

# MARCH 2023

ELEMENTARY/ MIDDLE SCHOOL MENU  
 This institution is an equal opportunity provider. Menus are subject to change.

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

**WORD of the MONTH**  
**Honesty**  
 Telling the truth, admitting wrongdoing. Being trustworthy & acting with integrity.

**\*DON'T FORGET\***  
 You can view our menu on the **Titan Family Portal** <https://family.titank12.com/> OR **Rhea County's Website** <https://www.rheacounty.org/>

**1 BREAKFAST**  
 Strawberry/Banana Yogurt  
 Cereal & Graham Crackers  
 OR Strawberry Pop-Tart  
 Choice of Fruit  
 100% Orange Juice, Choice of Milk  
**LUNCH**  
 Hot Dog  
 OR Grab-N-Go  
 Garlic Roasted Potatoes  
 Cole Slaw  
 Fruit  
 Choice of Milk



**HAPPY BIRTHDAY DR. SEUSS**



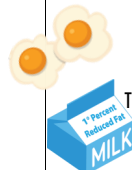
**3 BREAKFAST**  
 Cereal  
 OR Strawberry Pop-Tart  
 Choice of Fruit  
 100% Orange Juice, Choice of Milk  
**LUNCH**  
 Hamburger, Cheeseburger, Breaded Chicken Sandwich, OR Grab-N-Go  
 Leafy Green Trimmings  
 French Fries  
 Baked Beans  
 Fruit, Choice of Milk

**National School Breakfast Week March 6-10 — "Digging Into School Breakfast"**

**6 BREAKFAST**  
 Breakfast Pizza, Cereal & Graham Crackers, OR Strawberry Pop-Tart, Choice of Fruit  
 100% Orange Juice, Choice of Milk  
**LUNCH**  
 Garlic Cheese Toast, OR Grab-N-Go  
 Marinara Sauce, Side Salad  
 Corn, Fruit  
 Choice of Milk



**7 BREAKFAST**  
 Cinnamon Roll, Cereal & Graham Crackers, OR Strawberry Pop-Tart  
 Choice of Fruit  
 100% Orange Juice, Choice of Milk  
**BREAKFAST FOR LUNCH**  
 Chicken Tenders  
 OR Grab-N-Go  
 Scrambled Eggs  
 Biscuits & Gravy  
 Tater Tots, 100% Juice  
 Baked Apples  
 Choice of Milk



**8 BREAKFAST**  
 Breakfast Banana Split, Cereal & Graham Crackers, OR Strawberry Pop-Tart  
 Choice of Fruit  
 100% Orange Juice, Choice of Milk  
**LUNCH**  
 Breaded Chicken Sandwich  
 OR Grab-N-Go  
 Sweet Potato Wedges  
 Leafy Green Trimmings  
 Baked Beans, 100% Juice  
 Choice of Milk



**9 BREAKFAST**  
 Chicken Tender Biscuit, Cereal & Graham Crackers, OR Strawberry Pop-Tart  
 Choice of Fruit  
 100% Orange Juice, Choice of Milk  
**LUNCH**  
 Chicken Smackers  
 OR Grab-N-Go  
 Creamed Potatoes  
 Peas & Carrots  
 Hot Roll  
 Fruit, Milk



**10 BREAKFAST**  
 Smore Breakfast Bar, Cereal & Graham Crackers, OR Strawberry Pop-Tart  
 Choice of Fruit  
 100% Orange Juice, Choice of Milk  
**LUNCH**  
 Hamburger, Cheeseburger, OR Grab-N-Go  
 French Fries  
 Leafy Green Trimmings  
 Broccoli Cup  
 Choice of Milk



**HAPPY BIRTHDAY TREAT!**



**Spring Break**  
 March 13-17

**20 BREAKFAST**  
 Breakfast Pizza, Cereal & Graham Crackers, OR Strawberry Pop-Tart, Choice of Fruit  
 100% Orange Juice, Choice of Milk  
**LUNCH**  
 Pepperoni Pizza, Toasted Cheese Sandwich, OR Grab-N-Go  
 Corn  
 Roasted Carrots W/ Oregano  
 Fruit, Choice of Milk

