

## **SHAC Minutes for 12-5-23**

Members of the SHAC met on Tuesday, December 5, 2023 at 4:00 pm in the cafeteria on the secondary campus. Those present were Amber Chavira, Jenny Carpenter, Tammy Amerson-Wilson, Tamie Arnold, Keely Vanacker, Kayla Casey, and Catherine Kern. The minutes from the October meeting had been sent to the committee for additions and corrections prior to the meeting. Amber Chavira made a motion to accept the minutes as presented, Jenny Carpenter seconded the motion, and it was unanimously approved.

### **Counselor News-**

**IES:** Amber Chavira reported on behalf of Annie Jones, IES Counselor, that guidance lessons are still taking place for students in their classrooms. Benchmark testing is taking place for 3rd-5th grades on December 5th and 6th, and for 2nd graders on December 12th and 13th.

**IMS:** Keely Vanacker, IMS counselor, reported that she is also continuing guidance lessons for students, with 6th and 7th grades focusing on coping skills and 8th grade focusing on healthy habits, such as limiting screen time, and getting outside more often. Students will be doing TELPAS testing beginning in February. Kerr County Produce is donating fruit each Friday to go home with those students who receive Blessings in a Bag (food and snack items that are sent home over the weekend).

**ITM:** Tamie Arnold, ITM's new counselor, was introduced to the SHAC. Mrs Arnold began on December 1st and will be helping students with emotional support and other needs. She discussed some of the programs and activities that she is hoping to implement for students, such as group meetings for mental health issues. High school students are doing EOC testing on December 6th and 7th.

### **Nurse News-**

**IES:** Amber Chavira, IES nurse, reported that all state required screenings have been completed for the year. She said there has been an increase in the number of students visiting the clinic since the beginning of the school year.

**IMS/ITM:** Catherine Kern, IMS/ITM nurse, also reported that all screenings have been completed on the secondary campus. The Annual Report of Immunization Status was submitted to DSHS on Monday, December 4th. This report was created by DSHS and measures immunization coverage in Kindergarten and 7th grade students in Texas, and is due by the second Friday in December each year.

### **Gym News-**

**IES:** Michelle Fairchild emailed an update on the Walkathon that was held on November 17th. The students were very successful in raising money for field day and the running program. The elementary school also had Turkey Bowling in the afternoon, and students chose their favorite staff group. Congratulations to the office staff for winning the trophy this year! There was also a raffle and five lucky winners were awarded a frozen turkey and all of the sides to go with it. Students are currently working on FitnessGram. They are doing curl ups and mile timing, and after Christmas, they will be working on the flex arm hang, flexibility testing and the trunk lift.

### **Cafeteria News-**

Jenny Carpenter shared the totals for the annual Thanksgiving lunches that were served on each campus. The elementary school served 938 lunches to students, staff and parents (526 students and 412 adults) on November 9th, and the secondary campus served 339 lunches (322 students and 17 adults).

### **New Business-**

Angela Fiedler, Kerr County Extension Agent and SHAC member, emailed information to share with the committee regarding the Watch UR BAC program. This program provides education for Drug and Alcohol Awareness for drivers ages 15-25, and their goal is to help reduce crashes and deaths on Texas roads. They offer a variety of educational presentations, activities and guest speakers. One of those is Sean Carter and his mother Jenny Carter. They are both motivational speakers, and share a powerful message about the effects of drinking and driving. Ingram Tom Moore High School hosted Sean and Jenny in February 2020, and they shared their story with all of the high school students. Jenny Carpenter made a motion that administration be asked if ITM would be able to have the Carters return and speak with the students again. Tammy Amerson-Wilson seconded the motion and it was approved.

The committee also discussed the Worth the Wait program that is presented to Middle School students each year. The SHAC will explore options for bringing the program to students, and reach out to area schools for feedback and information.

Tammy Amerson-Wilson, Wesley Nurse, shared information about a Diapering Program that is aimed at any parent or family who needs assistance with diapers. This program is held once a month at Light on the Hill and is open to anyone in the community. Families are also provided with information regarding other resources as needed.

## **Upcoming Events-**

### **IES:**

- 12-5-23 Chick-Fil-A Spirit Night beginning at 5:00 pm
- 12-7-23 National Elementary Honors Society Induction for 4th grade beginning at 7:00 pm
- 12-11-23 through 12-15-23 Book Fair in Library
- 12-12-23 5th grade Christmas concert for PreK through 4th grade, beginning at 2:30 pm
- 12-12-23 5th grade Christmas concert and art display beginning at 6:00 pm
- 12-14-23 Literacy Night beginning at 5:30 pm (theme is Polar Express)

### **IMS:**

- 12-7-23 Warrior Band Winter Concert beginning at 6:00 pm

### **ITM:**

- 12-7-23 Warrior Band Winter Concert beginning at 6:00 pm
- 12-15-23 ITM Theater Movie Fundraiser-The Polar Express beginning at 6:00 pm

All campuses will have early release on Wednesday, December 20th for Christmas break and students will return to school on Tuesday, January 9th. Each campus will also be participating in Christmas Dress Up prior to the break, and students and staff have received the themes for each day.

There was no further business to discuss, and Tammy Amerson-Wilson made a motion to adjourn the meeting. Keely Vanacker seconded the motion, and the meeting was adjourned at approximately 5:00 pm. The next meeting will be held on Tuesday, February 6, 2024 at 4:00 pm in the cafeteria on the secondary campus.

Respectfully submitted by:

Catherine Kern, SHAC Secretary