

JANUARY 2026

TASTY

HEALTHY

FUN

VARIETY

BALANCED

Name of the menu : K-8 Grades Allergen Free Lunch Menu

Options : Hot Meals

Grade : K-8 Grades

Meal Pattern : NSLP

Meal : Lunch

NO DAIRY
NO GLUTEN (NO WHEAT)
NO EGG
NO SOY
NO FISH

NO SHELL FISH
NO SESAME (SEEDS & OIL)
NO PEANUTS
NO TREE NUTS
NO SUNFLOWER (SEEDS, OIL & BUTTER)

Thursday, 01/01/2026

Friday, 01/02/2026

**WINTER BREAK
NO SCHOOL**

Monday, 01/05/2026

Tuesday, 01/06/2026

Wednesday, 01/07/2026

Thursday, 01/08/2026

Friday, 01/09/2026

**Staff PD Day
NO SCHOOL
for Children**

Beef & Broccoli

Brown Rice

Steamed Corn

Fruit of the Day

Milk Substitute

Chicken Fajita w/Rice

Seasoned Chicken & Peppers

Served w/ Brown Rice

Black Beans

Fruit of the Day & Milk Substitute

Beef Meatballs

Brown Rice

Steamed Carrots & Peas

Fruit of the Day

Corn Chips & Milk Substitute

Chicken & Potatoes

Steamed Rice

Fresh Carrot Slims

Fruit of the Day

Milk Substitute

Monday, 1/12/2026

Tuesday, 1/13/2026

Wednesday, 1/14/2026

Thursday, 1/15/2026

Friday, 1/16/2026

Yummy Beef & Scallion

Golden Corn Chips

Black Bean & Fresh Carrots

Fruit of the Day

Milk Substitute

Chicken Sukkhar

Steamed Rice

Steamed Green Beans

Fruit of the Day

Milk Substitute

Beef Fried Rice

Fresh Broccoli

Fruit of the Day

Milk Substitute

Spice Rubbed Chicken Fillet

Steamed Rice

Baby Carrots

Fruit of the Day

Milk Substitute

Beef Taco Meat Over Rice

Serve Seasoned Beef on Brown Rice

Steamed Black Beans & Corn

Fruit of the Day & Corn Chips

Milk Substitute

Monday, 1/19/2026

Tuesday, 1/20/2026

Wednesday, 1/21/2026

Thursday, 1/22/2026

Friday, 1/23/2026

**Martin Luther
King Day
NO SCHOOL**

Beef Nachos

Taco Beef & Golden Corn Chips

Black Bean & Corn

Fruit of the Day

Milk Substitute

Marinated Grilled Chicken Fillet

Brown Rice

Fresh Baby Carrots

Fruit of the Day

Milk Substitute

Chicken Pilaf

Crisp Broccoli

Fruit of the Day

Milk Substitute

Beef & Potatoes

Steamed Rice

Steamed Peas

Fruit of the Day

Milk Substitute

Monday, 1/26/2026

Tuesday, 1/27/2026

Wednesday, 1/28/2026

Thursday, 1/29/2026

Friday, 1/30/2026

Chicken Fried Rice

Steamed Broccoli

Fruit of the Day

Milk Substitute

Beef & Broccoli

Brown Rice

Steamed Corn

Fruit of the Day

Milk Substitute

Chicken Fajita w/Rice

Seasoned Chicken & Peppers

Served w/ Brown Rice

Black Beans

Fruit of the Day & Milk Substitute

Beef Meatballs

Brown Rice

Steamed Carrots & Peas

Fruit of the Day

Corn Chips & Milk Substitute

Chicken & Potatoes

Steamed Rice

Fresh Carrot Slims

Fruit of the Day

Milk Substitute

Milk / Milk Substitute offered daily. Milk Substitute includes but not limited to Soyfree milk, Lactose Free Milk or Cow's Milk (For Non-Dairy Allergic Participants) etc.

This menu uses WG products and 100% full-strength juices in all featured places. Check page 2 to know more about what goes into our menus and to take a peek at the upcoming menu plan.