

Family Strong in Alabama (Strengthening Families Implementation Program)

Over the next several months, you will be receiving newsletters to focus on building stronger homes for our children. This is our state's First-Class Pre-K implementation of the national program Strengthening Families. The purpose is to focus on 5 areas to help you as a parent build a strong home, so your child will be ready for anything.

The five areas are:

- **Parent Resilience:** Strong parent builds a strong family.
- **Social Connections:** Strong social connections provide support to the family.
- **Knowledge of Parenting and Child Development:** Parent education makes your family strong.
- **Concrete Support in Times of Need:** When hard times come, knowing where to go keeps a family strong.
- **Social and Emotional Competence of Children:** Strong relationships build a strong family.

Please keep an eye out for these short newsletters over the next few months!