAY

1 Blueberry Muffin

Scrambled Eggs, Cinnamon Roll Tater Tots Fresh Tomatoes Orange Wedges

8 Mini Blueberry Pancakes

Beef Breaded Nuggets with Sauce Rice Pilaf Garden Spinach Salad Fresh Fruit

Cinni Mini

15

Lasagna Roll Ups Garlic Green Beans Caesar Salad Grapes

22 Apple Frudel

Sausage Pancake on a Stick Cheese Grits, Tater Tots, Fresh Tomatoes Orange Wedges

29 Mini Berry French Toast

Country Fried Steak Brown Gravy, Green Beans Creamed Potatoes Dinner Rolls Fresh Fruit **THURSDAY**

2 Chicken Biscuit

Chicken Alfredo Cornbread Muffin Tossed Salad Blackeyed Peas Fresh Fruit

9 Breakfast Burrito

Lasagna with Ground Beef Tossed Salad, Garlic Toast Steamed Cauliflower Green Beans, Bananas

Breakfast Egg and Cheese Sandwich

Tangerine Chicken Fried Rice, Roasted Broccoli Mandarin Oranges Cucumber Slices Fortune Cookie

23 Maple Pancake Sausage Griddle

Chicken Bites w/ variety of sauces Fried Rice, Green Beans Carrot Sticks Pineapple Chunks Fortune Cookie

30 Dunkin Stix

Spaghetti and Meat Sauce Garlic Knot Tossed Salad Mandarin Oranges FRIDAY

3 Mini Powdered Donuts

Chicken Tenders and Waffles Potato Smiles Tossed Salad Fresh Fruit

10 Chocolate Chip French Toast Minis

> Hot Dog/Bun Baked Beans French Fries Rosie Applesauce

17 Chocolate Chip Muffin

BBQ Pulled Pork Sandwich Coleslaw, Waffle Fries Watermelon Chunks

24 Mini Blueberry Waffles

Hamburger/ Bun Lettuce, Tomato Sweet Potato Fries Grapes Red Apples

31 Strawberry Cream Cheese Bagels

Stuffed Crust Cheese Pizza Garden Spinach Salad Broccoli and Cheese Rosie Applesauce

^{***}Menu subject to change due to availability*** All complete meals include choice of milk: skim & 1% white, fat-free chocolate, or fat free strawberry. This institution is an equal opportunity provider.