**21 BREAKFAST**  
 Breakfast Bun, Cereal & Graham Crackers, OR Strawberry Pop-Tart  
 Choice of Fruit  
 100% Orange Juice, Choice of Milk  
**LUNCH**  
 BBQ Drumstick  
 OR Grab-N-Go  
 Steamed Broccoli W/ Cheese Sauce  
 Creamed Potatoes, Hot Roll  
 Fruit  
 Choice of Milk

**22 BREAKFAST**  
 Strawberry/ Banana Yogurt, Cereal & Graham Crackers  
 OR Strawberry Pop-Tart  
 Choice of Fruit  
 100% Orange Juice, Choice of Milk  
**LUNCH**  
 Hot Dog  
 OR Grab-N-Go  
 Garlic Roasted Potatoes  
 Cole Slaw, Mac & Cheese  
 Fruit, Choice of Milk

**23 BREAKFAST**  
 Chicken Tender Biscuit, Cereal & Graham Crackers, OR Strawberry Pop-Tart  
 Choice of Fruit  
 100% Orange Juice, Choice of Milk  
**LUNCH**  
 Chicken Tenders  
 OR Grab-N-Go  
 Creamed Potatoes  
 Green Beans, Hot Roll  
 Fruit  
 Choice of Milk

**24 BREAKFAST**  
 Pancake on a Stick, Cereal & Graham Crackers, OR Strawberry Pop-Tart  
 Choice of Fruit  
 100% Orange Juice, Choice of Milk  
**LUNCH**  
 Hamburger, Cheeseburger, Breaded Chicken Sandwich OR Grab-N-Go  
 Leafy Green Trimmings  
 French Fries, Baked Beans  
 Fruit  
 Choice of Milk

**27 BREAKFAST**  
 Muffin & Turkey Stick, Cereal & Graham Crackers,  
 OR Strawberry Pop-Tart,  
 Choice of Fruit  
 100% Orange Juice, Choice of Milk  
**LUNCH**  
 Pepperoni Pizza  
 OR Grab-N-Go  
 Corn  
 Side Salad  
 Fruit, Choice of Milk

**28 BREAKFAST**  
 Mini Waffles, Cereal & Graham Crackers, OR Strawberry Pop-Tart  
 Choice of Fruit  
 100% Orange Juice, Choice of Milk  
**LUNCH**  
 Meatball W/ Gravy  
 OR Grab-N-Go  
 Creamed Potatoes  
 Peas & Carrots, Hot Roll  
 Fruit  
 Choice of Milk

**29 BREAKFAST**  
 Mini French Toast, Cereal & Graham Crackers  
 OR Strawberry Pop-Tart  
 Choice of Fruit  
 100% Orange Juice, Choice of Milk  
**LUNCH**  
 Beef Nachos W/ Queso Cheese  
 OR Grab-N-Go  
 Tostitos Scoops, Salsa  
 Refried Beans, Leafy Green Trimmings  
 Fruit, Choice of Milk

**30 BREAKFAST**  
 Chicken Tender Biscuit, Cereal & Graham Crackers,  
 OR Strawberry Pop-Tart  
 Choice of Fruit  
 100% Orange Juice, Choice of Milk  
**LUNCH**  
 Chicken Tenders  
 OR Grab-N-Go  
 Creamed Potatoes  
 Mediterranean Cucumber Salad, Hot Roll  
 Fruit, Choice of Milk

**31 BREAKFAST**  
 Cereal  
 OR Strawberry Pop-Tart  
 Choice of Fruit  
 100% Orange Juice, Choice of Milk  
**LUNCH**  
 Hamburger, Cheeseburger, Breaded Chicken Sandwich OR Grab-N-Go  
 Leafy Green Trimmings  
 French Fries, Carrot/Cucumber Cup  
 Fruit  
 Choice of Milk