

JANUARY 2026

	TASTY	HEALTHY	FUN	VARIETY	BALANCED
	Name of the menu : K-8 Grades Allergen Free Lunch Menu			Options : Hot Meals	
	Grade : K-8 Grades			Meal Pattern : NSLP	Meal : Lunch
	NO DAIRY NO GLUTEN (NO WHEAT) NO EGG NO SOY NO FISH			NO SHELL FISH NO SESAME (SEEDS & OIL) NO PEANUTS NO TREE NUTS NO SUNFLOWER (SEEDS, OIL & BUTTER)	
Week V HOT MEAL				Thursday, 01/01/2026	Friday, 01/02/2026
					WINTER BREAK NO SCHOOL
	Monday, 01/05/2026	Tuesday, 01/06/2026	Wednesday, 01/07/2026	Thursday, 01/08/2026	Friday, 01/09/2026
Week VI HOT MEAL	Staff PD Day NO SCHOOL for Children	Beef & Broccoli Brown Rice Steamed Corn Fruit of the Day Milk Substitute	Chicken Fajita w/Rice Seasoned Chicken & Peppers Served w/ Brown Rice Black Beans Fruit of the Day & Milk Substitute	Beef Meatballs Brown Rice Steamed Carrots & Peas Fruit of the Day Corn Chips & Milk Substitute	Chicken & Potatoes Steamed Rice Fresh Carrot Slims Fruit of the Day Milk Substitute
	Monday, 1/12/2026	Tuesday, 1/13/2026	Wednesday, 1/14/2026	Thursday, 1/15/2026	Friday, 1/16/2026
Week I HOT MEAL	Yummy Beef & Scallion Golden Corn Chips Black Bean & Fresh Carrots Fruit of the Day Milk Substitute	Chicken Sukkhar Steamed Rice Steamed Green Beans Fruit of the Day Milk Substitute	Beef Fried Rice Fresh Broccoli Fruit of the Day Milk Substitute	Spice Rubbed Chicken Fillet Steamed Rice Baby Carrots Fruit of the Day Milk Substitute	Beef Taco Meat Over Rice Serve Seasoned Beef on Brown Rice Steamed Black Beans & Corn Fruit of the Day & Corn Chips Milk Substitute
	Monday, 1/19/2026	Tuesday, 1/20/2026	Wednesday, 1/21/2026	Thursday, 1/22/2026	Friday, 1/23/2026
Week II HOT MEAL	Martin Luther King Day NO SCHOOL	Beef Nachos Taco Beef & Golden Corn Chips Black Bean & Corn Fruit of the Day Milk Substitute	Marinated Grilled Chicken Fillet Brown Rice Fresh Baby Carrots Fruit of the Day Milk Substitute	Chicken Pilaf Crisp Broccoli Fruit of the Day Milk Substitute	Beef & Potatoes Steamed Rice Steamed Peas Fruit of the Day Milk Substitute
	Monday, 1/26/2026	Tuesday, 1/27/2026	Wednesday, 1/28/2026	Thursday, 1/29/2026	Friday, 1/30/2026
Week III HOT MEAL	Chicken Fried Rice Steamed Broccoli Fruit of the Day Milk Substitute	Beef & Broccoli Brown Rice Steamed Corn Fruit of the Day Milk Substitute	Chicken Fajita w/Rice Seasoned Chicken & Peppers Served w/ Brown Rice Black Beans Fruit of the Day & Milk Substitute	Beef Meatballs Brown Rice Steamed Carrots & Peas Fruit of the Day Corn Chips & Milk Substitute	Chicken & Potatoes Steamed Rice Fresh Carrot Slims Fruit of the Day Milk Substitute

Milk / Milk Substitute offered daily. Milk Substitute includes but not limited to Soyfree milk, Lactose Free Milk or Cow's Milk (For Non-Dairy Allergic Participants) etc.

This menu uses WG products and 100% full-strength juices in all featured places. Check page 2 to know more about what goes into our menus and to take a peek at the upcoming menu plan.