

# SEPTEMBER 2025

## INGRAM ELEMENTARY SCHOOL

\*MENUS ARE SUBJECT TO CHANGE

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**

**Holiday**

1

BREAKFAST KIT  
FRUIT  
MILK

2

PANCAKE BITES  
FRUIT  
APPLE JUICE  
MILK

3

BISCUIT & SAUSAGE  
FRUIT  
ORANGE JUICE  
MILK

4

SCRAMBLED EGGS  
HASHBROWNS  
FRUIT  
APPLE JUICE  
MILK

5

WG CEREAL  
WG MUFFIN  
FRUIT  
ORANGE JUICE  
MILK

8

BREAKFAST KIT  
FRUIT  
MILK

9

YOGURT  
WG CEREAL  
FRUIT  
APPLE JUICE  
MILK

10

PANCAKES  
SAUSAGE  
FRUIT  
ORANGE JUICE  
MILK

11

SCRAMBLED EGGS  
TOAST & JELLY  
FRUIT  
APPLE JUICE  
MILK

12

WG CEREAL  
WG MUFFIN  
FRUIT  
ORANGE JUICE  
MILK

15

BREAKFAST KIT  
FRUIT  
MILK

16

BREAKFAST PIZZA  
FRUIT  
APPLE JUICE  
MILK

17

BISCUIT & SAUSAGE  
FRUIT  
ORANGE JUICE  
MILK

18

SCRAMBLED EGGS  
HASHBROWNS  
FRUIT  
APPLE JUICE  
MILK

19

WG CEREAL  
WG MUFFIN  
FRUIT  
ORANGE JUICE  
MILK

22

BREAKFAST KIT  
FRUIT  
MILK

23

YOGURT  
WG CEREAL  
FRUIT  
APPLE JUICE  
MILK

24

PANCAKES  
SAUSAGE  
FRUIT  
ORANGE JUICE  
MILK

25

**NO  
SCHOOL**

26

WG CEREAL  
WG MUFFIN  
FRUIT  
ORANGE JUICE  
MILK

29

BREAKFAST KIT  
FRUIT  
MILK

30

AVAILABLE DAILY: 1% WHITE MILK AND FAT FREE CHOCOLATE  
THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER